VANCOUVER metro®
NEWS WORTH SHARING.

Secure Your License To Produce MMPR Medical Marijuana
Marijuana Investor
Get In On The Ground Floor
NOV 30TH SEMINAR
There are over 180 applicants today, in 12 months there will be more than a 1000
Contact Canada's Experts Today
Archer Adler
Consulting Solutions
archeradler.com 1-778-714-6979

## 'A RECIPE FOR DISASTER'

AGAINST HER BETTER JUDGMENT, SHANNON HITS UP THE PRIV FOR DRINKS WITH THE DANIMAL PAGE 27

## Is it that time of year already?

Rest assured: Metro's Holiday Gift Guide has you covered PAGES 40-43

## Sorry for the potty mouth: Ford

Toronto mayor pours more fuel on the fire with lewd oral-sex remark in front of cameras PAGE 16

# Convention a time for NDP reflection

**Opportunity.** Party must ask tough questions about the future and the quality of the message they are selling to B.C. voters, observers say

One of the events during this weekend's B.C. NDP convention is billed as the party to end all parties, but insiders and observers say this event should really be about resuscitating a party that has endured a series of hard blows.

Some closest to the party say the NDP needs to regain its political voice, and the finger-pointing is over now that Leader Adrian Dix is leaving, but those with a more jaundiced eye say the party needs an overhaul if it's ever to be elected again.

Former NDP leadership candidate John Horgan, who recently dropped his name from the running for party leader, says he's coming to Vancouver with enough change in his pockets to buy coffee for grassroots New Democrats who want to dissect last May's election loss and propose new directions.

Dix's New Democrats started the spring campaign with a 20-point lead in the polls over Premier Christy Clark's Liberals, but the party lost a fourth straight provincial election.

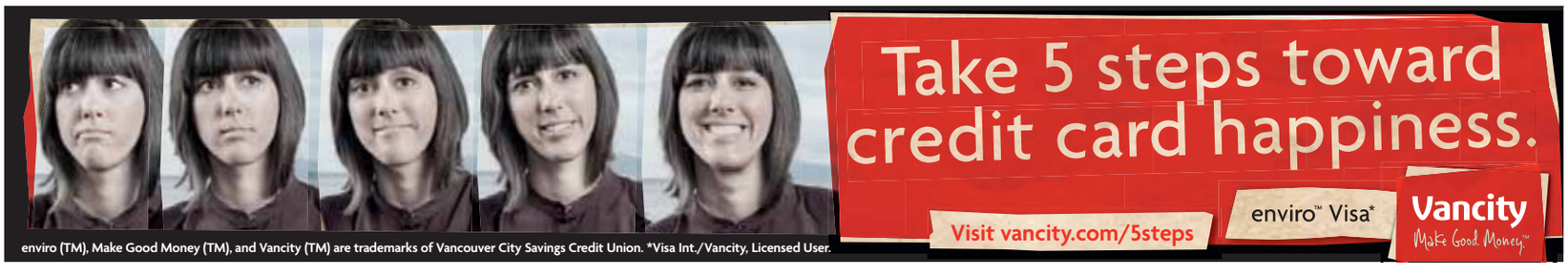
A recent party-sanctioned report found a series of missteps contributed to the defeat, while making 47 recommendations that should be implemented before the 2017 election.

B.C. Federation of Labour president Jim Sinclair says he expects to hear much talk about the election failure, but that he's most interested in debating new ways of growing labour and environmental roots.

THE CANADIAN PRESS

## FIGHTING YOGA WITH YOGA

**Yoga practitioner Mya Wollf takes part in a protest against the Vancouver Aquarium's yoga with the beluga whales program on Thursday. Program opponents say yoga is being used as a gimmick to exploit the whales. Story, page 4.** JENNIFER GAUTHIER/FOR METRO


Take 5 steps toward credit card happiness.
Visit vancity.com/5steps
enviro™ Visa*
Vancity
Make Good Money™
enviro (TM), Make Good Money (TM), and Vancity (TM) are trademarks of Vancouver City Savings Credit Union. *Visa Int./Vancity, Licensed User.

NEWS 1

# City 'disappointed' after bike share delayed again

**The wait is on.**
Summer 2014 is the earliest possible rollout for the 1,500 bikes at 125 docking stations

EMILY JACKSON
emily.jackson@metronews.ca

**Photos of Bixi bike racks in Toronto on Tuesday. Vancouver's planned bike share has been delayed to summer 2014.** STEVE RUSSELL/TORSTAR NEWS SERVICE

Vancouverites might not be sharing bikes any time soon, but those looking forward to a bike-share system are sharing in manufacturer Bixi's financial woes.

The long-promised bike-share system has been delayed again due to contract-negotiation challenges with Montreal-based Bixi and Alta, city director of transportation Jerry Dobrovolny said Thursday.

Summer 2014 is the earliest possible rollout for the 1,500 bikes at 125 docking stations, Dobrovolny said. The city originally said bikes would be on the streets by spring 2013, then summer 2013, then, after denying rumours of a delay, spring 2014.

"It's absolutely slower than we'd hoped or expected, but we're still making progress," Dobrovolny said.

Bixi has faced liquidity problems after a busy summer spent delivering systems to New York, Chicago, Aspen, Colo., Columbus, Ohio, San Francisco and London, according to the company's Facebook page.

And according to a confidential Oct. 15 city report obtained by Torstar News Service, Bixi is "insolvent or imminently insolvent due to the fact that revenues generated by the system have not been sufficient to cover costs." Toronto has yet to recoup most of the $4.5 million it loaned the company to start up.

But Vancouver hasn't yet signed a contract due to its strict requirements, Dobrovolny said.

"Vancouver isn't prepared to backstop it financially," he said, noting the $6 million in funding is contingent on Bixi and Alta meeting sponsorship requirements.

The news of Bixi's troubles prompted Coun. George Affleck to call for a halt on developing the system until its viability is properly assessed.

Bike shares are "risky business," he said, adding that Vision is "blinded by their green agenda."

It's difficult to say if and when the city would pull the plug on Bixi or whether they'd go back out to the market, Dobrovolny said, but they are monitoring new technologies.

Public bike share is "not a major profit centre," but a mode of public transportation that gets people off crowded roads and buses, he said.

"There are subsidies involved.... It's an important component to a transportation network in a major city."

WITH FILES FROM TORSTAR NEWS SERVICE

EARLY CHILDHOOD EDUCATION PROGRAM

110 YEARS 1903 - 2013

The Early Childhood Education program at Sprott Shaw gives students the skills and occupational competencies necessary in the industry today, based upon the Ministry for Children and Family Development approved curriculum.

BASIC & POST BASIC PROGRAMS AVAILABLE

CAREER OPPORTUNITIES: PRESCHOOLS, FAMILY CHILD CARE, NANNY, TEEN PARENT PROGRAMS, GROUP CHILD CARE, FOSTER PARENTING

SPROTT SHAW COLLEGE SINCE 1903

CALL 310.HIRE (4473) OR VISIT SPROTTSHAW.COM

fido

# Unlimited Talk & Messaging Canada-wide + 2 GB

**$60** per month[1]

- Unlimited Talk Canada-wide[2]
- Unlimited Messaging[3] (international Text, Picture and Video messages)
- 2 GB of data[4]
- Call Display and Voicemail[5]

## And introducing Fido Check-In

Customer service that fits **your schedule**[6]
**Fido.ca/Check-In**

## That's part of the Fido ADVANTAGE

**Fido Check-In** NEW • LiveANSWERS™ • FidoDOLLARS™ • Tab24

**We're taking care of you with savings and more**

**It's time to switch.** Visit a store, call 1-866-301-3436 or go to fido.ca.

## FIDO STORES

**ABBOTSFORD**
32330 South Fraser Way, Unit 4
Meadow Fair Plaza
Seven Oaks Shopping Centre

**BURNABY**
Brentwood Mall
Crystal Mall
Lougheed Town Centre
Metrotown Centre

**CHILLIWACK**
Cottonwood Mall

**COQUITLAM**
H – 341 North Road
Coquitlam Centre

**DELTA**
109 – 9385 – 120th Street
Scottsdale Mall

**KELOWNA**
Orchard Mall

**LANGLEY**
Willowbrook Shopping Mall

**MAPLE RIDGE**
Haney Place Mall

**NEW WESTMINSTER**
368 – 800 Carnarvon Street
Royal City Mall

**NORTH VANCOUVER**
Capilano Mall

**PORT COQUITLAM**
101A – 2748 Lougheed Highway

**RICHMOND**
4020 No 5 Road
Aberdeen Centre
Lansdowne Centre
Richmond Centre
Yaohan Centre

**SURREY**
135 – 17455 – 56th Avenue
12845 – 96th Avenue
9 – 3268 King George Blvd.
7488 King George Highway, Unit 505
7500 Scott Road, Unit 104
1 - 8388 – 128th Street
Central City Shopping Centre
Guildford Town Centre
Panorama Village Mall

**VANCOUVER**
102 – 2800 – 1st Avenue East
1191 Davie Street
6338 Fraser Street
2828 Granville Street
215 Keefer Street
3189 Main Street
1211 Pacific Blvd.
483 Robson Street
1191 Robson Street
519 West Broadway
2959 West Broadway
Arbutus Village
Champlain Heights Mall
Kingsgate Mall
Oakridge Centre
Pacific Centre
Royal Centre

**WEST VANCOUVER**
Park Royal South

FUTURE SHOP
BEST BUY
WIRELESSWAVE
tbooth wireless
LONDON DRUGS
COSTCO WHOLESALE
WIRELESS etc...
THE MOBILE SHOP
MOBILE
Walmart

Offers subject to change without notice. **1.** Standard plans available monthly or with a 2-year Tab24 agreement. Data is a monthly service with Standard plans. Additional long distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra & billed monthly. **2.** Airtime includes calls from Canada to Canadian numbers only, billed by the minute. Call Forwarding is 20¢/min. **3.** Plan includes messages sent from Canada to Canadian, U.S. and international wireless numbers. Sent/received premium messages (alerts, messages related to content and promotions) and messages sent while roaming not included and charged at applicable rates. **4.** Additional data: $10/1 GB, charged in $10 increments. U.S. data roaming is $7.99/50 MB for 24 hours and International data roaming is $10/MB for Europe and $15/MB for all other applicable international destinations; see **fido.ca/roaming**. **5.** Service includes up to 3 messages, each 3 minutes in length that can be saved up to 3 days. **6.** Not offered with Prepaid service. Only the account holder is authorized to book an appointment. Schedule varies; visit **fido.ca/check-in**. © 2013

ecco®

GET COZY WITH ECCO SHOES

WITH YOUR PURCHASE OF $200 OR MORE RECEIVE A PAIR OF LUXURY WOOL SOCKS*

* Valued at $30. While supplies last. Valid on regular priced merchandise and in ECCO stores only, not in Outlets, Shop-in-Shops, multi brand stores and online.

Yoga practitioners protest the Vancouver Aquarium's yoga with the beluga whales program on Thursday.
JENNIFER GAUTHIER/FOR METRO

# Protest greets yoga with whales

## Vancouver Aquarium. Program an insult to yoga's core values of unity, liberation: Critics

SAM SMITH
vancouver@metronews.ca

When yoga teachers Cynthia Ganatra and Corrie Kielbiski first heard of a monthly yoga practice at the Vancouver Aquarium they thought it was a joke.

But after finding out it's very real, the two women decided they had to do something about it. Not just for the animals they believe are unjustly held in captivity, but for the spirit of yoga.

That's why these two yoginis decided to host a protest and free outdoor yoga class outside of the Vancouver Aquarium on Thursday, at the same time the class inside was taking place.

"They're using yoga for marketing for the aquarium," Ganatra said. "There's media that comes and takes photos and they post it online of people doing postures in front of these belugas in captivity, basically in cages, these whale jails. And they're doing yoga postures in front of them; it's just such a disconnect."

Kielbiski and Ganatra say yoga is about unity and liberation, and it's an insult to the core values of yoga to be doing it in front of these animals inside the aquarium.

"We hope to really spread the message that captivity is not OK, and yoga does not make that OK," Kielbiski said. "We don't want to allow yoga to be a gimmick to exploit the whales any further, or any other animals for that matter."

Vancouver Aquarium staff and two police officers were on site to make sure the protest, which involved a dozen people, was peaceful.

The Vancouver Aquarium refused to comment on the story.

SECURITY GUARDS

Concord Security is looking for experienced and professional Security Guards with valid BC Security Licenses for its high profile sites across the Lower Mainland. Must have security experience or 1-2 years customer service experience.

Send Resumes to **recruiting@concordsecurity.com** and Quote 'MT-1013' in the subject heading.

**Don't have a Security License?**
Take your Basic Security Training (BST) or AST at our Concord Career Centre.

**CONCORDSECURITY.COM**

CONCORD SECURITY
we do more

Good Wages and Benefits
Flexible Hours
Great Team Atmosphere

Compass Points the way | TRANSLINK

Where do I get a Compass Card?

What happens to my Monthly Pass?

What does Stored Value mean?

Why do I have to tap out?

What's love got to do, got to do with it?

ASK

Questions about Compass? Ask away at AskCompass.ca

# XBOX ONE

# Jump ahead.

Arriving November 22nd.

## Fully loaded.

- Gaming console
- Blu-ray player
- 500GB hard drive
- All new 1080p Kinect Sensor
- Improved wireless controller & chat headset included
- HDMI Pass-thru for live TV
- Wired & wireless connectivity

© 2013 Microsoft Corporation. All Rights Reserved. Ryse © 2013 Crytek GmbH. All Rights Reserved. Ryse, Crytek and all related titles, logos and characters are trademarks of Crytek GmbH. © CAPCOM CO., LTD. 2013 All Rights Reserved. Screen simulated; appearance will vary. *Advanced TV hardware required. Initial set-up and some games and features require broadband internet; ISP fees apply. Xbox Live Gold membership, additional subscriptions and/or requirements apply for some features. See xbox.com/xboxone

Microsoft

Available at Walmart

Shop online at: www.walmart.ca

# Dad recalls Angus Mitchell's deterioration

**Coroner's inquest.** Teen years said to have ushered in volatile, alarming behaviour

Angus Mitchell was like many other children growing up in Vernon. He enjoyed sports, excelled at school and the piano, and got along with his siblings.

All that changed during his teen years. He began using drugs, his school marks deteriorated, he stole money from home and he broke into cars.

His father took him to several counsellors, but he dropped in and out of various schools and treatment programs in British Columbia and Alberta and his erratic behaviour escalated. Mitchell landed in jail, estranged from his family.

The troubled young man's downward spiral ended in tragedy in May 2012. After Mitchell killed two people at a Burnaby restaurant and wounded a third, he was shot dead by police in Maple Ridge, east of Vancouver. He was 26.

"If things could have happened differently, we would have gotten to a different conclusion ... and this would have been prevented," Mitchell's father David told a coroner's inquest Thursday. "Or, if we could have forced Angus, as a family, to a thorough 30-day psychiatric assessment, it could have been prevented."

David said when his son's behaviour started getting worse, he should have realized it was more than just somebody being unco-operative during his hormonal teenage years. THE CANADIAN PRESS

David Mitchell arrives at a coroner's inquest into the death of his son Angus in Burnaby on Thursday. DARRYL DYCK/THE CANADIAN PRESS

SHARE JOY
NOV 14-17, 2-5PM
Buy one holiday drink, get one free to share.
PEPPERMINT MOCHA
CARAMEL BRÛLÉ LATTE
Free beverage must be of equal or lesser value. Offer good at participating stores. While supplies last. Cannot be combined with other offers or discounts.
© 2013 Starbucks Coffee Company. All rights reserved.

## White paper. B.C. looking to protect rural ridings in face of urbanization

The provincial government wants to cap the number of ridings at 85 to protect sparsely populated rural communities from losing their voice.

An Electoral Boundary Reform white paper released by the government Thursday says B.C. — along with Ontario — is the most urbanized province in Canada with 86 per cent of its population calling major cities home.

With cities in the Lower Mainland, southern Vancouver Island, south of the Fraser and Interior still growing at a rapid pace, the representation of the 14 per cent of British Columbians in rural, resource-rich areas is being strained.

As a result, the white paper announced the government's intention to keep the current number of electoral boundaries at 85 and ensure none are lost in the North, Cariboo-Thompson and Columbia-Kootenay regions if the boundaries were to be redrawn.

"Government has determined that it must take action to provide clear instructions to the Electorial Boundaries Commission so that northern and rural representation is not reduced," the paper reads.

For residents of the Lower Mainland, the paper means MLAs would be representing far more people (on a per capita basis) than those in rural ridings.

Finance Minister Mike de Jong acknowledged population deviations in ridings would be thrown out of whack — the current permitted population deviation between ridings is 25 per cent — but he wouldn't consider increasing the number of seats in urban populations to keep up with growth.

Of the 17 rural ridings affected, 11 are currently held by the governing Liberals.

However, de Jong denied partisan politics are at play.

"We're not the only province facing this," he said, pointing to Saskatchewan legislation that ensures certain levels of representation in its northern region.

The proposed changes to the Electoral Boundaries Commission Act are expected to go before the legislature in the spring. MATT KIELTYKA/METRO

**Quoted**

**"The challenge is to arrive at a respectable balance."**

Finance Minister Mike de Jong

**Proposal**

### Tie transit funds to growth strategy: UBC professor

Communities that plan densely, affordably and sustainably should be rewarded with public-transit dollars, according to UBC Prof. Lawrence Frank, while those that are low density and far from existing services should be slapped with user fees like road tolls.

KATE WEBB/METRO

**Proposal**

### Pipeline foes set for last protest ahead of report

First Nations leaders, politicians and environmentalists plan to rally outside Science World at 2 p.m. on Saturday to decry Northern Gateway one final time before the National Energy Board releases its report on the proposed pipeline.

KATE WEBB/METRO

KIA VANCOUVER

# Thank you for making us BC's #1 retail Kia dealer

DAILY DRAWS! ENTER EARLY TO INCREASE YOUR CHANCES OF WINNING!

kia.ca

KIA

WINTERFEST

# CAR-A-DAY GIVEAWAY∞

60 CARS. 60 DAYS.

UP TO **0%**** FINANCING **84** MONTHS + DON'T PAY UNTIL SPRING™

ON SELECT MODELS

**Only at Kia Vancouver.**

*Ask about our*

## NEW CAR BUYER'S PACKAGE:

- *LIFETIME OIL CHANGES*
- *LIFETIME CAR WASHES*
- *LIFETIME AIRPORT SHUTTLE SERVICE*
- *LOCKING WHEEL NUTS*
- *NITROGEN FILLED TIRES*

Sorento EX shown△

7 PASSENGER SEATING AVAILABLE | AVAILABLE ALL-WHEEL DRIVE

### THE NEW 2014 SORENTO

HWY (A/T): 7.1L/100KM
CITY (A/T): 10.4L/100KM

**WIN IT**

OR

OWN IT FROM $156≠ BI-WEEKLY AT 0% APR + DON'T PAY UNTIL SPRING™

Bi-weekly for 60 months, amortized over 84 months with **$0 DOWN PAYMENT.** Offer includes delivery, destination and fees. Offer based on 2014 Sorento 2.4L LX AT FWD with a purchase price of $28,482.

Forte SX shown△

### THE ALL-NEW 2014 FORTE

HWY (M/T): 5.3L/100KM
CITY (M/T): 8.0L/100KM

**WIN IT**

OR

OWN IT FOR ONLY $13,502‡

INCLUDES $4,000‡ CASH SAVINGS

Offer includes delivery, destination, fees and **$4,000 CASH SAVINGS‡**. Offer based on 2014 Forte Sedan LX MT with a purchase price of $17,502.

Rondo EX Luxury shown△

7 PASSENGER SEATING AVAILABLE | reddot design award winner 2013

### THE ALL-NEW 2014 RONDO

HWY (M/T): 6.2L/100KM
CITY (M/T): 9.4L/100KM

**WIN IT**

OR

OWN IT FROM $125≠ BI-WEEKLY AT 0% APR + DON'T PAY UNTIL SPRING™

Bi-weekly for 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination, fees and **$750 LOAN SAVINGS**. Offer based on 2014 Rondo LX MT with a purchase price of $23,482.

5 Year Warranty

WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty.

Best Global Brand 2013 Interbrand

KIA ENTERS 50 BEST GLOBAL GREEN BRANDS. Best Global Green Brand 2013

Proud Partner madd Saving Lives, Supporting Victims

KIA The Power to Surprise

Offer(s) available on select new 2014 models through participating dealers to qualified customers who take delivery by December 2, 2013. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. All offers are subject to change without notice. Vehicles shown may include optional accessories and upgrades available at extra cost. All pricing includes delivery and destination fees up to $1,665, other fees and certain levies (including tire levies) and $100 A/C charge (where applicable) and excludes licensing, registration, insurance, other taxes and variable dealer administration fees (up to $699). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. ** 0% purchase financing is available on select new 2013/2014 Kia models O.A.C. Terms vary by model and trim, see dealer for complete details. **"Don't Pay Until Spring" offer (180-day payment deferral) applies to purchase financing on select new 2014 models. No interest will accrue during the first 150 days of the finance contract. After this period, interest accrues and the purchaser will repay both the principal and interest monthly over the contract's term. ≠Bi-weekly finance payment O.A.C. for new 2014 Sorento 2.4L LX AT FWD (SR75BE)/2014 Rondo LX MT (RN65IE) based on a selling price of $28,482/$23,482 is $156/$125 with an APR of 0% for 60/84 months, amortized over an 84-month period. Estimated remaining principal balance of $8,138/$0 plus applicable taxes due at end of 60-month period. Offer includes loan savings of $0/$750. Retailer may sell for less. See dealer for full details. ◂Cash purchase price for the new 2014 Forte LX MT (F054IE) is $13,502 and includes a cash savings of $4,000 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers). Retailer may sell for less. ‡$4,000 cash savings on the cash purchase of an eligible new 2014 Forte LX MT (F054IE) from a participating dealer between November 1–December 2, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers including the "Don't Pay Until Spring" offer. Some conditions apply. ∞NO PURCHASE NECESSARY. Phase 1: the mail-in entry period for phase 1 begins on October 29, 2013, at 12:00:01 a.m. Eastern Time and ends on November 27, 2013, at 11:59:59 p.m. ET. The vehicle purchase entry period for phase 1 begins on November 1, 2013, at the start of regular business hours at participating Kia dealerships in Canada and ends at the close of regular business hours at participating dealerships on November 30, 2013. Phase 2: the mail-in entry period for phase 2 begins on November 26, 2013, at 12:00:01 a.m. Eastern Time and ends on December 26, 2013, at 11:59:59 p.m. ET. The vehicle purchase entry period for phase 2 begins on December 1, 2013, at the start of regular business hours at participating dealerships and ends at the close of regular business hours at participating dealerships on December 30, 2013. Open to age-of-majority residents of Canada. 60 Prizes (30 attributed to Phase 1 and 30 attributed to Phase 2), each consisting of a cheque that may range in value from $15,350 to $46,859. Odds of winning a Phase 1 Prize depend on the number of eligible Phase 1 Entries received before the applicable Phase 1 Draw Date. Odds of winning a Phase 2 Prize depend on the number of eligible Phase 2 Entries received before the applicable Phase 2 Draw Date. Skill-testing question required. For full contest rules and no-purchase entry details, visit www.kia.ca. ^Model shown Manufacturer Suggested Retail Price for 2014 Sorento 3.3L EX AT AWD (SR75HE)/2014 Forte SX (FO748E)/2014 Rondo EX Luxury (RN756E) is $34,195/$26,195/$32,195. ^ Highway/city fuel consumption is based on the 2014 Sorento LX 2.4L GDI 4-cyl (A/T)/2014 Forte 1.8L MPI 4-cyl (M/T)/2014 Rondo 2.0L GDI 4-cyl (M/T). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.

KIA VANCOUVER

KIAVANCOUVER.COM

604-326-6868

CORNER of CAMBIE and MARINE DRIVE

- 10 minutes from Delta • 15 minutes from Surrey
- 5 minutes from Richmond • 5 minutes from Burnaby
- minutes from Downtown

**WE SPEAK YOUR LANGUAGE:**

English, French, Cantonese, Mandarin, Korean, Hindi, Punjabi, Tagalog, Farsi, Romanian, Russian, Spanish, Italian

# Culture Crawl kicks off Friday

**Eastside art.** Annual three-day event connects the public with Vancouver artists

SAM SMITH
vancouver@metronews.ca

The Eastside Culture Crawl is back again and this year is going to be the biggest one yet.

Esther Rausenberg, executive director of the ECC, said 84 studios and 430 artists are involved it making it another record-breaking year.

"I also think the calibre of work is quite extraordinary," Rausenberg added.

Everything from painting to metalwork to live musical performances will be available this weekend, promoting the crawl's main objective of forming a direct connection with the attendee and the artist.

"I think often with gallery presentations that both the artist and the public don't really have an opportunity to meet and talk about the art," Rausenberg said. "This way the public can find out what was going on in the artist's head — what they were thinking when they made it."

The crawl has grown by leaps and bounds since it started in 1997, when it featured just 45 artists in three buildings and pulled in a crowd of a few hundred people.

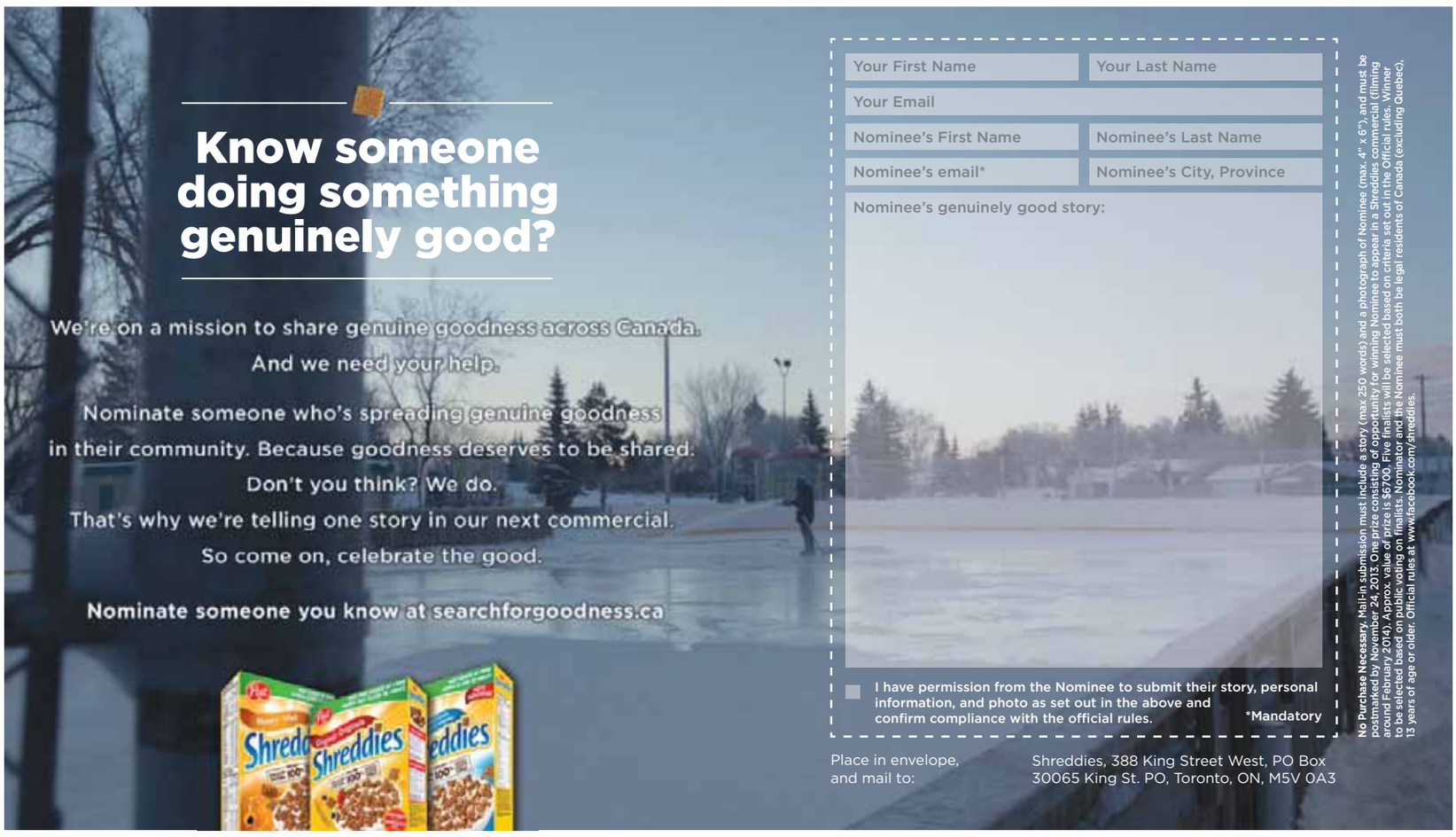
Since then the number of artists and venues has drastically grown and this year Rausenberg is expecting up to 20,000 attendees.

The three-day annual event runs from Nov. 15 to Nov. 17. On Friday, galleries will be open from 5 to 10 p.m., and on Saturday and Sunday they are open from 11 a.m. to 6 p.m.

**Interested?**

**Galleries are literally all around Vancouver. Details can be found online at eastsideculturecrawl.com.**

**Holly Cruise, founding member of Terminal City Glass Co-op, is shown gathering glass on the end of a blow pipe.** JENNIFER GAUTHIER/METRO FILE



Know someone doing something genuinely good?
We're on a mission to share genuine goodness across Canada.
And we need your help.
Nominate someone who's spreading genuine goodness in their community. Because goodness deserves to be shared.
Don't you think? We do.
That's why we're telling one story in our next commercial.
So come on, celebrate the good.
Nominate someone you know at searchforgoodness.ca
Shredd
Shreddies
eddies
Your First Name
Your Last Name
Your Email
Nominee's First Name
Nominee's Last Name
Nominee's email*
Nominee's City, Province
Nominee's genuinely good story:
I have permission from the Nominee to submit their story, personal information, and photo as set out in the above and confirm compliance with the official rules.
*Mandatory
Place in envelope, and mail to:
Shreddies, 388 King Street West, PO Box 30065 King St. PO, Toronto, ON, M5V 0A3
No Purchase Necessary. Mail-in submission must include a story (max 250 words) and a photograph of Nominee (max. 4" x 6"), and must be postmarked by November 24, 2013. One prize consisting of opportunity for winning Nominee to appear in a Shreddies commercial (filming around February 2014). Approx. value of prize is $6700. Five finalists will be selected based on criteria set out in the Official rules. Winner to be selected based on public voting on finalists. Nominator and the Nominee must both be legal residents of Canada (excluding Quebec), 13 years of age or older. Official rules at www.facebook.com/shreddies.

# SATURDAY, NOVEMBER 16 ONLY!

# 20x

## THE SHOPPERS OPTIMUM POINTS®

**WHEN YOU SPEND $50 OR MORE† ON ALMOST ANYTHING IN THE STORE.**

FREE feels good™

## PLUS 1 DAY SALE These SATURDAY ONLY Specials - November 16

5.99 EACH

**TYLENOL** EXTRA STRENGTH CAPLETS, EZ TABS (100's), **BENYLIN** COLD & SINUS (20's - 24's) or **MOTRIN** (45's - 90's) TABLETS
Selected Types
Limit 4. After limit 6.99
**Rest of Week 6.99**

25% OFF*

**ALL VITAMINS** or **NATURAL HEALTH PRODUCTS**

1.99 EACH

**ADIDAS** ANTIPERSPIRANT (45g), **DOVE** (2 x 113g) or **ZEST** (4 x 90g) BAR SOAP
Selected Types
Limit 4. After limit 2.50
**Rest of Week 2/$5**

5.99 EACH

**ALWAYS** MAXI PADS (20's - 48's), LINERS (60's - 120's) or **TAMPAX** TAMPONS (40's)
Selected Types
Limit 4. After limit 6.99
**Rest of Week 6.99**

40% OFF*

**QUO**
BRUSHES
Selected Types

3.99 EACH

**BELLE COLOR**
HAIR COLOUR
Selected Types
Limit 4. After limit 4.99
**Rest of Week 4.99**

2/$4

**COCA-COLA** or **PEPSI** BEVERAGES 6 x 710mL
Selected Flavours
or 3.49 each. Limit 4
**Rest of Week 3.49**
+ Deposit & Enviro Levy where applicable

2.49 EACH

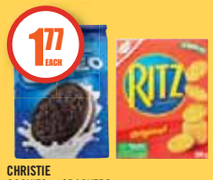
**LIFE BRAND**
PAPER TOWELS 6 Roll
Limit 4. After limit 2.99
**Rest of Week 2.99**

4.99 EACH 12 = 24 ROLLS

**BIO+LIFE** (12 Roll) or **LIFE BRAND**
(9 Roll - 12 Roll) BATHROOM TISSUE
Selected Types
Limit 4. After limit 5.99
**Rest of Week 5.99**

4.49 EACH

**BOUNCE** FABRIC SOFTENER SHEETS (70's), **DOWNY** LIQUID FABRIC SOFTENER (1.23L - 1.53L) or **TIDE** LAUNDRY DETERGENT (1.18L) Selected Types
Limit 4. After limit 5.99
**Rest of Week 5.99**



1.77 EACH

**CHRISTIE**
COOKIES or CRACKERS
Selected Types & Sizes
Limit 4. After limit 1.99
**Rest of Week 1.99**

2/$3

**LAY'S** STAX (155g - 163g) or **PRINGLES** (150g - 187g) CHIPS
Selected Types
or 1.99 each. Limit 4
**Rest of Week 1.99**

1.77 EACH

**EVERYDAY MARKET**
SUGAR 2kg
Limit 4. After limit 1.99
**Rest of Week 1.99**

269.99 EACH

Saturday, November 16
20x THE POINTS
that's a $91†† savings value

**ACER** 320/2GB 11.6" DUAL CORE NOTEBOOK
Selected Types
While quantities last. No rainchecks
Limit 2. After limit 299.99
**Rest of Week 299.99**
+ Environmental Handling or Disposal Fees where applicable

While quantities last. We reserve the right to limit quantities. *Our Regular Price. †Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, RBC® Shoppers Optimum® MasterCard® points and points associated with the RBC® Shoppers Optimum Banking Account, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, transit tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care® locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cashier for details. ® 911979 Alberta Ltd. ††Shoppers Optimum Points® and Shoppers Optimum Bonus Points® have no cash value but are redeemable under the Shoppers Optimum and Shoppers Optimum Plus programs for discounts on purchases at Shoppers Drug Mart. The savings value of the points set out in this offer is calculated based on the Shoppers Optimum Program® rewards schedule in effect at time of this offer and is strictly for use of this limited time promotion. The savings value obtained by redeeming Shoppers Optimum Points will vary depending on the Shoppers Optimum Program reward schedule at time of redemption and other factors, details of which may be found at shoppersdrugmart.ca. Excludes Shoppers Optimum® MasterCard® points and points associated with the RBC® Shoppers Optimum Banking Account.

SHOPPERS DRUG MART

# Will this man still be your mayor a year from today?

**Looking ahead to 2014.**
Opposition parties lay out their plans to beat Vision in next election

EMILY JACKSON
emily.jackson@metronews.ca

Move over chicken coops, the Stanley Cup riot and Occupy protests at the art gallery.

As the Nov. 15, 2014, election approaches, get ready to talk about affordable housing, consultation, affordable housing, development, affordable housing and mental-health issues.

While Vancouverites might be more interested in Toronto politics than what's brewing on the West Coast these days, Metro decided to give local politicians a crack at the spotlight with the vote exactly one year away.

Opposition parties are chomping at the bit to stop Mayor Gregor Robertson from winning a third term in office, trying to capitalize on growing discontent among some communities regarding bike lanes and development.

"We're not going to mandate and force our agenda on the citizens of the city like Vision has," NPA Coun. George Affleck said Thursday, ahead of his party's announcement on a community-engagement strategy on Friday.

"The trust in city hall is gone."

Listening to communities was a major theme in Thursday interviews with members of the NPA, COPE, the Green Party, Neighbourhoods for a Sustainable Vancouver and the Cedar Party.

But the mayor's Vision Vancouver party is confident, especially since "very strong people" are interested in joining their team, Vision Coun. Geoff Meggs said Thursday.

His party will run on its record of building more rental housing and decreasing the number of people living on the street, along with its new focus on helping people with mental-health challenges, Meggs said.

And all parties seem eager to cater to the renters, often on tight budgets, who make up more than half of Vancouver's population.

"They want more density, especially on arterials with transit, to provide more housing options for people who can't afford to buy," Meggs said, noting Vision's opponents often vote against projects to build more housing.

But Green Coun. Adriane Carr, the first from her party elected to council, says the city is growing at a faster pace than its plans and is developing "mini Metrotowns."

"Frankly, Vision is playing games with affordability," she said.

Affordability will be the focus of former ruling party COPE as well, whether it's regarding housing or transit, executive director Sean Antrim said. His party isn't worried about a fractured opposition, he said, and plans to run a majority slate of candidates including for mayor.

All parties will finalize their list of candidates in spring.

And for those hoping for reform on election donation rules, well, there's probably not enough time. You'll have to wait until 2017.

Will Mayor Gregor Robertson's vision earn him a third term? JENNIFER GAUTHIER/METRO FILE

**Action plans**

## *Parties and platforms*

**Vision —** Mental-health issues (which unduly burden city police and services), affordability, transit
**NPA —** Develop a platform that listens to the people
**COPE —** Affordable living and transit, perhaps rent control
**Green Party —** Democracy, affordability and livability (also boosting party numbers)
**Cedar Party —** This brand-new party, founded after "waking up to a massive rezoning," intends to run a full slate of candidates, candidate Nicholas Chernen said. It wants to take a "community partnership" approach to all issues.
**Neighbourhoods for a Sustainable Vancouver —** Socially and environmentally progressive, responsive to communities, election finance reform

Metro was unable to reach **TEAM** or **Vancouver First** by deadline. METRO

Try our FREE demonstration lesson.

Mercedes-Benz Driving Academy for New Drivers.

Our FREE lesson demonstrates the quality of our programs and training curriculum. We offer Mercedes-Benz training vehicles and customer service, an ICBC-approved Graduated Licensing Program (GLP), highly-trained coaches and online learning modules.

**Call 604-460-5004 to schedule your FREE demonstration lesson.***
Mention this ad and save $100 off our Graduated Licensing Program.

www.mb-drivingacademy.ca/ca/join
info@mbdrivingacademy.ca

*Offer expires November 30, 2013. Terms and conditions apply.

Mercedes-Benz

## FRIDAY, NOVEMBER 15

# TODAY ONLY

**IN STORE AND AT THEBAY.COM**
**FREE ONLINE SHIPPING OVER $99**

See below for details.

# $99.99

Regular $228 and $248

## GUESS jacket or walker coat

in our women's outerwear department. Short jacket available in black, cream, cherry or cobalt. Long walker coat available in black, pearl grey or cream.

# Plus, 50% off

## women's outerwear

in our women's outerwear department.
See below for exclusions.

# HUDSON'S BAY

*Be the first to know about our One Day Sales. Sign up at thebay.com or follow us on:*

*We* CAN *own the podium*

**$10 at thebay.com/olympic**

$3.33 from the purchase of every pair is donated to Canadian athletes through the Canadian Olympic Foundation. *Exclusively ours*

No rain checks and no price adjustments. No pre-orders or telephone orders. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. See in store for details. **Women's outerwear** excludes Lauren Ralph Lauren, Marella, Cinzia Rocca, Cole Haan, Moose Knuckles, Pajar, Soia & Kyo, Artic Expedition, Sandro, Maje, Jacques Vert Group, Olsen Europe, Toni Plus and items with 99¢ price endings. **FREE SHIPPING:** Receive free standard shipping on a total purchase amount of $99 or more before taxes. Offer is based on merchandise total and does not include taxes or any additional charges. Free standard shipping is applied after discounts and/or promotion code offers. Offer not valid at Hudson's Bay or any other HBC stores. Additional fees apply for Express or Next Day Shipping. Applies to Canadian delivery addresses only. Excludes furniture, canoes, patio furniture, patio accessories, barbecues and mattresses.

# Worldwide child-porn sweep started in Toronto

**Project Spade.** 50 Ontarians, 58 other Canadians among 348 arrested worldwide in a massive child-porn investigation: Cops

Insp. Joanna Beaven-Desjardins of Toronto Police reports on the major child-porn investigation. TORSTAR NEWS SERVICE

At least 386 children have been rescued from sexual exploitation and hundreds of suspects arrested in a sweeping child pornography investigation that began with a Toronto man, police revealed Thursday.

"It's a first for the magnitude of the victims saved," said Insp. Joanna Beaven-Desjardins, of the force's Sex Crimes Unit. "The amount of arrests internationally, also a first."

At least 348 people were arrested around the world as part of Project Spade, including 50 in Ontario and 58 from other parts of Canada.

School teachers, doctors, nurses, pastors and foster parents are among those facing charges in the wide-ranging operation that can be traced back to a business operating out of Toronto's west end, police said. The investigation was sparked in October 2010 when officers made contact with a Toronto man on the Internet who was allegedly sharing child pornography.

Police allege Brian Way, 42, had been running an "exploitation movie, production and distribution company." THE CANADIAN PRESS

# Laval. 10 young teens arrested on child-porn charges; seven victims

Child pornography, peddled by children. That's the serious accusation levelled at 10 adolescents arrested Thursday in the Montreal area.

The boys allegedly coaxed their friends and girlfriends into posing for pictures they later shared among themselves.

Aged between 13 and 15 years old, they were arrested in a sweep early Thursday in Laval, a suburb just north of Montreal.

They face various charges — including the production, possession and distribution of child pornography — and are expected to appear in youth court later Thursday.

Laval police spokeswoman Const. Nathalie Lorrain said they are hopeful the myriad files, at least one of them a video, were not widely distributed.

So far, police say they have identified seven victims — with all of the girls in the same age bracket as the accused. Police have met with the girls and their parents.

**How it got started**

**The Laval investigation began in earnest in October after a staff member at one Laval high school noticed that kids were huddled around a phone, looking at an image of a girl that was sexually explicit.**

Lorrain said police have yet to go through a number of devices they seized Thursday. Other victims might be identified once police go through smartphones, laptop computers and tablets that were all seized as part of Operation Magma.

"The study of these items will allow us to know who received these images and if there were any more victims," Lorrain said.

Police said the network included students attending three English high schools in Laval. THE CANADIAN PRESS

Need a treat, try a cookie. Need relief, try ALEVE.®
This holiday, discover ALEVE® with up to 12 hours of pain relief with the strength of just 1 pill. Visit Aleve.ca for a chance to win $12,000.
ALEVE
BAYER
To be sure this product is suitable for you, always read and follow the label. No purchase necessary. Contest ends December 31, 2013. See contest rules at aleve.ca Bayer and Bayer Cross are registered trademarks of Bayer AG, used under licence. ALEVE, 1 Pill, 12 Hours Strength, 12 Hours Length and Strength to Last Up to 12 Hours are trademarks of Bayer Consumer Care AG, used under licence. Bayer Inc., Toronto, ON M9W 1G6. © Bayer Inc., 2013.

# We've got a brand new look!
# Come celebrate with up to $75 off.

Drop by for our grand reopening at
**Park Royal Shopping Centre** to get up to $75 off any smartphone.*
On a 2 year term on a TELUS SharePlus Plan.

923 Park Royal South
West Vancouver, BC
V7T 1A1

TELUS
the future is friendly®

For more details on this great offer, visit your TELUS store, authorized dealer or retailer, telusmobility.com or call 1-866-264-2966.

*$75 in-store credit applies to handset only at the time of activation. $75 credit is non-transferable and not redeemable for cash. Offer valid from November 13 to December 1, 2013, at Park Royal Shopping Centre, West Vancouver, British Columbia, only. TELUS, the TELUS logo, telusmobility.com and the future is friendly are trademarks of TELUS Corporation, used under licence. All other trademarks are the property of their respective owners. © 2013 TELUS.

## Boston. Notorious crime boss sentenced to life

Former Boston crime boss James "Whitey" Bulger was sentenced Thursday to life in prison for his murderous reign in the 1970s and '80s.

Bulger, the inspiration for Jack Nicholson's sinister character in the 2006 movie The Departed, was convicted in August in a broad racketeering indictment that included murder, extortion, money-laundering and weapons charges.

Bulger was seen for years as a Robin Hood figure who bought Thanksgiving turkeys for working-class South Boston residents and kept hard drugs out of the neighbourhood. But that image was shattered when authorities started digging up bodies more than a decade ago.

Prosecutors portrayed him as a cold-blooded, hands-on boss who killed anyone he saw as a threat, along with innocent people who happened to get in the way.

Corrupt Boston FBI agents protected Bulger for years while he worked simultaneously as a crime boss and an FBI informant who ratted out the rival New England Mafia and other crime groups.

THE ASSOCIATED PRESS

**Online surveillance**

### Google rejecting government requests for data

Google released a report Thursday showing that the company received 25,879 legal requests for people's data from governments during the first half of this year. That represented a 21 per cent increase from the last half of last year.

U.S. authorities accounted for 10,918 of the requests, more than anywhere else.

The report says Google is rejecting a higher percentage of the requests.

THE ASSOCIATED PRESS

# Karlheinz Schreiber convicted of tax evasion

Karlheinz Schreiber waits for the start of his trial Thursday. DPA/THE ASSOCIATED PRESS

**Guilty.** Former arms-industry lobbyist was linked in corruption scandals with Brian Mulroney and former German chancellor Helmut Kohl

Karlheinz Schreiber has been convicted of tax evasion and sentenced to six and a half years in a German prison.

The DPA news agency reported on Thursday that Schreiber was found guilty in a German court in the southern state of Augsburg.

Prosecutors say Schreiber didn't declare money he received as kickbacks for the sale of helicopters to Canada's coast guard, tanks to Saudi Arabia and other arms deals.

Schreiber is already a controversial figure in Canada, where he made secret cash payments of at least $225,000 to former prime minister Brian Mulroney during their business dealings. Mulroney later testified he had made an error in judgement by accepting the money.

Allegations the 79-year-old also gave a cash donation to the former treasurer of German chancellor Helmut Kohl's party triggered a scandal that deepened with Kohl's 1999 admission he accepted off-the-book donations himself.

THE ASSOCIATED PRESS

**Lengthy affair**

**A Canadian-German dual-national, Schreiber was arrested in Canada and extradited to Germany in 1999**

- He was convicted in 2010, but appealed and won a retrial.


CHEVROLET

Sign AND DRIVE LEASE EVENT

$0 FIRST MONTH'S LEASE PAYMENT† $0 DOWN† $0 SECURITY DEPOSIT† $0 DUE AT SIGNING†

PLUS ELIGIBLE OWNERS GET UP TO $2,000 BONUS ON SELECT 2014 CHEVROLET MODELS^

ONLY UNTIL DEC 2ND

2014 CRUZE 1LS

LEASE PAYMENT

$84 AT 0% WITH $0 DOWN

BI-WEEKLY FOR 60 MONTHS†
BASED ON A PURCHASE PRICE OF $17,595

- 10 STANDARD AIR BAGS • 16" WHEELS
- STABILITRAK, TRACTION CONTROL AND 4-WHEEL ANTILOCK BRAKES
- POWER WINDOWS, DOOR LOCKS AND KEYLESS ENTRY
- SIRIUS XM™ SATELLITE RADIO WITH 3 MONTH FREE TRIAL**

CRUZE LTZ SHOWN

CHOOSE YOUR PAYMENT

| LEASE PAYMENT | WITH | DOWN PAYMENT (OR EQUIVALENT TRADE) |
|---|---|---|
| $72 | | $1,500 |
| $65 | | $2,500 |

PLUS 2 YEARS/40,000 KM COMPLIMENTARY OIL CHANGES ON ALL 2014 MODELS¥

TO GUARANTEE OUR QUALITY, WE BACK IT
160,000 KM/5 YEAR
POWERTRAIN WARRANTY
^Whichever comes first. See dealer for limited warranty details.

CHEVROLET.CA

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND PPSA.

CHEVROLET

ON NOW AT YOUR BC CHEVROLET DEALERS. Chevrolet.ca. 1-800-GM-DRIVE. Chevrolet is a brand of General Motors of Canada. 1.4 L/100km applies to the lease of a 2014 Chevrolet Cruze 1SA equipped as described. PPSA and Freight ($1,695) included. License, insurance, registration, administration fees and taxes not included. Offers may change without notice. Dealer may sell or lease for less. Dealer may not sell or lease for more. Offers subject to availability at participating dealers in stock on hand as of November 1, 2013. Offers end December 2, 2013. †Offers apply to the lease of a 2014 Chevrolet Cruze 1LS (1SA) equipped as described. Lease payment is $84 bi-weekly for 60 months with 0% APR. Down payment or trade and/or security deposit may be required. Monthly payments may vary depending on down payment/trade. License, insurance, dealer fees, excess wear and tear charges, applicable taxes, registration fees and other applicable fees not included. Dealers are free to set individual prices. Offer may not be combined with certain other consumer incentives available on GM vehicles. The $2,000/$1,000 credit includes $937/$937(PST) as applicable by province. As part of the transaction, dealer will request current vehicle registration and/or insurance to prove ownership have entered into a lease agreement with GM Financial, and who accept delivery from October 31, 2013 through January 2, 2014 of a new eligible 2014 model. General Motors of Canada will pay the first month's lease payment (inclusive of taxes) and any applicable pre-tax amount normally due at lease delivery as defined on the lease agreements. All first month lease payment means no bi-weekly payments will be due in the first month of your lease agreement. After the first month, lessee will be required to make all remaining scheduled payments over the remaining term of the lease agreement. PPSA/REPMI is not due. Insurance, license, Void where prohibited by law. Additional conditions and limitations apply. See dealer for details. ^Offer only valid from November 1, 2013 to December 2, 2013 (the "Program Period") to retail customers resident in Canada who own or are currently leasing a Chevrolet Aveo, Cobalt, Caprice, Cruze, Equinox, Impala, Malibu, Orlando, Sonic, Suburban, Tahoe, Traverse, Trailblazer, Silverado, Colorado, Sierra, Avalanche, Express, Savana, Camaro, Corvette, Volt, Spark, Spark EV, with an ACDelco oil and filter change, or accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 KMs, whichever occurs of an eligible new 2014 Chevrolet Sonic, Cruze, Malibu or Impala delivered during the Program Period. Eligible retail customers resident in Canada who own or are currently leasing a Chevrolet HHR, Equinox, Tracker, Uplander, Venture, Astro, Lumina APV, Blazer, Traverse, Trailblazer, Storm Ion, Vue, Malibu Maxx, Malibu Classic, Monte Carlo, Impala Classic, Cavalier, Classic, Cobalt, Optra, Optra5, Aveo, Aveo5, Epica, Tacuma, Rezzo, Kalos, Lacetti, Nubira, Optra Wagon, Optra5 Wagon, Tahoe Hybrid, Silverado Hybrid, Malibu Hybrid, Captiva Sport, Suburban, Colorado, Sierra, Avalanche, Express, Savana, Camaro, Corvette, Volt, Spark, Spark EV, with an ACDelco oil and filter change, or accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 KMs, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. ¥Available on select models. Service offered independently of the tire product. Visit retailer for details. **Available on select models. Subject to terms and conditions and limitations apply. See dealer for details. Mentalists SIRIUS, Thousand, Xpress, Xtreme, Xtreme Buick Revelations, Terraza, Enclave, Rainier, Oldsmobile Silhouette, Bravada, GMC Safari, Jimmy, Terrain, Acadia or Envoy, that has been registered and insured in Canada in the customer's name for the previous consecutive six months, will receive a $2,000 credit towards provided eligible customers in Canada, who have purchased, leased or financed a new eligible 2014 MY Chevrolet, Buick, or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, or accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 KMs, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. Additional conditions and limitations apply. See dealer for details. ^Available on select models. Service offered independently of the tire product. Visit retailer for details. **Available on select models. Subject to terms and conditions and limitations apply. See dealer for details.

MOST FASHIONABLE FLASH SALE EVER

# 30% OFF 30+

3 DAYS ONLY: NOVEMBER 15-17

*You told us the brands you love. Now we're giving you the event you'll love.*

This weekend, shop fall collections from 30 of your favourite brands at 30% off the regular price.*

* Sale in effect at all Holt Renfrew stores except hr2. Some restrictions apply. While quantities last. Styles, sizes and quantities are limited and vary by store. Offer valid only on select regular priced fall merchadise. No price adjustments on previous purchases.

HOLT RENFREW

737 DUNSMUIR STREET, PACIFIC CENTRE 604.681.3121 HOLTRENFREW.COM

**Bored of Ford?**

**A new YouTube video is trying to spread the word that Toronto is "More than Ford."**

- The one-minute, four-second video posted on the popular website is described as a "fan video" featuring "some of the things we love most about our city."
- It shows scenes from around the city along with sporting, fashion and entertainment events, street festivals and celebrities — but no images of Mayor Ford.

**'Truly disturbing'**

## *Wynne: Ont. keeping an eye on Ford*

Ontario will consider offering "new tools" to Toronto if the city's government decides it simply can't function as a result of its scandal-plagued mayor.

The first significant move towards intervention was suggested Thursday by Premier Kathleen Wynne.

"We've been watching this situation closely and listening very carefully," said Wynne. "The things that we are seeing and hearing about Mayor Rob Ford are truly disturbing."

Wynne emphasized that it wasn't the province's role to impose its own preferences upon Toronto's government. But she conceded she would consult the provincial opposition parties if the city requested action from Ontario. THE CANADIAN PRESS

# Another day, another apology from Rob Ford

**Warning: graphic content.** Toronto mayor starts the day using foul language, then says sorry with his wife by his side

Toronto Mayor Rob Ford jostles with the media as he tries to escort his wife Renata, left, out of a news conference on Thursday. CHRIS YOUNG/THE CANADIAN PRESS

In the space of just a few hours Thursday, Rob Ford spouted an obscenity on live TV, refused to apologize then did apologize, was scolded by Canada's oldest football team for wearing its jersey and begged the media to give his family privacy — his seldom-seen wife by his side.

The latest bizarreness involving Toronto's besieged mayor set off another chorus of demands for him to leave — not just get help, but to resign for the good of the city.

The dizzying cascade of events began as Ford arrived at city hall — sporting a blue No. 12 Toronto Argonauts uniform with "Mayor Ford" on the back.

As TV cameras broadcast live, Ford used crude language to deny allegations he told a female aide he was going to have oral sex with her. A staffer told police Ford also said he had already had sex with the aide, court documents say.

"It says I wanted to eat her pussy and I have never said that in my life to her. I would never do that. I'm happily married and I've got more than enough to eat at home," he said to astonished reporters.

The Toronto Argonauts released a statement saying they were "disappointed" at the mayor for using coarse language on live television while wearing the CFL team's jersey.

Ford, 44, the father of two children, did say he was receiving support from a team of health-care professionals, but refused to elaborate.

Initially, Ford stood by his vulgar comments.

"If you're offended, I'm not apologizing, because put yourself in my shoes if someone said that about your husband or your wife," he shouted during a council session.

According to sections of court documents released Wednesday, an ex-staffer told police an intoxicated Ford made the comments at a restaurant on St. Patrick's Day last year.

The alleged incident was one of several in the document that reported questionable or bizarre behaviour by Ford: driving after guzzling vodka, sniffing cocaine, and apparently consorting with sex workers.

Ford called the allegations outright lies.

Just hours later, with his wife Renata nearby, the mayor apologized for what he called his impulsive and "graphic" remarks blamed on months of mostly self-inflicted stress, culminating in the latest revelations he said pushed him over the line. "When you attack my integrity as a father and as a husband, I see red," he said.

THE CANADIAN PRESS

**A lawyer's opinion**

## *Ford's threats to sue likely toothless*

Mayor Ford's threat to sue former staffers for telling police about activities they said included his consorting with suspected sex workers is unlikely to go anywhere, a libel lawyer said Thursday.

Well-established case law offers protection to people speaking to investigators — but it's not absolute, said Julian Porter.

"The employees would have had a qualified privilege in talking to the police provided they weren't malicious and inventing it," Porter said.

"Now if the employees tell it to everybody else, that's a different matter."

At city hall, Ford named three former staffers: Mark Towhey, Isaac Ransom and George Christopolous.

TOM LEE Music
Gifts That Rock
FOR THE MUSICIAN ON YOUR LIST
www.tomleemusic.ca/giftsthatrock
A gift for you!
FREE $20 GIFTCARD with purchase*
*Some terms and conditions may apply, please see in-store for details.
1.888.886.6533 VANCOUVER | RICHMOND | COQUITLAM | SURREY | LANGLEY | N. VANCOUVER | VICTORIA | NANAIMO | www.tomleemusic.ca

SPEND $75 OR MORE THIS **FRIDAY**, **SATURDAY** AND **SUNDAY** AND GET

# $20 off

JUST USE PROMO CODE: **METRO20**

SHOP FROM OVER 700 BRANDS INCLUDING:

HEYS LUGGAGE

ISAAC MIZRAHI LIVE™

KitchenAid®

L'OCCITANE EN PROVENCE

Vitamix

TSC THE SHOPPING CHANNEL™

**Discover.** *Your Perfect Holiday* **TO SHOP:** Watch Live on TV I Visit tsc.ca I 1•888•2020•888

Promo Code is for one time use only, is not transferable and cannot be combined with any other offer, redeemed for cash, or used towards payment of The Shopping Channel Credit Card. *The $75 threshold needed to qualify for the $20 discount is based upon the total value of the items in your order before shipping and taxes. Excludes electronics, electronic accessories & gift cards. $20 savings offer expires Sun. Nov 18 11:59PM (ET), 2013.

©2013 Rogers Broadcasting Ltd.

# Workers bury unidentified bodies six days after Typhoon Haiyan

**Making progress.**
Roads are being cleared so food and supplies can be distributed to thousands of survivors

Firemen carry the body of a Typhoon Haiyan victim to a mass grave in Tacloban, central Philippines, on Thursday. Typhoon Haiyan, one of the most powerful storms on record, hit the country's eastern seaboard on Friday, destroying tens of thousands of buildings. VINCENT YU/THE ASSOCIATED PRESS

The air was thick with the stench of decay as sweating workers lowered the plastic coffins one by one into a grave the size of an Olympic swimming pool.

Scores of unidentified bodies were interred together Thursday in a hillside cemetery without any ritual — the first mass burial in Tacloban, a city shattered by last week's Typhoon Haiyan.

Six days after the disaster, some progress was being made in providing food, water and medical aid to the half-million people displaced in the Philippines. Massive bottlenecks blocking the distribution of international assistance have begun to clear.

Soldiers on trucks gave out rice and water, and chainsaw-wielding teams cut debris from blocked roads to clear the way for relief trucks in Tacloban, the capital of the hardest-hit Leyte province.

Thousands of people continued to swarm Tacloban's damaged airport, desperate to leave or to get treatment at a makeshift medical centre.

THE ASSOCIATED PRESS

Canadian aid

## *Canada could lend relief services*

The Canadian Forces are considering sending a detachment of three to six Griffon helicopters to help with relief efforts in the Philippines in the wake of Typhoon Haiyan.

Officials say teams on the ground on the typhoon-ravaged island of Panay are assessing the situation and the need for helicopters.

A final decision will be made by an inter-departmental task force in Ottawa, but the military is preparing helicopters for the mission if it's decided to send them. THE CANADIAN PRESS

WIRELESSWAVE™
THE MOBILE EXPERTS

$100 OFF THE SAMSUNG S4? IT'S A HOLIDAY MIRACLE.

Hurry in for this exclusive deal, plus the best advice on your choice of networks and plans.

LIMITED TIME ONLY
SAMSUNG GALAXY S4
$179.95
NOW ONLY
$79.95*

Bell ROGERS Virgin mobile

At a mall near you
wirelesswave.ca

*Limited time offer. Some conditions apply. See in-store for details. Subject to change without notice.

# THE HOLIDAY SALES EVENT IS HERE.

Bring home a HONDA

**FIT**

$1,500# CASH PURCHASE INCENTIVE ON SELECT 2013 MODELS

STARTING FROM $16,075** INCLUDES FREIGHT & PDI

Model shown G3H87DE

PLUS $500 HOLIDAY BONUS*

**CIVIC**

$1,500# CASH PURCHASE INCENTIVE ON SELECT 2013 MODELS

STARTING FROM $16,935** INCLUDES FREIGHT & PDI

Model shown FB6E5DKV

PLUS $500 HOLIDAY BONUS*

**PILOT**

$5,000# CASH PURCHASE INCENTIVE ON EVERY 2013 MODEL

STARTING FROM $36,630** INCLUDES FREIGHT & PDI

Model shown YF4H9DKN

## UP TO $5,000 CASH PURCHASE INCENTIVE# OR 0.99% LEASE OR FINANCE Ω¥

**This is our best offer of the season, but the selection won't last long.**

Visit your BC Honda Dealer for details.

bchonda.com

HONDA

#$1,500/$1,500/$5,000 Honda cash purchase incentive is available select 2013 Civic models/select Fit models/every Pilot model. Honda cash purchase incentive will be deducted from the negotiated price before taxes and cannot be combined with special lease or finance offers. *$500 Holiday bonus is available on every new 2013 Civic/Fit model. Holiday bonus will be deducted from the negotiated price before taxes.ΩLimited time 0.99% finance offer based on new 2013 Honda models and a 24 month finance term available only through Honda Canada Finance Inc. O.A.C. Finance example based on a new 2013 Fit DX 5MT model GE8G2DEX and a 24 month finance term available only through Honda Canada Finance Inc. O.A.C.: $16,075 at 0.99% per annum equals $312.26 bi-weekly for 24 months. Freight and PDI of $1,495 included. Cost of borrowing is $162.52, for a total obligation of $16,237.52. Down payment of $0.00, first bi-weekly payment, environmental fees and $0 security deposit due at finance inception. Taxes are extra. Finance on approved credit for qualified customers only. ¥Limited time lease offer based on new 2013 Honda models and a 24 month lease term available only through Honda Canada Finance Inc. O.A.C. Lease example based on a new 2013 Fit DX 5MT model GE8G2DEX and a 24 month lease term available only through Honda Canada Finance Inc. O.A.C.: 0.99% lease APR for 24 months O.A.C. Bi-weekly payment, including freight and PDI, is $312.15. Down payment of $0.00, first bi-weekly payment, environmental fees and $0 security deposit due at lease inception. Total lease obligation is $16,543.95. Taxes, license, insurance and registration are extra. Prices and/or payments shown do not include a PPSA lien registration fee of $13.51. and lien registering agent's fee of $5.25, which are both due at time of delivery. 48,000 kilometre allowance; charge of $0.12/km for excess kilometres. **MSRP is $16,935 / $16,075 / $36,630 based on a new 2013 Civic DX FB2E2DEX / Fit DX GE8G2DEX / Pilot LX 2WD YF3H2DE including $1,495/$1,495/$1,640 freight and PDI. Ω/¥/#/** Dealer may sell for less. Dealer trade may be required. Prices and/or payments shown do not include representative PPSA lien registration and lien registering agent's fees (fees may vary by province), which are due at time of delivery. For all offers license, insurance, applicable taxes and registration are extra. Offers valid from November 1st to December 2nd, 2013 at participating Honda retailers. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. Visit www.bchonda.com or see your BC Honda retailer for full details.

# Rollout of health care fumbled: Obama

**Obamacare.** After weeks of problems, a sombre and reflective acceptance of personal responsibility for failures by the U.S. president

"We fumbled the rollout on this health care law."

"That's on me."

"It was insufficient."

Again and again, U.S. President Barack Obama on Thursday shouldered the blame for his botched health-care rollout in unusually blunt terms — a step many of his critics contend was long overdue.

In an even rarer admission, he also acknowledged that the cascade of troubles was damaging his credibility with the American people and threatening to take a toll on his broader second-term agenda.

"It's legitimate for them to expect me to have to win back some credibility on this health-care law in particular and on a whole range of these issues in general," Obama said during a lengthy news conference.

THE ASSOCIATED PRESS

**So sorry**

**"I am the head of the team. We did fumble the ball on it."**

**U.S. President Barack Obama**
After six weeks of website woes and tumbling poll numbers a mea culpa on Thurs.

Barack Obama speaks about his health-care law Thursday in the White House in Washington, D.C. CHARLES DHARAPAK/THE ASSOCIATED PRESS

2.25%
It's a good day to start saving.

Earn 2.25% interest* until January 31, 2014 on new deposits combined across any of these accounts:

- Interest Plus™ savings account
- no fee bank account

Call 1-888-236-6315, drop by an in-store pavilion, or visit pcfinancial.ca/greatrate for details.

President's Choice FINANCIAL

That's just good banking.

*How it works: To participate in the offer, you must enroll during the offer period by calling 1-888-236-6315 or by speaking to a representative at a President's Choice Financial® pavilion or hub. Offer Period: November 1, 2013 to January 31, 2014. Interest First® savings account is also eligible for this offer. Ask for details. The promotional interest rate of 2.25% (the "Promotional Rate") is a combination of the regular annual interest rate on an eligible account, plus promotional interest ("Promotional Interest") paid during the offer period. The Promotional Rate will be calculated during the offer period on the portion of aggregate average daily closing balances across all of a primary account holder's eligible accounts which exceed the aggregate closing balance across the primary account holder's aggregate eligible account(s) closing balance, if any, on October 31, 2013 (the "Additional Balance"). Promotional interest will be paid in February 2014 into a single eligible account held by a primary account holder. The current regular rate is calculated on the full daily closing balance of eligible account and paid monthly. Rates may change at any time. Offer is non-transferable, cannot be combined with other promotional rate offers, and may be changed or cancelled at any time. Other conditions and restrictions apply. Visit pcfinancial.ca/greatrate for the full terms and conditions of this offer and for more information, including current rates, visit www.pcfinancial.ca, speak to a representative at a President's Choice Financial pavilion or hub, or call 1-888-236-6315. ®/™ PC, PC Financial, President's Choice, President's Choice Financial, Interest First and Interest Plus are trademarks of Loblaws Inc. CIBC is a licensee of the marks. President's Choice Financial personal banking services are provided by the direct banking division of CIBC.

## Suggestive emails. Two U.S. Secret Service agents investigated

More than 18 months after a prostitution scandal in South America rocked the Secret Service, the agency in charge of protecting the U.S. president is investigating another case of suspected sexual misconduct in its ranks.

This time, two supervisory agents assigned to President Barack Obama's protective detail have been investigated for misconduct involving sexually suggestive emails sent to a female subordinate.

The alleged misconduct does not appear to involve a breach of President Obama's security.

According to The Washington Post, supervisor Ignacio Zamora Jr. was reassigned. Timothy Barraclough, also a supervisor, remains with the presidential protection division.

The agency started investigating Zamora this spring after staff at a hotel in Washington notified the Secret Service that a bullet from Zamora's weapon was found in a room, a federal law enforcement official said.

The woman in the room identified Zamora as the agent who left the bullet, the official said.

A subsequent internal investigation uncovered the emails from supervisors Zamora and Barraclough, the official said.

THE ASSOCIATED PRESS

**Eastern India**

### Seven elephants killed, 10 injured when hit by train

A passenger train plowed into a herd of elephants in eastern India, killing seven, including two calves, as they lumbered across the tracks in a forest, authorities said Thursday.

The crash was the worst of its kind in recent memory, said Hiten Burman, forestry minister in West Bengal. Ten other elephants were seriously injured and the death toll could rise, he said.

The train was travelling at 80 kilometres an hour through the Chapramari Forest when it struck the herd of 40 elephants crossing the tracks on Wednesday at dusk, Burman said.

"The herd scattered, but returned to the railway tracks and stood there for quite some time before they were driven away by forest guards." he said.

Requests to have trains reduce their speeds inside the elephant corridor in the Jalpaiguri district have been ignored. THE ASSOCIATED PRESS

EVER FOREX
Offices in Vancouver, Burnaby, Richmond & Surrey
• Currency Exchange
• Worldwide Money Transfer
• 24*7 Online Trading
Live Rates: everforex.ca • Toll Free: 1 800 699 4816
USD, EUR, GBP, AUD, NZD, JPY, CNY, THB, TWD, MYR, PHP, SGD, MXN

# Dogs originated in Europe, new DNA study says

**Archeology.** Report shows that DNA of modern dogs is similar to European fossils

For years, scientists have been dogged by this evolution question: Just where did man's best friend first appear?

The earliest known doglike fossils come from Europe. But DNA studies have implicated east Asia and the Middle East. Now a large DNA study is lining up with the fossils, suggesting dogs originated in Europe some 19,000 to 32,000 years ago.

The latest attempt to figure out where dogs first evolved was published online Thursday by the journal Science.

This canine fossil is dated to 8,500 years ago. DEL BASTON/CENTER FOR AMERICAN ARCHAEOLOGY/THE ASSOCIATED PRESS

The DNA of modern dogs showed similarities to the genetic material from ancient European specimens and modern-day European wolves, the researchers reported.

The first dogs evolved by associating with hunter-gatherers rather than farmers, since dogs evidently appeared before agriculture did, they said.

Robert Wayne of the University of California, Los Angeles, a study author, said the kind of wolf that gave rise to dogs is now extinct.

Olaf Thalmann of the University of Turku in Finland, another author, said the work doesn't mean that Europe is the only place where dogs emerged.

"We conclude that Europe played a major role in the domestication process," he said in an email.

THE ASSOCIATED PRESS

SUPPORT RELIEF EFFORTS
IN THE PHILIPPINES
SHOW YOUR SOLIDARITY
Your donation will be matched
GIVE NOW
CANADIAN CATHOLIC ORGANIZATION FOR
Development and Peace
www.devp.org • 1 888 664-3387
• or text PEACE to 45678 to donate $10

SATURDAY, NOVEMBER 16 ONLY!

THE REWARDS YOU WANT 20x faster

20x THE SHOPPERS OPTIMUM POINTS®

WHEN YOU SPEND $50 OR MORE†† ON ALMOST ANYTHING IN THE STORE.

FREE feels good

Prices in effect from Saturday, November 16 to Friday, November 22

5.99 each — BUY 3 GET 1500 BONUS POINTS

**TRESemmé**
HAIR CARE PRODUCTS
Selected Types & Sizes

4.99 each

**DOVE**
HAIR CARE PRODUCTS
Selected Types & Sizes

Starting at 9.99 each — 10x THE POINTS

**NEXXUS**
HAIR CARE PRODUCTS
Selected Types & Sizes

9.99 each

**AXE**
DUAL 2 IN 1 PACK

15% off*

**SIMPLE**
SKIN CARE PRODUCTS
Selected Types & Sizes

17.99 each

**AXE** or **DOVE** MEN+CARE
GIFT BAG
Selected Types

17.99 each

**DOVE** MEN+CARE
EXTRA FRESH HOLIDAY GIFT BAG
or FACE GIFT PACK

11.99 each

**AXE** DARK TEMPTATION THREESOME
GIFT PACK or **DOVE** MEN+CARE
HOLIDAY GIFT BOX

2/$8 or 4.79 each

**ALBERTO EUROPEAN**
STYLING PRODUCTS
Selected Types & Sizes

Prices and Shoppers Optimum Bonus Points® in effect from Saturday, November 16 until Friday, November 22, 2013 while quantities last. We reserve the right to limit quantities. *Our Regular Price. ††Offer valid on Saturday, November 16, 2013 only. Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, RBC® Shoppers Optimum® MasterCard® points and points associated with the RBC® Shoppers Optimum Banking Account, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, transit tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care® locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cashier for details. ® 911979 Alberta Ltd.

SHOPPERS DRUG MART

# First female Hamas speaker embraces role

**A new face forward.** Isra Almodallal is a student reporter and avid social media user who projects a very different image to the one Hamas usually shows the West

Isra Almodallal is the first female spokesperson appointed by Hamas. FACEBOOK

KIERON MONKS
Metro World News

Isra Almodallal is a little annoyed by all the attention she has received since being appointed Hamas' first female spokesperson.

"I am surprised. The idea that the government is against women is absolutely wrong," Almodallal, 23, told Metro by telephone from Gaza, in the perfect English she learned over three years of education in the U.K. "The government is part of society and it is fighting for all of our rights."

A student reporter and prolific social media user, the new spokesperson projects a dramatically different face to the one Hamas usually shows the West, often invoking hellfire against its enemies. But Almodallal is confident she will not have to change.

"I'm not going to defend things I don't believe in, but I have responsibility to deliver our message on specific issues like prisoners and access to Jerusalem. Maybe I will cover feminist activism in Gaza. The job is to make people understand the situation here."

Almodallal says she does not mind the male-dominated environment, and the number of women is growing in her department. Local sources believe this is part of a modernizing initiative from Interior Ministry spokesman Ihab Ghussein, a charismatic, U.S.-educated figure who has sought to make Hamas more palatable to foreign observers. "He refers to Israel, not the 'Zionist entity,'" a local reporter told Metro.

The government's reputation had suffered from banning women from smoking shisha pipes to imposing restrictive dress codes. Against this, women make up around 20 per cent of government employees and around half of university graduates.

"They are trying to reach a new audience and it's good, but this is an issue for foreign people more than us," says Gazan journalist Yasmeen El-Khoudary, saying that "men and women are both doomed while we are under siege." A recent Amnesty International report confirms "mass unemployment, extreme poverty" in the region and that "four in five Gazans (are) dependent on humanitarian aid."

Naila Ayesh, former director of Gaza-based Women's Affairs Center, agrees that the conflict is key, but expects the government to do more. "We can't separate the siege from the rights of women, we suffer more from having four hours of electricity a day," she told Metro. "But they believe in a man's society and use our religion against us."

Against such a volatile backdrop it promises to be a difficult job for Almodallal.

"It's a great challenge and I will work all the time," she says happily.

GUARANTEED AUTO APPROVAL!

*If you have recently been....*

- Divorced
- Self Employed
- Bankruptcy
- Repossession
- Collections
- Late Payments

We can help make things right!

I know bad things can happen to good people. You deserve a 2nd chance! Call Darcy today!
1-877-810-8649

ALL MAKES & MODELS

LANGLEYAUTOLOANS.COM

DL#C3916 and *O.A.C
*some conditions required

NEED MONEY?
✓No credit checks
✓Fast approvals
Call 1 866 499-5629
And get cash now!!
www.mynextpay.ca

MoneyProvider.com
$500 Loan and more
Fast, easy and secure
No credit refused
1-877-776-1660
www.moneyprovider.com

# Iraqi Shiites marking religious ritual attacked; 41 killed

**Insurgents.** Violence since April, when Iraq cracked down on Sunni protest camp, has soared to levels not seen since 2008

Iranian Shiites cover themselves with mud during Ashoura at Bijar, west of the capital Tehran, Thursday. EBRAHIM NOROOZI/THE ASSOCIATED PRESS

A suicide attacker and twin bomb blasts on Thursday targeted Shiites marking a sombre religious ritual in Iraq, killing at least 41 people and wounding more than 100, officials said.

The ritual, known as Ashoura, has been marred previously by massive attacks by al-Qaida and other Sunni extremists who see Shiites as heretics.

The deadliest of Thursday's attacks was in the town of al-Saadiyah, 140 kilometres northeast of Baghdad, where a suicide bomber struck a group of Shiites who were recreating the seventh-century battle of Karbala, a city in present-day Iraq. Ashoura commemorates the death of Prophet Muhammad's grandson, Imam Hussein, in that battle. The explosion killed at least 32 people and wounded 75, two police officers said.

Earlier Thursday, two bombs exploded simultaneously near tents set up to offer food and drinks to Shiites pilgrims passing through Hafriyah, a town about 50 kilometres south of the Iraqi capital, a police officer said.

More than 5,500 people died since April, according to United Nations figures. Thursday's attacks bring the death toll across the country this month to 176.

THE ASSOCIATED PRESS

Travel

## Canada lifts visas for Czechs

Canada has lifted a visa requirement for travellers from the Czech Republic, bringing them in line with most other European countries.

But visas still apply to potential visitors from Romania and Bulgaria because Canada continues to have concerns about human smuggling and organized crime gangs, Immigration Minister Chris Alexander said Thursday.

The issue is significant because Canada and the European Union signed an agreement in principle on a free trade deal last month that still requires the final approval of the EU's 28 member countries.

Canada imposed the visa to block what it called bogus refugee claims by large numbers of ethnic Roma applicants.

THE CANADIAN PRESS

Budapest ban

## Public places not home to homeless

Budapest's city council has banned the homeless from living in many public areas of the city, including playgrounds, train stations, cemeteries, and the Hungarian capital's largest park.

The ordinance passed Thursday allows the fining of homeless people living in the restricted areas. THE ASSOCIATED PRESS

Canna Clinic
Medicinal Cannabis Dispensary
Are You Eligible?
604-558-2454
Open 7 days per week
10am-8pm (Mon-Fri) & 10am-7pm (Sat & Sun)
758 East Broadway · info@mycannaclinic.com
www.mycannaclinic.com

THREE OLIVES® VODKA. 40% ALC/VOL. (80 PROOF). DISTILLED FROM GRAIN. ©2013 PROXIMO SPIRITS, JERSEY CITY, NJ. PLEASE DRINK THREE OLIVES® VODKA RESPONSIBLY.

# SHINE THE LIGHT: FAMILIES OF MURDERED WOMEN SHARE STORIES OF HORROR, HOPE

Each week in Canada, at least one woman is killed by her partner. Hearing the stories of those women is critical to keeping others from facing the same fate, experts say. That's one of the strongest messages behind Shine The Light, a campaign to end woman abuse. Started in London, Ont., four years ago, the initiative is now painting towns across Canada purple during November to show support and urge victims of abuse to step forward. Here, Metro speaks to the families of three women who were victims of what campaign leaders call 'intimate femicide' — deaths when they should have been safe.

MIKE DONACHIE
Metro in London, Ont.

## Paula Gallant, Halifax

Paula Gallant was a Halifax elementary school teacher. In 2005, she was strangled by her husband, Jason MacRae, during an argument about a $700 gambling debt he ran up on a credit card. MacRae then wrapped Gallant's head and face with plastic wrap for 20 minutes, to make sure she was dead.

It took five years for charges to be laid, and MacRae, who's now 40, kept living in the house they shared. He eventually pleaded guilty to second-degree murder and was sentenced in 2010 to life in prison with no parole for at least 15 years.

Gallant's sister, Lynn Blackburn, continues to campaign against woman abuse and wants the courts to take a tougher line.

"We have to take this crime seriously and hand down stiffer sentences, and make it tougher for these folks to get parolled," she said.

She calls Shine The Light "a very significant initiative" in that it shows society that violence against women is more prevalent than many people believe. Blackburn remembers her sister as "a vivacious young woman in the prime of life."

"She was somebody who had a tremendous sense of humour," said Blackburn. "Very quick-witted. Extremely bright. Loved by everybody whose paths she crossed."

## Jocelyn Bishop, London, Ont.

Jocelyn Bishop was shot in 2010 with a homemade handgun — her body buried in a shallow grave dug at her London, Ont., home.

The killer was her common-law partner, Christopher Gale, who didn't tell anyone Bishop was dead until the body was found. Later, he said the 21-year-old had committed suicide. Gale, 32, was found guilty of second-degree murder and received a life sentence last month with no chance of parole for 15 years.

"She was my only sister. She was my younger sister," said Melissa Bishop. "I could be feeling really down and, no matter what, she could make me feel better. She was very compassionate.

"She had a real special love for animals and her friends and family."

The importance of Shine The Light, for Melissa Bishop, is its ability to raise awareness of abuse of women.

"A lot of the time it can just be pushed under the carpet," she said. "I don't think it's taken as seriously as it should be by some people."

And the work needs to continue, she added.

"Let women know that there is help out there," she said. "There are people who care about them and who want them to change their lives and get out of an abusive relationship."

## Shannon Scromeda, Winnipeg

"I think I killed my girlfriend with a hammer," Shannon Scromeda's partner said when he called 911 in April 2008.

Kevin Strong had inflicted 15 blows on Scromeda, 25, a mother and a secretary at Winnipeg's building-services department.

Strong, now 32, pleaded guilty to in 2011 to second-degree murder and received a life sentence with no chance of parole for 10 years.

Deborah Scromeda, Shannon's mother, remembers her daughter with a smile.

"I think if you take everything that you want your daughter to be, that would be how I would describe her," she said. "She was so hard-working in her home and her career. She always had a laugh and a joke. She always had a smile.

"I think the most important thing was she was just a wonderful mom."

Speaking about the Shine The Light campaign, Deborah Scromeda said: "My respect is just beyond words."

She added: "Women can feel strength, and they can see that people care."

Scromeda wants to see more people face up to violence against women.

"It's not fully recognized, how dangerous it is in our country and in our world," she said.

### To get help

- **Women in trouble need to know where to turn. Megan Walker, executive director of the London Abused Women's Centre, says the Assaulted Women's Helpline is a vital resource**
- **Although Ontario-based, the 24-hour, 365-day helpline supports women from around the world and refers them to services in their area**
- **It can be reached at 416-863-0511. Resources are also available at awhl.org**

# GLAMOUR & LUXURY

## In Downtown's Newest False Creek Neighbourhood

# ONE PACIFIC

One Pacific, the first development in False Creek Central, is the fastest selling project in town with over 300 suites now sold. With 2 international hotels, convention facilities, 90,000 sq. ft. of retail amenities and the existing BC Place and Rogers Arena, False Creek Central is destined to become Vancouver's most glamourous and lively neighbourhood. One Pacific is situated in the middle of it all and is just one block from the waterfront and Yaletown. The Riviera Deck features a host of extraordinary amenities including a stunning overhanging glass swimming pool, hot tub, gourmet kitchen with tasting bar and grand dining hall. On the Sky Garden level there is a rooftop garden, barbecue and dining area. The luxury begins with the grand lobby and concierge, extends throughout the amenities spaces and into every suite with over height ceilings, air conditioning, integrated Miele appliances and a selection of opulent finishes. All of this, together with the on-site retail – a café, restaurant and a 25,000 sq. ft. state of the art athletic club – ensures One Pacific residents receive a genuine 5-star living experience.

**LiveOnePacific.com** 604.899.8800

1 Bedroom + Flex Room from $309,900
2 Bedroom + Flex Room from $499,900

**SALES CENTRE:**
88 Pacific Blvd.
(on Pacific at Carrall)

**Open Daily:**
10am - 5pm

**NOW SELLING**

All illustrations reflect the artist's interpretation of the project and do not take into account neighbouring buildings, physical structures, streets and landscape. These matters will be governed by the terms of the applicable Disclosure Statement in each case. Prices and availability are subject to change without notice. Prices quoted are exclusive of any tax and may reflect various inclusions or exclusions in the offer including but not limited to finishing details and parking provisions. Please check with the Developers' representatives for further details. This is not an offering for sale. Any such offer may only be made with the applicable Disclosure Statement and Agreement of Purchase and Sale. Concord One Pacific Limited Partnership.

CONCORD PACIFIC

A man holds an e-cigarette at a pop-up bar in London, England. Physicians and even former opponents are warming to the idea of e-cigarettes, which offer nicotine but not the smoke. LEFTERIS PITARAKIS/THE ASSOCIATED PRESS FILE

# E-cigs A-OK: Doctors

**Conference.** Only 'theoretical' health risks identified; devices set to overtake tobacco

E-cigarettes are almost completely free of health risks, and could save millions of lives, agreed health experts at a London summit to discuss the effects of the device.

E-cigarettes — which work by users inhaling vaporized nicotine — have enjoyed a surge of popularity since they were introduced around the turn of the decade, with around 7 million users in Europe. Nations have moved to crack down, but a growing movement claims they offer more benefits than risks.

"We can recommend that smokers who cannot quit should switch to e-cigarettes," said leading researcher Dr. Konstantinos Farsalinos of the University Hospital Gasthuisberg, Belgium. The risks were less than 1/1,000th of smoking tobacco, he told Metro.

Dr. Farsalinos added that the devices were the most effective tools to quit smoking. "The best alternative before was around 20 per cent. … In my research, up to 80 per cent of participants using e-cigarettes have quit." Medical journal The Lancet found them more effective than Nicorette gum and patches. KIERON MONKS/METRO WORLD NEWS

# Telecom spectrum. Ottawa tells companies to use it or lose it

Telecom companies sitting on licensing rights that could provide more high-speed Internet service to rural consumers are being told to use it or lose it by the federal government.

Industry Minister James Moore said Thursday the government will not renew spectrum licences for those telecom companies that have failed to use them, citing the government's commitment to improving wireless service to Canadians.

"Those that have not used the spectrum will lose it," Moore said in a statement.

Moore said the licences issued for the 2300 megahertz and 3500 megahertz spectrum were for fixed wireless services, which he said was the most affordable way to provide high-speed Internet in rural areas. THE CANADIAN PRESS

**Quoted**

**"If you've been sitting on this stuff for the best part of a decade, you're not going to be deploying it tomorrow."**
Iain Grant, telecom analyst

**Market Minute**

**Dollar** 95.53¢ (-0.05¢)

**Natural gas:** $3.61 US (+4¢)
**Dow Jones:** 15,876.22 (+54.59)

**TSX** 13,431.38 (+60.72)

**OIL** $93.76 US (-$0.12)

**GOLD** $1,286.30 US (+$17.90)

**Bosnia**

## High-speed rail trains to nowhere

They were seen as a shining example of Bosnia's rebirth from war: a fleet of high-speed trains built-to-order in the West. Eight years later, they haven't made a single ride: They're too fast for Bosnia's 60-year-old rails. "It's as if you bought nine Ferraris and … no roads to drive them on," said Samir Kadric, an official with the publicly owned railway company responsible.

Not only are the tracks too old, Kadric explained, there's no money to maintain them, meaning they just decay as they sit idle. THE ASSOCIATED PRESS

**Random biz fact of the day**

**33%**

33 per cent of employers said they don't follow up with candidates they interviewed with to let them know they didn't get the job. CAREERLEAF/NEXCAREER


**Do you have Lower back pain?**
**Get it Fixed Today!**
**Phone 604-688-0724**

Dr. Trevor Kilian

**For the next 10 Days, I am running a SPECIAL OFFER.**
**Regular price = $150. You pay just $40! (Total savings = $110)**

This offer includes EVERYTHING I provide to all my new patients, beginning with an in-depth consultation about your health and well being, where I listen... really listen... to the details of your case. It also includes :

- ✓ A complete POSTURE ANALYSIS.
- ✓ A complete SPINAL EXAMINATION including Range of Motion, Orthopedic Tests and Palpation of the spine.
- ✓ FULL SET OF Digital X-RAYS. (Saving you $100!)
- ✓ A complete REPORT of FINDINGS so we can start mapping out your plan to be pain free.

**"When I started with Dr. Kilian I was experiencing intense pain in my lower back. Thankfully, I made the decision to start care. Now my back is feeling better and I've noticed unbelievable changes in my health I was not expecting... I love chiropractic.**
*Tom Dickens*

**Call us today to fix your back!**
**604-688-0724**
555 Burrard Ave.,
Unit 205 (mall level), Two Bentall Centre
**www.kilianchiropractic.com**

Bentall Centre

KILIAN CHIROPRACTIC

**Go Public!**

Vancouver public schools have so much to offer:
- a true sense of community with the widest choice of high quality programs
- dedicated and highly trained teachers in your own neighbourhood.

All students are welcome!

VESTA Vancouver Elementary School Teachers' Association
VDSC Vancouver District Students' Council
VSTA Vancouver Secondary Teachers' Association

# Douglas Coupland

Douglas Coupland's latest novel, Worst. Person. Ever., is available from Random House Canada.

Day 10

metronews.ca/temp

**Arrested development**

## With careers so sluggish they are Generation Wait

U.S. mobility for young adults has fallen to the lowest level in more than 50 years as cash-strapped 20-somethings shun home-buying and refrain from major career moves.

The new Census Bureau figures underscore the impact of the sluggish economy on young people whom demographers refer to as "Generation Wait."

Burdened with college debt or toiling in low-wage jobs, they are delaying careers, marriage and having children. Waiting anxiously for their lucky break, they are doubling up with roommates or living with mom and dad. THE ASSOCIATED PRESS

## Sound familiar?

Nashville resident Jeremy Bills, 27, (pictured) has stayed put in his college town in hopes of finding a job in management consulting or human resources. Instead, he has mostly found odd jobs like pulling weeds and dog-sitting.

"I'm constantly looking for other jobs," he says. THE ASSOCIATED PRESS

# Temp Enjoys Cocktails With The Danimal

It was after 5:00 and I was getting ready to call a cab when a flower delivery arrived — a jumbo tropical parade float that put my mind immediately to rum drinks. The Danimal passed through as I was opening the envelope. "Who's that for?" he asked.

I opened it and we both read it at once: "To most beautiful temp for glorious mcfunburry dinner. return from china very soonly." I wasn't sure how to play this.

"Shannon, is there something I should know?"

"Huh?" God, not the mating panda thing again. "No!"

"That's not what I meant."

"What did you mean?"

"I saw you and Xu Junior yacking it up in the parking lot. Don't think I believe the fortune cookie English thing for a minute."

"Oh."

"Yes, oh."

I tried casually to put on my jacket. Danimal said, "Come for drinks with me. It's not a pick-up. Yes, my wife's in Florida getting her lips done, but you know that. I just don't want to go home yet, not after today."

"Where's Andy Kimura?"

"We hate each other. I don't care where he is. It's one of the reasons we're selling."

A motherlode of potential office gossip was too big to ignore. "OK, but I don't go with married guys. Period."

"It's not about that. Let's go to that bar beside McFunbury's.

"The Executive Privilege Short-Term Corporate Lodging Good Time Experience?"

"That's the place. 'The Priv.' We have a deal with them."

Drinks at The Priv started badly. Danimal guzzled a double scotch and I got stupid on a rum punch. He got philosophical about cars, the way guys do. "Kevin's Shelby depressed the crap out of me. I looked at it and all I thought of was how it's too late to fix whatever bit of the economy is left after having shipped it all off to China. Think of Michigan: ten million primates needing 2,500 calories a day sitting on a cold rock in the middle of the North American continent, with nothing to do all day. A recipe for disaster. Bartender!"

More drinks. More philosophy. "Shannon, Detroit is our existential boogieman. Detroit forces us to ponder the meaning of being alive: we wake up, we do something, we go to sleep, we repeat it about 22,000 more times, and then we die."

**Drinks at The Priv started badly. Danimal guzzled a double scotch and I got stupid on a rum punch.**

I looked across the bar: Sarah and Kyle were coming in and they'd obviously just been ... frisky with each other.

Danimal was being maudlin: "I don't care if you're spying on TWK for the Chinese. I just want the old system back."

Dan and Sarah locked eyes. So did Kyle and I.

"Sarah?" said Danimal ... "This place is our place. You brought someone else here?"

"What about you, Romeo?"

Kyle looked at me... "Shannon?"

"It's not what you th—" I turned to Danimal, "Spying for the Chinese? Are you nuts?"

Caramba, what a mess.

TO BE CONTINUED...

**Random fact of the day**

- Jedi became the second-largest religion in New Zealand after an email campaign ahead of the 2001 census.

SOURCE: OMG-FACTS.COM

**Random biz fact of the day**

## 80%

Get some business cards and polish up your online profile — 80 per cent of jobs are secured via networking.

SOURCE: NEXCAREER

You Can
WIN
A Galaxy Tablet
Plus a Complete
TEMP
Survival Kit

FIND the ads from the world of TEMP for Mister McFunbury's, The Priv, and Taylor, Wagner & Kimura Filter Systems in your copy of Metro or at metronews.ca

ENTER the ad code at clubmetro.com

WIN the ultimate TEMP prize pack!

For full contest details please visit clubmetro.com

Right now, it's warm. Somewhere else.

No annual fee for the first year. Plus, get 15,000 bonus points.[1] Apply today.

www.scotiabank.com/travelfreedom

You're richer than you think.®*

Scotiabank®*

®* Registered trademarks of The Bank of Nova Scotia. ® American Express is a registered trademark of American Express. This credit card program is issued and administered by The Bank of Nova Scotia under license from American Express. [1] The 15,000 Scotia Rewards bonus points are awarded when you use your Scotiabank Gold American Express Card for a purchase within two months of open date and provided the account is open and in good standing. The points will appear as an adjustment on your Scotiabank Gold American Express Card statement within two statement cycles of your first card purchase. Offer applies to new accounts opened by March 31, 2014. The introductory annual fee waiver only applies to the initial annual fee for the primary and additional cards. The Scotiabank Gold American Express Card regular interest rate is 19.99% for purchases. For cash advances, balance transfers and Scotia Credit Card Cheques the interest rate is 21.99%. The regular annual fee is $99 per year for the first card issued on the account; additional cards are charged an annual fee of $29 per year per card when issued regardless of card activation and will be billed to your first statement and once a year thereafter. Offer applies to new accounts opened by March 31, 2014. Any additional cards must be issued by March 31, 2014, to qualify for the offer. Rates and fees are as of September 1, 2013 and are subject to change without notice.

# FORD OVERSHADOWS, WELL, EVERYTHING

THE METRO LIST

**Paul Sullivan**
metronews.ca

**1 Had enough of me yet?** The slow-moving political train wreck that is Rob Ford continues as the world watches, aghast and helpless. Drug /alcohol/escorts/assaults/ murderous threats — at this point, is there any bad thing the mayor of Toronto has not allegedly done? And yet, like the Black Knight in Monty Python and the Holy Grail, the Big Fella insists it's just a flesh wound. As one protest sign outside city hall suggests: It's time to either step aside … or fall over.

**2 And then there's this typhoon.** Not Hurricane Rob, but the very real and tragic Typhoon Haiyan. We all knew the worst storm ever was going to wreak havoc in the Philippines and it has. Thousands have died and more than 600,000 are homeless in the wake of the storm. Unless relief aid gets to the people who need it soon, the situation will get much, much worse. Is it just me, or is the worst thing about the Rob Ford Clown Show the fact that it's distracting us from helping those who really need help?

**3 Meanwhile, back at the palace.** Happy birthday to Prince Charles, who turned 65. That's nothing. His mum is 87 and appears to be no less robust than her mum, who made it to 101. He already has the record for the longest wait to be crowned the King of England. How very strange it must be to spend your entire life waiting for your mother to die so you can assume the role you're born for. Too bad Shakespeare's not around anymore — he'd have a field day with this one.

**4 He may not know art…** but he sure likes Andy Warhol. Some Rich Guy (Woman?) paid $105 million US for a Warhol painting of a car crash, complete with dead body spread across the wreckage. Nice! Oddly, this wasn't the most spent on a single painting this week. That honour goes to a 1967 work by Francis Bacon called Three Studies of Lucien Freud, which sold for a world record $142.4 million US. I just went out and bought a set of paints and brushes. Gonna get me some of that.

**5 Freedom Towers over Manhattan.** New York is once again officially the home of North America's tallest building, the 1,776-foot Freedom Tower. It replaces the Twin Towers demolished in 2001 by Osama Bin Laden's air force. Western Civilization, 1, Forces of Chaos, 0.

Follow The Metro List on Twitter @TheMetroList

## ZOOM

# Chilly conditions for activists

MICHAEL SOHN/THE ASSOCIATED PRESS

### Imprisoned protesters honoured

Portraits of Greenpeace activists are frozen in ice cubes in front of the headquarters of Gazprom Germany in Berlin, Thursday, during a Greenpeace protest against the imprisonment of 28 activists, a Russian photographer and a British video journalist.

The 30 people were arrested following a protest at a Russian oil rig in the Arctic.

Among the detainees are two Canadians: Paul Ruzycki of Port Colborne, Ont., and Alexandre Paul of Montreal.

In late October, Russia dropped piracy charges, which carry a sentence of up to 15 years. The 30 are now charged with hooliganism, which carries a maximum sentence of seven years.

THE ASSOCIATED PRESS

### Paul McCartney asks for resolution

Paul McCartney is urging Russian President Vladimir Putin to release the captors.

In a letter addressed "Dear Vladimir," the former Beatle tells Putin that he wrote the song Back in the U.S.S.R in the 1960s, "back when it wasn't fashionable for English people to say nice things about your country."

Quoting the song's line "Gee it's good to be back home," McCartney asks: "Could you make that come true for the Greenpeace prisoners?"

"…It would be great if this misunderstanding could be resolved and the protesters can be home with their families in time for Christmas…" @PaulMcCartney tweeted Thursday. He posted the letter to his website.

THE ASSOCIATED PRESS

## Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

**Among some of the better games released to the App Store last month are an addictive noir mystery, classic pinball based on a classic franchise and an absolute gem of an RPG parody.**

CONTRIBUTED

### Device 6:

The best slice of interactive fiction to show up on iOS in quite a while, Device 6 puts you in control of Anna after she wakes up in a mysterious castle. As you guide her from room to room, the story and gameplay unfold through text that's creatively written to take advantage of the iPhone's capabilities. The story, the sound design and the puzzles — everything about this game is beautifully polished. (iOS/$3.99)

### Star Wars Pinball 2:

From the developers of Zen Pinball, the first Star Wars tables that came out a few months ago are being complemented by a few new releases. If you've never played a Zen pinball game before, you're missing out on some of the best physics and highest concepts ever used in digital tables. Purchasing the app gets you one table with the option to buy others. For my money, they don't get better than Starfighter Assault and The Clone Wars. (iOS/$1.99)

### Doom & Destiny:

If you can get over the feeling that you're being gently mocked the entire time, this parody of classic role-playing games that features four friends who somehow get sucked into a fantasy world where everybody is under the impression that they're legendary heroes sent to save a princess … of course. The controls are tight, the battles are varied and the story plays out like a comedy script, and not just a bunch of in-jokes. However, we're still unsure if the litany of grammar errors are part of the gag or actual sloppiness. (iOS/$2.99)

## Twitter

**@metropicks asked: A Moscow subway accepts 30 squats as payment for 1 transit ride. What exercise would you do for free entry onto transit?**

**@Blondefit_:** 30 burpees!

**@aaronenetic:** pull ups on the handle bars

**@Cazzy:** Will twerk for duration of ride

**@keepitbrutal:** Piggy backing a stranger through the turnstile.

**@thesmiliest:** Can't we just smile at them? Squats make my legs hurt.

**@CALanuza:** Pick up the leftover Newspaper and some lil garbage… #yyc

**Follow @metropicks and take part in our daily poll.**

**WE WANT TO HEAR FROM YOU:** Send us your comments: vancouverletters@metronews.ca

metro

**President** Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Vancouver** Jeff Hodson • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Chris Mackie • **Distribution Manager** George Acimovic • **Vice-President, Sales and Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO VANCOUVER** 375 Water Street - Suite 405 Vancouver, BC V6B 5C6 • **Telephone:** 604-602-1002 • **Fax:** 604-648-3222 • **Advertising:** 604-602-1002 • adinfovancouver@metronews.ca • **Distribution:** vancouver_distribution@metronews.ca • **News tips:** vancouver@metronews.ca • **Letters to the Editor:** vancouverletters@metronews.ca

**Cronenberg**

**Have you ever wondered what a Mugwump looks like up close? How about the telepod that transformed Jeff Goldblum from man to insect? If you are a fan of Naked Lunch, The Fly or of David Cronenberg in general, you'll want to make like the Reel Guys and head to the TIFF Bell Lightbox in Toronto to check out an elaborate and comprehensive exhibit detailing the director's storied career. The show runs until Jan. 19, 2014, and presents an unprecedented look in to the mind and career of one of our greatest filmmakers. To prime the pump, the Reel Guys suggest some must-see Cronenberg films if you can't make it to the exhibit.**

Dead Ringers is a creepy Hitchcockian thriller with Third Reich overtones. CONTRIBUTED

**Reel Guys**

RICHARD CROUSE AND MARK BRESLIN

# An ode to Cronenberg

**Look back.** Visionary filmmaker gets his own exhibit in Toronto and the Reel Guys take a walk through his filmography to pick their favourites

**Richard:** I am an unabashed fan of David Cronenberg. I felt like a kid in a candy store — or should that be an entomologist at a larvae convention? — at the exhibition and I regularly revisit his movies on DVD. One that always gets overlooked is Spider, a trip into the mind of a severely mentally disturbed man starring Ralph Fiennes. Fiennes is great in a virtually dialogue free performance but it is Miranda Richardson as several characters — all the women in Spider's life — who really steals the show. It's a spooky and cerebral thriller.

**Mark:** Spider was never one of my favourites although it does have a great twist ending. My thoughts on the Cronenberg oeuvre — and they're almost all great — is how ahead of his time he's been on our relationship to technology. When Videodrome came out, it was dismissed by a lot of critics. Now we live its reality every day. Same with Existenz. Both visionary films that prove how far ahead of the curve the director can be. But I think the quintessential Cronenberg film is Dead Ringers — a creepy Hitchcockian thriller that has Third Reich overtones of medical experiments and twins — and also because Cronenberg himself looks like a gynecologist harboring a terrible secret.

**RC:** I also have a soft spot for The Brood. It's probably Cronenberg's most traditional horror film, and I take delight in loving a movie Leonard Maltin rated a "Bomb." Featuring Oliver Reed as an experimental psychotherapist, Samantha Eggar as a fetus-licking mother and murderous psychoplasmic offspring, it is the very stuff that nightmares are made of. It's lesser seen than The Fly or Dead Zone and way more down-and-dirty, but for sheer scares it's hard to beat.

**MB:** I like the brood but I prefer the Dead Zone even though legend has it that Cronenberg regretted doing a movie with all the incumbent studio interference. Know what? It still works. But Cronenberg will forever be one of my favourite directors if for no other reason than breathing life into Naked Lunch. A book I should have loved but could never get through — until I saw the film.

**RC:** He's audacious. He made an unfilmable book filmable and opened a lot of people's minds to reading author William S. Burroughs.

**MB:** He did the same thing with Cosmopolis, although I must say I didn't need to see Rabid to appreciate Marilyn Chambers.

The MadHatter's Superstore
COMFORTER CLEARANCE
FASCINO travel & leisure
Ashley Manor
LIVING HOMEWEAR
DON'T PAY $99
ANY SIZE ASHLEY MANOR 3-PIECE COMFORTER SET
OUR PRICE $29.95
YOUR TRUSTED COMMUNITY STORE!
UNDERWEAR, COSMETICS, LINEN, LUGGAGE, SCARVES, HANDBAGS, MENS TIES, HATS AND MORE!
CENTRAL CITY SURREY | KINGS CROSS SURREY | SCOTTSDALE MALL DELTA | INTERNATIONAL VILLAGE VANCOUVER | 692 SEYMOUR STREET @ W GEORGIA VANCOUVER

# THE CATCHING FIRE GUIDE

The Hunger Games sequel finds hero Katniss Everdeen back in the arena, competing with ex-winners. Here's what else you need to know.

NED EHRBAR
Metro World News

## The new director

Catching Fire finds a new man behind the camera, with Francis Lawrence taking over for Gary Ross.

"One of the things that I wanted to make sure of was that there was still an esthetic unity to all of the movies," he says. "I thought Gary did an amazing job with the world-building in The Hunger Games, so we worked with the same production designer to make sure that the Capitol was still built from the same architecture, that District 12 still had the same almost 1930s Appalachia feel."

"He was able to expand the world while still staying very true to a character-based, emotionally honest approach," says producer Nina Jacobson, who has Lawrence directing the next two films.

## Why we need Katniss

**Elizabeth Banks on the lack of strong female heroes:**
What makes The Hunger Games great, to hear Elizabeth Banks explain it, is that Katniss Everdeen is a "badass female protagonist." And the actress who plays her isn't too shabby, either. "Jennifer is an amazing actress who gets amazing roles, and I wish that she gets them always and forever for the rest of her life," says Banks, who co-stars as fancy-pants minder Effie Trinket in the film series. "I've been doing it a little longer, and I know there are a lot of girlfriend roles out there and a lot of wives and a lot of supporting roles that are less interesting than Katniss.

"I hope that she gets to play Katniss-level roles for ever and ever. They're rare, and I think with this movie, (and) Gravity — I'm so excited to be seeing such amazing, strong female role models in the movies for the 50 per cent of the moviegoers who are ladies."

## Talk about a revolution

**Donald Sutherland and Jeffrey Wright discuss the movie's politics:**
The Hunger Games is entertainment, sure, but there are some interesting political messages buried in there for young audiences. And for Donald Sutherland, who co-stars as the villainous President Snow, that was the real appeal. "It was essential for me personally that I somehow found my way to become a part of this because it more clearly represents the dangers of an oligarchy of the privileged than anything I've seen for a long, long time," he says.

Jeffrey Wright, who joins the series in Catching Fire, thinks the political power of The Hunger Games goes beyond warnings about the one per cent run amok. "I think what's fascinating about the movie is that it's kind of this universal spectrum that allows anyone to insertthemselves into the world and really express their own perspective and their own politics within it," he says. "The politics for the young people in the movie are very simple. They're politics around hope, family, security, love and all of these very simple, universal themes that we all relate to."

Richport FORD

JUDY'S TIP OF THE WEEK

The only person you should try to be better than is the person you were yesterday!

Judy Jobse, Service Manager

Hours of Operation Mon-Friday 7:30-5:30

THE WINTER WORKS SPECIAL

$189.95 + taxes

INCLUDES INSTALLATION OF WIPERS

WITH COOLANT FLUSH GREEN OR COLD, DRAIN & FILL

(Oil lube filter, multipoint inspection, rotate tires, check brakes, check battery)

ASK ABOUT OUR OWNER REWARDS PROGRAM

READERS' CHOICE AWARDS 2012 RichmondNews

Service department @ 604-273-7729. 13580 Smallwood Place, Richmond Automall

*Ask us about our Owner Rewards Program • Effective Nov 1 - 30, 2013. Coupon must be presented at time of sale. No cash value.

# Meet the new kids

**New face:** Finnick Odair (played by Sam Claflin)
**Who he is:** An attractive and agile former contestant not above using his looks to get what he wants.
**Downside of popularity:** "As much as there was a fair bit of negativity when I was cast initially, I think now a few people have been turned, and my goal is to obviously turn the world. That's what Finnick's goal is, as well, so I guess that I have that in common with him," says Claflin. "Approaching a character that is described as some kind of god was kind of tough, to say the very least. I had to go through some huge physical transformations, (including) a shaved chest."

**New face:** Johanna Mason (played by Jenna Malone)
**Who she is:** An ax-wielding loose-cannon of a Hunger Games victor with a flair for the dramatic.
**What makes her special:** "What I thought was so amazing about Johanna Mason is that she doesn't sugar-coat and she is hard core and truthful and violent and angry, and all of those things are not just cool aspects of her," says Malone.

"I don't really think there's anything that's (just for the sake of being) a badass thing. I think it's actually a survival technique, and I think that's a really interesting thing to talk about for young women; to understand that they can take on tools and personality traits that may not be their own, but they can use them in forms of survival to be able to sort of elevate themselves in the world."

# Dystopia: So hot right now

**Books, movies and TV shows angling to be the next Hunger Games:** Can't get enough of the dark, foreboding future of The Hunger Games? Well, plenty of authors and filmmakers are hoping so, as there are a number of other properties out there tapping into our current obsession with a bleak future.

The NBC series Revolution is now in its second season. CONTRIBUTED

**Divergent:** Both a book series and a forthcoming (presumed) film franchise, this one also has a plucky female protagonist, Tris, in a future world divided up into sections — this time by moral code. You can read the books or wait for the first film, starring Shailene Woodley and Theo James, in March.

**Revolution:** NBC's series about survivors of a world suddenly gone electricity-free is well into its second season, and even features a young girl who's handy with a crossbow.

**The Maze Runner:** Think of it as The Hunger Games but without the girl. The boys in the mysterious "glade" contend with monsters and mazes in search of freedom. Again, if reading isn't your thing, there's a movie adaptation out next year.

**Proxy:** Alex London's novel also takes place in a nightmare future U.S. of sorts, this time with the Haves employing the debt-laden Have-Nots to suffer their punishments for them as "proxies." And on top of all that, its main proxy protagonist, Syd, is gay. There's a second book due next spring.

Tech

## *Delightful Death Star*

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

**Star Wars: Tiny Death Star iPhone/iPad/Android Free-To-Play**
Vader has rented out the Death Star to condos, cafés and stores, making it your job to keep Imperial workers happy. A delightful game with adorable, retro graphics and sly humour.

# A new poised, mature JLaw? Don't bet your Grubby Paws

**Celeb deportment.**
The Hunger Games star really meant to be less goofy this time around, but as she tells Metro, it's not working out

NED EHRBAR
ned.ehrbar@metro.lu

**I love the haircut.**
Thank you. I know, I'm like a cat back from the groomers where I'm so insecure. I need as much positive reinforcement as I can get.

**As soon as something went up about your haircut, someone online chimed in with, "It must be a wig."**
Yeah, I know. That's just how it works. The most important thing is to not read it, Jennifer! I'm really good at it. The only time that it does happen is when I'm with friends. I have two friends that are avid Googlers. They basically do what I would do if I didn't have the self-esteem. They're like, "What is everybody saying about Jennifer?" It's sweet; they care.

When my Dior photos came out, I hadn't seen them so they looked them up on whatever website with all these comments, and I saw the comments and I was like, "I can't stop myself!" I started scrolling and it was like, "She's so conceited!" "She's a pig and I hope she dies!"

**Never read the comments.**
Exactly. I was like, "I'm sorry if I look conceited — I understand — in Dior couture clothes. But I didn't get to keep them. Why would you want me to die?" But that's just how the world works. I'm not going to get worked up about it.

Pixie 'do

**"I know, I'm like a cat back from the groomers where I'm so insecure."**
**Jennifer Lawrence** on her new haircut

**Can I tell you the most ridiculous thing I've read about you?**
Yes!

**There was this inside Hollywood post on Reddit where someone wrote, "Jennifer Lawrence employs a professional joke-writer."**
Employs a professional joke-writer? Oh my God, that is my biggest fear with this new (Hunger Games movie), because we're doing (press junkets) again.

Last night I was laying in bed going, "Everybody's obviously going to get sick of it, the goofy, crazy (stuff). It was maybe funny for one season, but if it just continues everybody's going to be like, 'OK, calm down.'

So I, like, tried to make a conscious effort to be poised and mature this time around. I was like, "I have to change myself."

**How's that working out?**
It's not. But I just have this thought that everybody's going to think it was perfectly planned. That actually goes into my nightmares. If I had read that, I would've been like, 'Oh my God, how do I prove that it's not true?'

But it will exhaust me. I'm so anxious and high-strung, and I'm such a worrier anyway that I've gotten good about making a wall of the things that I can't (deal with). I'm like, "I can't even begin to worry about you right now. I'm already worried about cancer."

**I worry about cancer.**
Yeah, everybody does. And then worrying gives you cancer. Everything does.

**You've been very outspoken about body image issues and negativity.**
We need to go easy on each other. And the media is so responsible for it. The worst part is that they pretend they aren't responsible for it. They're like, "It's the real world." Everybody puts that defence up of, "Oh, this is just the way the world works." But what if we said that in the '40s and '50s when black people had to use different bathrooms? "Sorry, welcome to the real world." Until you stand up for something and change it, the world isn't going to change.

Jennifer Lawrence reprises her role as Katniss Everdeen in The Hunger Games: Catching Fire. CONTRIBUTED

**Have you ever come up with weird nicknames for parts of your body?**
No, I haven't. Should I?

**For instance, I've been referred to — affectionately — as Sausage Fingers.**
Oh my God! I'm Grubby Paws because I have sausage fingers too! Cool (high-fives)! Can you get liposuction in your fingers? I need to find a surgeon who will do that. My feet are very individual. My giant shoulders, at least they'll protect me.

**What's the most inappropriate thing you've done with your Oscar?**
I put it in a closet by my bathroom — but only because it made me feel weird to look at it because I was like, "What am I supposed to feel? Am I feeling what I'm supposed to?" It made me over-think in my own house.

And then I didn't want anybody who's coming over (to see it). The last thing I want you ... to be is intimidated. So it's with my parents now. My mom can intimidate people.

FROM THE CREATORS OF "TANGLED" AND "WRECK-IT RALPH"
Disney
FROZEN
NOVEMBER 27
IN 3D AND REAL D 3D
Enter for your chance to
WIN
the Ultimate Family Winter Getaway!
The Grand Prize of a Family Trip for four to Québec Winter Carnival
OR
Secondary prizes of passes to the Advanced Screening of
Disney
FROZEN
In Theatres Nov. 27
Ville et région Québec City and Area
VISIT clubmetro.com TO ENTER
Québec Winter Carnival
© 2013 Disney
No purchase necessary. Terms & conditions apply. For full contest details and conditions, visit clubmetro.com

# Film's family theme rings true for Canadian actress Cobie Smulders

**Touched by tale.**
Actress says Delivery Man's story of a man with 533 children has universal appeal

RICHARD CROUSE
scene@metronews.ca

Cobie Smulders stars in Delivery Man. THE CANADIAN PRESS

In a recent tweet-a-thon to promote Delivery Man, Cobie Smulders teased that people should go see the film because Chris Pratt gets naked.

"He doesn't get naked," she says a week later, admitting to the fib.

"That was very overwhelming. I had never done that before. There were 9,000 tweets and I didn't know what to do."

The Canadian-born How I Met Your Mother actress stars opposite Vince Vaughn in a remake of Starbuck, a popular French-Canadian film about a man who finds personal redemption when he learns he is the father of 533 children.

"I went into watching Starbuck and then reading this script, like, '533 kids … from a sperm donor! What's this going to be?'

"It's still super funny, but I found myself affected by the way he connected with the children. Going out and doing a good deed and having it affect somebody in a positive way. I've always believed when you do good, you get good in return."

The sweet, uplifting message of Delivery Man struck a chord with Smulders, who says she "related to it on a parental level. I'm a mom myself and I think it touched upon so many themes of family."

**Drama**

## How I Live Now

**Director.** Kevin MacDonald

**Stars.** Saoirise Rohan, Tom Holland

Manhattanite Daisy is shuttled off to her relatives' English farm on the eve of a third world war. She bristles against her step-cousins' carefree attitudes, but comes around after falling for eldest Edmond as fighting breaks out. Separated by the army, Daisy and little cousin Piper set out for home in hopes of finding their family. Filled with hauntingly beautiful imagery, director Kevin MacDonald paints a vivid portrait.

IAN GORMELY

**Drama**

## Kill Your Darlings

**Director.** John Krokidas

**Stars.** Daniel Radcliffe, Dane DeHaan

Daniel Radcliffe sheds his Harry Potter cloak by portraying Allen Ginsberg in this true-life story set in the early lives of the beat generation poets. After meeting a rebellious student (rising star Dane DeHaan), Ginsberg is unwittingly dragged into an act of murder that helps shape his life. For fans of the mid-century counterculture movement, Darlings will be warmly welcomed.

STEVE GOW

**Documentary**

## Slaughter Nick for President

**Director.** Rob Stewart

Struggling actor Rob Stewart was seriously questioning his career choice when he realized through Facebook that a 90s TV show he'd starred in had made him a household name in Serbia. Documentary Slaughter Nick for President is about Stewart's ensuing trip to the country, where the small-time actor learned just how Nick Slaughter, his cheesy detective, had been a crucial respite from the horrors of war in the early 1990s.

MANORI RAVINDRAN

**Comedy**

## The Best Man Holiday

**Director.** Malcolm D. Lee

**Stars.** Monica Calhoun, Morris Chestnut

The Sullivans, NFL legend Lance (Morris Chestnut) and wife Mia (Monica Calhoun), plan on a happy Christmas holiday when they invite their closest friends — Taye Diggs, Nia Long, Regina Hall and Terrence Howard — over for the Christmas holidays. Instead, old rivalries flare before a tragedy reminds everyone what friendship is all about. This is a film built for audiences who enjoy the vulgar rowdiness of reality TV.

RICHARD CROUSE

ARE YOU SUFFERING?
WE CAN HELP!
POWERFUL AMAZONIAN SHAMAN WITCH, HEALER, AND ADVISER
- Bring back loved ones regardless or circumstances and distance
- Reveals the face of the enemy
- Heals all kinds of diseases
- Gets rid of bad luck and addictions
- Solves personal and business problems
- Cleanses houses and businesses
- Destroys all negative influences and witchcraft
- Readings of Tarot, Tabacco, Palm and Aura
HE HELPED US!
Inspite of our race difference we fell in love with each other but all of the sudden she was always fighting with me and rejecting me. I went to see the Shaman and he proved to me that there was black magic between us and showed my ex's face. The Shaman saved our relationship.
- Luais & Pricea
100% GUARANTEED
EVERY PROBLEM HAS A SOLUTION, ALL DISEASES HAVE A CURE
I ONLY ACCEPT DIFFICULT CASES
778-709-2504 CALL NOW

**THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV.15 TO THURS., NOV. 21 TIMES ARE SUBJECT TO CHANGE.**

### Dunbar Theatre
### 4555 Dunbar Street

Ender's Game (PG) Sat-Sun 2
Gravity 3D (PG) Fri-Sun 4:30-9:20 Mon-Wed 9:20
How I Live Now (14A) Fri-Thu 7
The Hunger Games: Catching Fire (PG)

Thu 10

### Fifth Avenue Cinemas
### 2110 Burrard Street

12 Years a Slave (14A) Fri-Thu 12:40-3:40-6:40-9:40 About Time (PG) Fri-Thu 12:55-4-7-9:50
Captain Phillips (PG) Fri-Wed 12:30-3:30-6:30-9:30 Thu 12:30-3:30-9:40
Gravity 3D (PG) Fri-Thu 1:10-4-6:50-9:15
Kill Your Darlings (14A) Fri-Wed 1:20-4:15-7:15-10 Thu 1:20-4:15-7:15-10:15

### Scotiabank Theatre
### Vancouver 900 Burrard St.

Captain Phillips (PG) Fri-Sun 12:45-4-7:10-10:20 Mon-Thu 1:05-4:10-7:15-10:20
Ender's Game (PG) Fri-Sat 1:30-2:15-4:15-5-7-7:45-9:45-10:35 Sun 1:30-4:15-5-7-7:45-9:45-10:35 Mon 1:20-1:50-4:15-4:45-7:30-10:15 Tue 1:20-1:50-4:15-4:45-7-7:30-9:45-10:15 Wed 1:20-1:50-4:15-4:45-7:30-10:15 Thu 12:45-1:20-3:25-4:15-6-7-9:45
An Evening With Crystal Pite (PG) Sun 12:55 Gravity 3D (PG) Fri-Sun 12:30-12:50-2:45-3:10-5:05-5:35-7:25-8:05-9:50-10:30 Mon-Tue 1:10-2:40-3:25-5-5:40-7:20-8-9:50-10:25 Wed 1:10-2:15-3:25-4:35-5:40-8-10:25 Thu 1:10-2:40-3:25-5-5:40-8-10:25
The Hunger Games: Catching Fire (PG) Thu 9 Thu 8:30 Thu 8
Jackass Presents: Bad Grandpa (14A) Fri-Sun 1:10-3:30-6-8:20-10:45 Mon-Thu 2:30-5:05-7:35-10:05
The Metropolitan Opera: Eugene Onegin - Encore (STC) Sat 9 Mon 6:30
Thor: The Dark World (PG) Fri 1-3:50 Sat 11-1-3:50 Sun 1-3:50 Mon 1:30-4:20 Tue 1-3:50 Wed 2-4:50 Thu 1-3:50
Thor: The Dark World 3D (PG) Fri-Sun 6:40-9:30 Mon 7:10-10 Tue 6:40-9:30 Wed 7:10-7:40-10-10:30 Thu 6:40-7:40-9:30-10:30 Fri-Sun 2:20-5:10-8-10:50 Mon-Tue 2-4:50-7:40-10:30 Wed 12:40-3:30 Thu 2:30-5:30 Fri-Sun 1:40-4:30-7:20-10:10 Mon 12:45-3:30 Tue 1:30-4:20-7:10-10 Wed 1-3:50 Thu 2-5

### Esplanade 6

### 200 West Esplanade

Ender's Game (PG), Fri 6:40-9:20, Sat-Sun 12:40-3:40-6:40-9:20, Mon-Thu 6:40-9:20 Gravity (PG), Fri 9:55, Sat-Sun 4:20-9:55, Mon-Thu 9:55
Gravity 3D (PG), Fri 7:10, Sat-Sun 1:10-7:10, Mon-Thu 7:10
Jackass Presents: Bad Grandpa (14A), Fri 6:50-9:50, Sat-Sun 1:20-4:10-6:50-9:50, Mon-Thu 6:50-9:50
Thor: The Dark World (PG) „ Fri 7-7:20-10 „ Sat-Sun 1-1:30-4-7-7:20-10 „ Mon-Thu 7-7:20-10
Thor: The Dark World 3D (PG), , Fri 6:30-9:30-10:10, , Sat-Sun 12:30-3:30-4:20-6:30-9:30-10:10, , Mon-Thu 6:30-9:30-10:10

### Park & Tilford
### 333 Brooksbank Ave.

12 Years a Slave (14A) Fri 6:45-9:45 Sat-Sun 12:30-3:30-6:45-9:55 Mon-Thu 6:45-9:45 Star & Strollers Screening Thu 1
About Time (PG) Fri 7:05-9:55 Sat-Sun 1:30-4:20-7:10-10 Mon-Thu 7:05-9:55 Star & Strollers Screening Thu 1
Captain Phillips (PG) Fri 6:55-9:50 Sat-Sun 1-4-6:55-9:50 Mon-Thu 6:55-9:50
The Counselor (14A) Fri 7:15-10 Sat-Sun 1:40-4:30-7:15-10:05 Mon-Wed 7:15-10
Free Birds (G) Sat-Sun 12:45
Free Birds 3D (G) Fri 7-9:10 Sat-Sun 3-5:15-7:30-9:40 Mon-Wed 7-9:10 Thu 6:15 The Hunger Games: Catching Fire (PG) Thu 8-8:30
Last Vegas (PG) Fri 7:20-10 Sat-Sun 2:30-5:05-7:40-10:15 Mon-Wed 7:20-10 Thu 10:20
Out of Africa (STC) Thu 7

### SilverCity Riverport
### 14211 Entertainment Way

12 Years a Slave (14A) Fri-Sun 12:45-4-7:10-10:25 Mon-Thu 1-4-7-10:05
About Time (PG) Fri-Tue 1:30-4:30-7:30-10:25 Wed 1-4-6:45-10:25 Thu 4:30-7:30-10:25 Star & Strollers Screening Thu 1
The Best Man Holiday (14A) Fri-Sun 1:40-4:40-7:40-10:40 Mon-Wed 1:20-4:20-7:20-10:20 Thu 1-3:50-7-10:30
Captain Phillips (PG) Fri-Thu 1:05-4:15-7:20-10:30
Cloudy With a Chance of Meatballs 2 (G) Fri-Sun 12:10 Mon-Wed 2:40 Thu 1:30
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 2:40-5:05-7:35 Mon-Wed 5:05-7:35 Thu 3:55
Delivery Man (PG) Thu 9:30
Ender's Game (PG) Fri-Sun 2:15-5-7:45-10:30 Mon-Wed 2:15-5-7:45-10:25 Thu 5 Thu 7:45-10:25 Star & Strollers Screening Thu 1 Ender's Game: The IMAX Experience (PG) Fri-Sun 12:55 Mon-Thu 1
Escape Plan (14A) Fri-Wed 10
An Evening With Crystal Pite (PG) Sun 12:55
Free Birds (G) Fri 2-4:25 Sat 11:30-2-4:25 Sun-Thu 2-4:25
Free Birds 3D (G) Fri 1:15-3:30-5:45-8-10:15 Sat 11-1:15-3:30-5:45-8-10:15 Sun-Thu 1:15-3:30-5:45-8-10:15
Gravity 3D (PG) Fri 1-3:25-5:55-7-8:15-9:30-10:35 Sat 10:45-1-3:25-5:55-7-8:15-9:30-10:35 Sun 1-3:25-5:55-7-8:15-9:30-10:35 Mon 1-3:20-5:35-7:55-10-10:15 Tue 1-3:20-5:35-7-7:55-9:30-10:15 Wed 1-3:20-5:35-7:55-9:45-10:15 Thu 1-3:20-10-10:15
The Hunger Games: Catching Fire (PG) Thu 8:15-8:30 Thu 8
The Hunger Games: Catching Fire — The IMAX Experience (PG) Thu 8
Jackass Presents: Bad Grandpa (14A) Fri-Sun 1:10-3:35-6:05-8:25-10:45 Mon-Thu 1:10-3:25-5:40-7:55-10:20
Krrish 3 (PG) Fri-Sun 12:15-3:35-6:55-10:15 Mon-Wed 1:55-5:25-9 Thu 1:55-5:25
The Last Unicorn (STC) Wed 7:30
Last Vegas (PG) Fri-Sun 12:25-3-5:35-8:10-10:45 Mon-Thu 1:50-4:25-7:05-9:50
The Metropolitan Opera: Eugene Onegin - Encore (STC) Sat 9
Out of Africa (STC) Thu 7
Ram-Leela (STC) Fri-Sun 12-3:20-6:40-10 Mon-Thu 2:10-5:40-9:15
Rush (14A) Fri 5:10-8-10:45 Sat 1:25-4:20-7:15-10:10 Sun 4:20-7:15-10:10 Mon-Wed 1:25-4:20-7:15-10:10 Thu 1:25-4:20
Rush Clockwork Angels Tour (G) Mon 7:30
Thor: The Dark World (PG) Fri-Sun 12:20-3:10-6-8:50 Mon-Thu 3-5:45-8:30
Thor: The Dark World — An IMAX 3D Experience (PG) Fri-Sun 3:40-6:30-9:20 Mon-Wed 3:30-6:15-9 Thu 3:30
Thor: The Dark World 3D (PG) Fri-Sun 1:50-4:40-7:30-10:20 Mon-Wed 1:45-4:30-7:15-10 Thu 1:45-4:30-6:45-7:15-9:30-10 Fri-Sun 1:20-4:10-7-9:50 Mon-Wed 1:15-4-6:45-9:30 Thu 1:15-4 Fri 2:20-5:10-8-10:50 Sat 11:30-2:20-5:10-8-10:50 Sun 2:20-5:10-8-10:50 Mon-Wed 2:15-5-7:45-10:30 Thu 2:15-5

### Dolphin Cinemas
### 4555 E. Hastings St.

Cloudy With a Chance of Meatballs 2 (G) Fri 5 Sat-Sun 2:30-5 Mon-Thu 5
Ender's Game (PG) Fri-Wed 7-9:20
The Hunger Games: Catching Fire (PG) Thu 8
Thor: The Dark World (PG) Fri 4:15-6:45-9:15 Sat-Sun 1:45-4:15-6:45-9:15 Mon-Thu 4:15-6:45-9:15

### SilverCity Metropolis
### 4700 Kingsway Ave.

Captain Phillips (PG) Fri-Sun 1:05-4:05-7:10-10:15 Mon-Tue 1-4-7:05-10:10 Wed 1-3:55-10:25 Thu 7:10-10:10 Thu 1-4
Cloudy With a Chance of Meatballs 2 (G) Fri-Sun 2:25 Mon 2:05 Tue 3 Wed 2
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 4:50 Mon 4:25 Tue 5:20 Wed 4:20
Ender's Game (PG) Fri-Sun 2:15-5-7:45-10:35 Mon 1:20-4:05-7:15-10 Tue 1:50-4:35-7:15-10 Wed 1:20-4:05-7:15-10 Thu 1:50-4:35-7:15-10
Escape Plan (14A) Fri-Sun 7:15-9:55 Mon 10:25 Tue 7:40-10:25 Wed 10:30
Free Birds (G) Fri-Sun 1 Mon-Thu 1:05
Free Birds 3D (G) Fri-Sun 3:15-5:25-7:35-9:45 Mon-Thu 3:20-5:35-7:50-10:05
Gravity 3D (PG) Fri-Sun 1:20-3:35-5:55-8:20-10:40 Mon-Thu 1:10-3:25-5:40-8-10:20
The Hunger Games: Catching Fire (PG) Thu 8:30 Thu 8
Jackass Presents: Bad Grandpa (14A) Fri-Sun 1:15-3:30-5:45-8:05-10:30 Mon-Thu 1:20-3:35-5:50-8:10-10:30
Last Vegas (PG) Fri-Sun 2-4:40-7:25-10 Mon-Tue 2:20-4:55-7:35-10:10 Wed 1:25-4-7:35-10:10 Thu 2:20-4:55-7:35-10:10
Thor: The Dark World (PG) Fri-Sun 1-3:50 Mon-Thu 3:30
Thor: The Dark World 3D (PG) Fri-Sun 6:40-9:30 Mon-Thu 6:20-9:10 Fri-Sun 1:40-4:30-7:20-10:10 Mon-Thu 1:20-4:10-7-9:50 Fri-Sun 2:20-5:10-8-10:50 Mon-Wed 2-4:50-7:40-10:30 Thu 2-4:50

### SilverCity Coquitlam
### 170 Schoolhouse Street

12 Years a Slave (14A) Fri-Sun 12:50-4-7:10-10:20 Mon 12:50-4-7:10-10:15 Tue 12:50-4-7:10-10:20 Wed-Thu 12:50-4-7:10-10:15 Fri-Sun 1:30-5:10-8:30 Mon 5:10-8:30 Tue 1:30-5:10-8:30 Wed 5:10-8:30 Thu 4:25-7:30-10:30
About Time (PG) Fri-Sun 1:30-4:30-7:30-10:30 Mon 1:30-4:30-7:25-10:20 Tue 1:30-4:30-7:30-10:30 Wed 4:30-7:25-10:20 Thu 1:30-4:30-7:25-10:20
Star & Strollers Screening Wed 1
The Best Man Holiday (14A) Fri 1:40-4:40-7:40-10:40 Sat 1:50-4:40-7:40-10:40 Sun 1:40-4:40-7:40-10:40 Mon 1:05-4-7-9:55 Tue 1:40-4:40-7:40-10:40 Wed-Thu 1:05-4-7-9:55
Blood and Ties (PG) Fri-Sun 12:35-3:05-5:30-8-10:25 Mon 2:30-5:05-7:30-10:25 Tue 12:35-3:05-5:30-8-10:25 Wed-Thu 2:30-5:05-7:30-9:50
Captain Phillips (PG) Fri-Sat 12:55-3:55-7:05-10:15 Sun 3:55-7:05-10:15 Mon 12:55-3:55-7:05-10:10 Tue 12:55-3:55-7:05-10:15 Wed-Thu 12:55-3:55-7:05-10:10
Cloudy With a Chance of Meatballs 2 (G) Fri-Thu 1:50
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Wed 4:20-7:20 Thu 4:20
The Counselor (14A) Fri-Sun 9:50 Mon 9:45 Tue 9:50 Wed 9:45
Delivery Man (PG) Thu 9:30
Ender's Game (PG) Fri-Sun 1:20-4:10-7-7:50-9:45-10:35 Mon 1:20-4:10-7:50-9:50-10:30 Tue 1:20-4:10-7-7:50-9:45-10:35 Wed 4-7:50-10-10:30 Thu 1:20-4:10-7:50-10:30 Star & Strollers Screening Wed 1
An Evening With Crystal Pite (PG) Sun 12:55

### SilverCity Coquitlam
### 170 Schoolhouse Street

Free Birds (G) Fri-Thu 1-3:15-5:30
Free Birds 3D (G) Fri-Sun 12:25-2:40-4:55-7:15-9:30 Mon 2:40-4:55-7:15-9:30 Tue 12:25-2:40-4:55-7:15-9:30 Wed 2:40-4:55-7:15-9:30 Thu 1:30-3:45-6-8:15
Gravity 3D (PG) Fri-Sun 1:15-3:35-5:55-8:15-10:40 Mon 1:10-3:25-5:40-8-10:25 Tue 1:15-3:35-5:55-8:15-10:40 Wed-Thu 1:10-3:25-5:40-8-10:25
Fri-Sun 12:40-3:30-6:30-9 Mon 3:45-6:30-9 Tue 12:40-3:30-6:30-9 Wed-Thu 3:45-6:30-9
The Hunger Games: Catching Fire (PG) Thu 8:45-10:30 Thu 8:15-9:30 Thu 8
Jackass Presents: Bad Grandpa (14A) Fri-Thu 12:45-3:05-5:25-7:45-10:05 Fri-Sun 2:45-5:30-8-10:40 Mon 5:30-8-10:30 Tue 2:45-5:30-8-10:40 Wed 5:30-8-10:30 Thu 5:30 Last Vegas (PG) Fri-Sun 12:30-3-5:35-8:10-10:45 Mon 2:15-4:50-7:25-10 Tue 12:30-3-5:35-8:10-10:45 Wed 2:15-4:50-7:25-10 Thu 1:45-4:20-6:55-10:15 Fri-Sun 2-4:40-7:30-10:20 Mon 4:40-7:30-10:15 Tue 2-4:40-7:30-10:20 Wed 4:40-7:30-10:15 Thu 5
The Metropolitan Opera: Eugene Onegin - Encore (STC) Sat 9
Out of Africa (STC) Thu 7
Rush Clockwork Angels Tour (G) Mon 7:30 Thor: The Dark World (PG) Fri-Sun 12:40-3:35 Mon 12:45-3:35 Tue 12:40-3:35 Wed-Thu 12:45-3:35
Thor: The Dark World 3D (PG) Fri-Thu 6:30-9:25 Fri-Sun 1:35-4:30-7:25-10:20 Mon 1:25-4:15-7:10-10 Tue 1:35-4:30-7:25-10:20 Wed 1:25-4:15-7:10-10 Thu 1:25-4:15-7:40-10:30
Fri-Sun 1-4-7-10 Mon 4:05-7-9:55 Tue 1-4-7-10 Wed 4:05-7-9:55 Thu 4:05-7-10 Fri-Sun 2:05-5-7:55-10:50 Mon 1:55-4:45-7:40-10:30 Tue 2:05-5-7:55-10:50 Wed 1:55-4:45-7:40-10:30 Thu 1:55-4:45

### Clova
### 5732-176th St., Surrey

Cloudy With a Chance of Meatballs 2 (G) Sat-Sun 1:30
Gravity (PG) Fri-Thu 9:25
Lee Daniels' The Butler (PG) Fri-Thu 7

### Hollywood 3 Cinema
### 7125-138th Street, Surrey

Despicable Me 2 (G) Fri 4:35 Sat-Sun 2:30-4:35 Mon-Thu 4:35
Escape Plan (14A) Fri-Thu 7:05
Lee Daniels' The Butler (PG) Fri-Thu 4:35
Percy Jackson: Sea of Monsters 3D (PG) Fri 4:50-7-9:10 Sat-Sun 12:30-2:40-4:50-7-9:10 Mon-Thu 4:50-7-9:10
Planes (G) Fri 6:40 Sat-Sun 12:30-2:35-6:40 Mon-Thu 6:40
Prisoners (14A) Fri-Thu 8:40
Turbo (G) Sat-Sun 12:30
We're the Millers (14A) Fri-Thu 9:25

### Strawberry Hill Grande
### 12161-72nd Ave, Surrey

12 Years a Slave (14A) Fri-Sun 12:45-4-7:15-10:30 Mon-Thu 1-4-7:15-10:15
Bhaji in Problem (STC) Fri-Thu 1:05-4:10-7:05-10:05
Captain Phillips (PG) Fri-Sun 1:25-4:35-7:40-10:35 Mon-Thu 1:25-4:30-7:30-10:30
Ender's Game (PG) Fri-Thu 10:15
Free Birds (G) Fri-Sun 1:15 Mon-Thu 3:30
Free Birds 3D (G) Fri-Sun 3:30-5:45-8 Mon-Thu 5:45-8
Gravity 3D (PG) Fri-Thu 1:15-3:35-5:50-8:05-10:25
The Hunger Games: Catching Fire (PG) Thu 8-8:30
Jackass Presents: Bad Grandpa (14A) Fri-Sun 1:10-3:30-6-8:20-10:40 Mon-Thu 1:10-3:30-6-8:15-10:30
Krrish 3 (PG) Fri-Thu 1:55-6:05-9:50
Last Vegas (PG) Fri-Sun 12:35-3-5:35-8:10-10:45 Mon-Tue 2:40-5:15-7:45-10:20 Wed 5:15-7:45-10:20 Thu 2:40-5:15 Star & Strollers Screening Wed 1
Ram-Leela (STC) Fri-Wed 1:35-5:45-9:15 Thu 1-4:20-8
Thor: The Dark World (PG) Fri-Tue 1-3:50 Wed 3:50 Thu 1-3:50 Star & Strollers Screening, Wed 1
Thor: The Dark World 3D (PG) Fri-Thu 6:40-9:30 Fri-Sun 1:40-2:20-4:30-5:10-7:20-8-10:10-10:50 Mon-Wed 1:40-2:30-4:25-5:15-7:20-8-10:10 Thu 1:40-2:30-4:25-5:15-7:20-10:10

### Studio 12 Guildford
### 15051-101st Ave, Surrey

About Time (PG) , Fri 4:05-6:50-9:45 , Sat-Sun 1:10-4:05-6:50-9:45 , Mon 6:50-9:45 , Tue 4:05-6:50-9:45 , Wed-Thu 6:50-9:45
Bhaji in Problem (STC) , Fri 4:10-7-9:50 , Sat-Sun 1:20-4:10-7-9:50 , Mon 7-9:50 , Tue 4:10-7-9:50 , Wed-Thu 7-9:50
Captain Phillips (PG) , Fri 4:35-6:30-9:25 , Sat-Sun 1:35-4:35-6:30-9:25 , Mon 6:30-9:25 , Tue 4:35-6:30-9:25 , Wed 6:30-9:25 , Thu 6:30
Ender's Game (PG) , Fri 4:15-6:55-9:35 , Sat-Sun 1:25-4:15-6:55-9:35 , Mon 6:55-9:35 , Tue 4:15-6:55-9:35 , Wed-Thu 6:55-9:35
Free Birds (G) , Fri-Sun 3:45-9:15 , Mon 9:15 , Tue 3:45-9:15 , Wed 9:15 , Thu 6:35
Free Birds 3D (G) , Fri 6:35 , Sat-Sun 1:05-6:35 , Mon-Wed 6:35
Gravity (PG) , Sat-Sun 1:40
Gravity 3D (PG) , Fri-Sun 3:55-7:05-9:20 , Mon 7:05-9:20 , Tue 3:55-7:05-9:20 , Wed-Thu 7:05-9:20
The Hunger Games: Catching Fire (PG) , , Thu 8:15-9:45
Jackass Presents: Bad Grandpa (14A) , Fri 3:50-7:35-9:55 , Sat-Sun 1:30-3:50-7:35-9:55 , Mon 7:35-9:55 , Tue 3:50-7:35-9:55 , Wed-Thu 7:35-9:55
Krrish 3 (PG) , Fri 4:25-7:45 , Sat-Sun 1:05-4:25-7:45 , Mon 7:45 , Tue 4:25-7:45 , Wed-Thu 7:45
Last Vegas (PG) , Fri 4:40-7:10-9:40 , Sat-Sun 1:50-4:40-7:10-9:40 , Mon 7:10-9:40 , Tue 4:40-7:10-9:40 , Wed 7:10-9:40
Ram-Leela (STC) , Fri 4:20-7:40 , Sat-Sun 1-4:20-7:40 , Mon 7:40 , Tue 4:20-7:40 , Wed-Thu 7:40
Thor: The Dark World (PG) , , Fri 7:15 , , Sat-Sun 1:45-7:15 , , Mon-Thu 7:15
Thor: The Dark World 3D (PG) , , Fri 4-4:30-6:45-9:30-10 , , Sat-Sun 1:15-4-4:30-6:45-9:30-10 , , Mon 6:45-9:30-10 , , Tue 4-4:30-6:45-9:30-10 , , Wed-Thu 6:45-9:30-10

### Rialto
### 1732-152nd Street, White Rock

About Time (PG) Fri 7-9:15 Sat-Sun 2-7-9:15 Mon-Thu 7-9:15
Last Vegas (PG) Fri 7:10-9:10 Sat-Sun 2:10-7:10-9:10 Mon-Thu 7:10-9:10

### Criterion 4 White Rock
### 2381 King George Highway

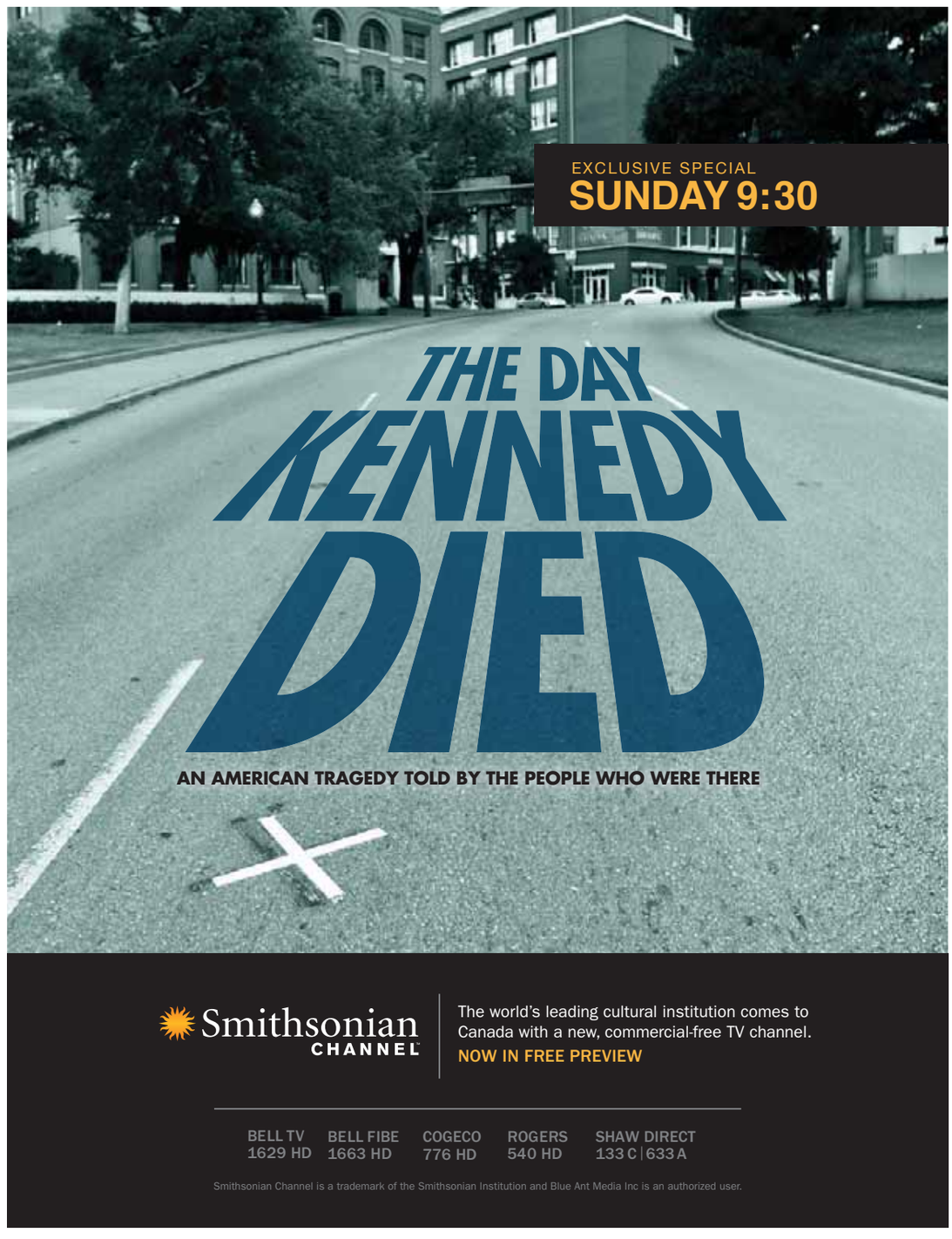
Captain Phillips (PG) Fri 7:30 Sat-Sun 2-7:30 Mon-Thu 7:30
Ender's Game (PG) Fri 7-9:20 Sat-Sun 2:20-7-9:20 Mon-Thu 7-9:20
Free Birds (G) Fri 7:20 Sat-Sun 2:30-7:20 Mon-Thu 7:20
Jackass Presents: Bad Grandpa (14A) Fri-Thu 9:30
Thor: The Dark World (PG) Fri 7:10-9:25 Sat-Sun 2:10-7:10-9:25 Mon-Thu 7:10-9:25

### Colossus Langley
### 20090-91A Ave, Langley

12 Years a Slave (14A) Fri-Sun 12:45-4-7:15-10:20 Mon-Thu 4-7-10:05
About Time (PG) Fri-Sun 1:50-4:45-7:40-10:30 Mon-Tue 4:20-7:20-10:10 Wed 7:20-10:10 Thu 4:20-7:20-10:10
Star & Strollers Screening Wed 3
The Best Man Holiday (14A) No Passes Fri-Sun 1:40-4:50-7:45-10:40 No Passes Mon-Thu 4:05-7:15-10:15
Captain Phillips (PG) Fri-Sun 1:25-4:30-7:35-10:40 Mon-Thu 4:10-7:15-10:25
Cloudy With a Chance of Meatballs 2 (G) Fri-Sun 12:35
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 2:55-5:15-7:45 Mon-Wed 4:15-7:10 Thu 4:15-6:45
The Counselor (14A) Fri-Sun 10:10 Mon-Wed 9:55
Delivery Man (PG) Thu 9:30
Ender's Game (PG) Fri-Sun 2:05-4:55-7:50-10:35 Mon-Tue 4:35-7:30-10:15 Wed 7:30-10:15 Thu 4:35-7:30-10:15
Star & Strollers Screening Wed 3
Ender's Game: The IMAX Experience (PG) Fri-Sun 1:20
Escape Plan (14A) Fri-Sun 7:30-10:25 Mon-Wed 7:25-10:20
An Evening With Crystal Pite (PG) Sun 12:55
Free Birds (G) Fri-Sun 12:30-2:45-5 Mon-Thu 4:05
Free Birds 3D (G) Fri-Sun 1:15-3:30-5:45-7:55-10:15 Mon-Thu 4:40-7-9:50
Gravity 3D (PG) Fri-Sun 12:15-1:10-2:50-3:35-5:05-5:50-7:25-8:10-9:50-10:35 Mon-Thu 4:25-5-7:05-7:35-9:30-10
The Hunger Games: Catching Fire (PG) No Passes Thu 8:15-8:30 No Passes Thu 8
The Hunger Games: Catching Fire — The IMAX Experience (PG) No Passes Thu 8
Jackass Presents: Bad Grandpa (14A) Fri-Sat 12:10-1:05-2:35-3:40-5-6-7:20-8:25-9:55-10:45 Sun 12:10-2:35-3:40-5-6-7:20-8:25-9:55-10:45 Mon-Tue 4:30-5:15-7:45-10:10-10:25 Wed 5:15-7:45-10:10 Thu 4:30-5:15-7:45-10:10-10:25
The Last Unicorn (STC) Tue 7:30
Last Vegas (PG) Fri-Sun 12:25-3-5:40-8:15-10:45 Mon-Thu 4:10-6:45-9:25
The Metropolitan Opera: Eugene Onegin - Encore (STC) Sat 9
Out of Africa (STC) Thu 7
Rush Clockwork Angels Tour (G) Mon 7:30
Thor: The Dark World (PG) No Passes Fri-Sun 12-12:20-2:40-3:10-5:30-6-8:20-8:50 No Passes Mon-Wed 5:10-5:40-8-8:30 No Passes Thu 5:10-5:40-8:30
Thor: The Dark World — An IMAX 3D Experience (PG) Fri-Sun 4:10-7-9:50 No Passes Mon-Wed 4-6:40-9:30 No Passes Thu 4
Thor: The Dark World 3D (PG) No Passes Fri-Sun 12:50-3:40-6:30-9:20 No Passes Mon-Thu 6:10-9 No Passes
Fri-Sun 1:50-4:40-7:30-10:20 No Passes Mon-Thu 4:25-7:10-10 No Passes
Fri-Sun 2:20-5:10-8-10:45 No Passes Mon-Wed 4:50-7:40-10:30 No Passes Thu 4:50

### Twilight Drive-In
### 260th Street & Fraser Highway, Langley

Ender's Game (PG) Fri-Sun 7:30
Jackass Presents: Bad Grandpa (14A) Fri-Sun 9:35
No Films Showing Today (STC) Mon-Thu


EXCLUSIVE SPECIAL
SUNDAY 9:30
THE DAY KENNEDY DIED
AN AMERICAN TRAGEDY TOLD BY THE PEOPLE WHO WERE THERE
Smithsonian CHANNEL
The world's leading cultural institution comes to Canada with a new, commercial-free TV channel.
NOW IN FREE PREVIEW
BELL TV 1629 HD
BELL FIBE 1663 HD
COGECO 776 HD
ROGERS 540 HD
SHAW DIRECT 133 C | 633 A
Smithsonian Channel is a trademark of the Smithsonian Institution and Blue Ant Media Inc is an authorized user.

# Meanwhile in Europe

A polished-up formerly-lost Peter Gabriel track, lots of talented banging from Rakede and the Russian Police Choir's Daft Punk cover

SOUND CHECK
Alan Cross
scene@metronews.ca

## Courage/Peter Gabriel

While this formerly lost track turned up on the 25th anniversary reissue of the So album last year, it's now been refurbished, added to and remixed. Welcome back to 1986

## Bitte Bitte/Rakede

A totally acoustic performance involving a German band, six beer bottles and lots of banging on a wooden table. The best bit comes when one guy sucks in some helium for his vocal

## Get Lucky/Russian Police Choir

A rehearsal for a Kremlin concert features a Daft Punk song and was posted on YouTube. They win the Internet this week.

# The Beatles. CBS to run 50th anniversary special for band's U.S. milestone

Ed Sullivan, center, stands with The Beatles during a rehearsal for the British group's first American appearance. AP PHOTO

CBS is planning a two-hour special to mark the 50th anniversary of the Beatles' groundbreaking first appearance on The Ed Sullivan Show.

The Feb. 9 special will be billed as a Grammy Awards salute to the Beatles. It will be recorded the day after the Grammys are held two weeks earlier. Top contemporary artists will cover songs the Beatles performed on Sullivan, a historic night in music that launched Beatlemania in the United States.

The special will be aired 50 years to the day the Beatles appeared on Sullivan, in the same time slot and on the same network.

No participating artists were announced Thursday.

THE ASSOCIATED PRESS

**Video Game Review**

**Knack**

**System.** PS4

**Rated.** Everyone 10+

The first game for the new PlayStation 4, Knack is a hero who changes size as he absorbs rocks, crystals, and other materials around him. This keeps you on your toes, always adapting for when he's nimble-yet-weak as a little guy, or capable of Godzilla-like rampages when he's a giant. Crystals make him stealthy, but ice will melt him in sunlight, and each transformation is a chance to show off the PS4's vibrant, graphics. The family-friendly characters could use more charm, but the game is clever and rewarding.

KRIS ABEL/METRO

Mark Wahlberg. ALL PHOTOS GETTY IMAGES

# Comparing part-prep to military life? Don't say hi to your mother for me!

While Mark Wahlberg plays a Navy SEAL in his latest film, Lone Survivor, he wants to make it very, very clear that his training for the film pales in comparison to being an actual SEAL.

"For actors to sit there and talk about, 'Oh, I went to SEAL training?' I don't give a f— what you did," he said during a post-screening Q&A in Los Angeles. "You don't do what these guys did. For somebody to sit there and say my job was as difficult as being in the military? How f—ing dare you, while you sit in a makeup chair for two hours."

# Lily Allen responds to video backlash

Lily Allen

Lily Allen's return to music after a four-year hiatus is off to a bumpy start, with critics crowing that her new video, Hard Out There, is racist. So Allen has taken to Twitter to defend herself. "If anyone thinks for a second that I requested specific ethnicities for the video, they're wrong," she writes. "The video is meant to be a lighthearted satirical video that deals with objectification of women within modern pop culture. It has nothing to do with race at all."

**The Word**

# *Your honour, I never cuddled with that woman!*

PAT HEALY
Metro World News

Alec Baldwin can sleep easier at night knowing his stalker is behind bars.

On Thursday, a New York City judge found Canadian actress Genevieve Sabourin, 41, guilty of stalking, attempted aggravated harassment, harassment and attempted contempt of court. She was sentenced to six months in jail.

The trial was dramatic, even by New York City standards. The two did seem to have some history: Baldwin admitted on the stand he had dinner with Sabourin three years ago at an Upper East Side restaurant but said it was to give her "career advice." She claims that afterwards, the two had sex and then "cuddled," which the 30 Rock actor denies (both the sex and cuddling). Baldwin allegedly said, "I make the best omelettes in the world and I'd be happy to make you omelettes every morning for the rest of your life." He also promised her a trip to meet Richard Gere. Hello single girl fairy tale! But then once he met his current wife, Hilaria, the fairy tale ended. And that's when her stalking began, with frantic calls, emails and even uninvited appearances at his house.

**NOW HIRING for UNIVERSITY STUDENT ONLY**

**Positions include:**

- **Marketing internal planning team** – event planning, floor plan layout, sponsors coordinating
- **Promotional team**- selling tickets, Cashing out at 12:00 am event nights
- **Marketing management (supervisor)** - Clock in and clock out management, cash in and cash out management, daily ending report summary
- **Administrative assistant (Mandarin, Cantonese, Taiwanese, or Korean)** - Booking appointment for the managers, attending meetings as part of the vendor, record agenda minutes, consult daily ending summary report.

*Please email resumes to:* **infinitealadrianlam@live.com**

GET THE
EDGE CARD
NEVER PAY FULL PRICE FOR A LIFT TICKET AGAIN.

P. Eric Berger

SKI OR RIDE
from $69* per day
EARLY BIRD SALE ENDS NOV. 25, 2013
Buy online at whistlerblackcomb.com/save

American Express is the official Card of Whistler Blackcomb.
® Used by Amex Bank of Canada under license from American Express.

TWO NEW LIFTS
OPENING IN DECEMBER
→ Crystal Ridge Express
→ Harmony 6 Express

*All prices quoted in CAD funds, subject to applicable taxes and based on an Adult EDGE Card. The EDGE Card is only available to Canadian and Washington State residents. Valid Photo ID with birth date is required for EDGE Card pick-up. Birth certificate or medical Care Card required for Child EDGE Card pick-up. EDGE Cards are non-refundable and non-transferable. Valid for the season they are purchased. Limit one per season. Children 6 & under ski free with a lift ticket from the ticket window. Price per day is based on the total number of included days.

whistlerblackcomb.com/save
1.866.218.9689

WHISTLER BLACKCOMB

Liquid Assets

## *Embrace your inner pirate*

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

To sip, or not to sip: that is the question when it comes to brown spirits.

Whisky aficionados will tell you the only way to properly appreciate their chosen tipple is as far away from mix as possible. Except for seafaring scallywags, your average rum drinker is much more cocktail-oriented.

Well, we're all a pirate at heart, and rum has seen an upswing as the devoted take a pass on coke and dive into the nuances a fine cane spirit reveals right out of the bottle. It's the smaller batch, pot-still output that tastes best as a singular liquid entity.

Demerara has a reputation for being the cognac of rums. Typically dark and oak-aged, they're a sophisticated sipper, especially served over ice.

El Dorado 12 Year Old Demerara Rum ($33.95 to $37.99) is a blend of molasses spirit that's rested in used whisky barrels for a dozen years. The outcome is spicy and begs for contemplation. Hide it under mix if you must, but I don't know why you'd want to.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

# One-pot chili — but hold the tomato base

**Recipe.** Flip this classic dish on its head by changing up the base sauce and go for a creamy approach to winter warmth

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

This time of year is perfect for a one-pot chili dish. This variety is made without tomato sauce. A white sauce is used instead, which is creamy and delicious. You can always use leftover cooked turkey or chicken breast and top it with whatever condiments you like.

This Turkey and Kidney Bean Chili puts a different spin on a traditional dish. ROSE REISMAN

**Nutritional analysis**

Per serving:

- Calories: 255
- Carbohydrates: 26.5 g
- Fibre: 6.4 g
- Protein: 25.4 g
- Total fat: 5.8 g
- Saturated fat: 1.7 g
- Cholesterol: 35 mg
- Sodium: 400 mg

Source: The Best of Rose Reisman (Whitecap Books) By: Rose Reisman

**Ingredients**

Prep time: 15 minutes
Bake time: 33 minutes

- 12 oz diced turkey breast
- 3 tbsp all-purpose flour
- 2 tsp vegetable oil
- 1 ½ cups diced onion
- 1 tsp vegetable oil
- 1 cup corn
- 3/4 cup diced red pepper
- 2 tsp chopped garlic
- 2 tsp cumin powder
- 1/2 tsp minced jalapeno peppers (add a few seeds for extra heat)
- pinch of salt and pepper
- 2 cups canned white cannellini beans, drained and rinsed
- 2 cups low-sodium chicken stock
- 1/2 cup grated white aged cheddar cheese

**Garnish:** chopped cilantro, grated aged orange cheddar cheese, diced tomatoes

**1.** Dust the turkey with flour. Sauté in 2 tsp oil just until browned on all sides (about 3 minutes). Do not cook through. Set aside.

**2.** Sauté the onion in 1 tsp oil for 5 minutes. Add the corn and sauté for 5 minutes until lightly browned. Add the red pepper, garlic, cumin, jalapenos and salt and pepper and sauté for 3 minutes.

**3.** Add 1 1/2 cups of the beans. Purée the remaining 1/2 cup with 1/2 cup of chicken stock. Add to the pot along with the remaining stock. Cover and simmer for 15 minutes until thickened. Add the turkey and cheese and cook for 2 minutes.

**4.** Garnish with cilantro, aged cheddar and tomatoes.

Would you like to be kept in the loop of the hottest openings and events in your city? To be notified of other notable events for young professionals go to: notable.ca/signup.php.

**NOTABLE NOW**
Julian Brass, Founder of notable.ca, Canada's online source for young professionals

## The Postcard Show

The Postcard Show is back for its third edition at Hot Art Wet City, located at 2206 Main St. This event takes place this weekend, from 12 to 5 p.m. each day. This unique show leverages the mobile medium of postcards to make diverse artistic forms accessible to a wider audience. More info can be found here: thepostcardshow.tumblr.com.

## The Eastside Culture Crawl

Back to celebrate its 17th season is the annual Eastside Culture Crawl, Vancouver's three-day visual arts, design and crafts festival, which runs from Friday to Sunday. This event involves more than 15,000 people visiting artists in their studios in the area bounded by Main Street and Victoria Drive north of First Avenue. For more info visit: eastsideculturecrawl.com.

## Whistler Blackcomb Opens

The rumours are true: this weekend marks a near-record opening day for Western Canada's ski and snowboarding paradise. Hardcore enthusiasts who can't wait to flex their mountain prowess need look no further than the Creekside or Whistler Gondolas (several chairs will be open to scoot you to the top). For updated snow reports and resort announcements visit: whistlerblackcomb.com.

## Just opened: J. Crew at The Village

Fashionable shoppers can rejoice at the news that J.Crew has opened its third store in the Vancouver area — this time in West Vancouver. With just over 7,000 square feet of retail space, selection definitely won't be an issue with full men's and women's wear available and a selection of items from the brand's In Good Company line available too. For more info visit: jcrew.com.

## The Vancouver Short Film Festival

The Vancity Theatre plays host to the Short Film Festival on Friday and Saturday in support of local filmmakers. The fest will present more than 25 different notable and award-winning short films. New to the festival this year is a special B.C. web series screening in collaboration with Suzette Laqua, festival director of the new Vancouver Web Fest. For information and tickets visit: vsff.com.

## Coming up: Bittered Sling Bistro — Season 3 finale

Cocktail fans ought to take note of this always-popular grand finale event that is set to take over UVA Wine Bar in less than two weeks (Sunday, Nov. 24). Six of the city's top bartender elite will be pitted against each other in the ultimate creative challenge. Learn more here: bitteredsling.com.

BCIT works.

ADVANCE YOUR CAREER. STUDY PART TIME.

Realize your career goals. Our flexible part-time courses make it easy for you to get some extra training, finish that degree, or explore a new career.

Register today.

bcit.ca

BCIT® It's your career. Get it right.

Find out more at our Big Info Session, Nov. 20. Part-time Studies presentation at 6 pm.

THE SAMPLE SALE GUYS

NOVEMBER 14-17 2013
4 DAY SALE

BLACK FRIDAY
DESIGNER CLOTHING SALE
40%-80% OFF

THURSDAY NOV 14 (11AM - MIDNIGHT)
FRIDAY NOV 15 (11AM - MIDNIGHT)
SATURDAY NOV 16 (11AM - 10PM)
SUNDAY NOV 17 (11AM - 8PM)

MICHAEL KORS, WILDFOX, SUPER DRY, ROCK REVIVAL, TOM SHOES, KATE SPADE, MARC JACOBS, NUDIE, TRUE RELIGION, GSTAR, JUICY COUTURE, RAG + BONE, DIESEL, CITIZENS OF HUMANITY, SEVEN FOR ALL MANKIND, HUDSON JEANS, AG, BIKKEMBERG, LACOSTE, JAMES PERSE, NAKED ZEBRA, STEVE MADDEN, LUMIERE, LUCY & CO, CANADA GOOSE, BENCH, MOOSE KNUCKLE AND MORE.

EMPIRE LANDMARK HOTEL VANCOUVER

OPEN TO THE PUBLIC
WE ACCEPT VISA, MASTERCARD, DEBIT, CASH
WOMENS & MENS COLLECTION . FULL SIZE RANGE
DENIM, HAND BAGS, JACKETS, SHOES, SWEATERS AND MORE
EMPIRE LANDMARK HOTEL . 1400 ROBSON ST. VANCOUVER, BC

THESAMPLESALEGUYS.COM OR 604.283.9393

10% OFF WITH THIS AD*
*CASH ONLY . SOME RESTRICTIONS APPLY

Holiday gift guide

# Tech the halls

## Toys that will tickle the toddlers on your list

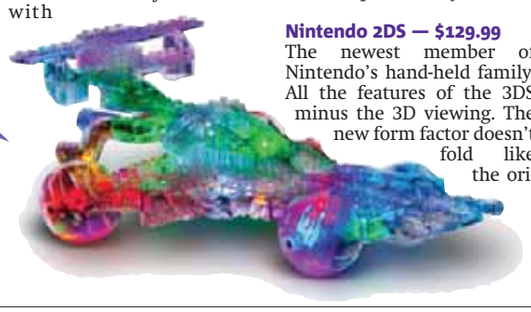
MIKE YAWNEY
For Metro

Children's toys are getting much more high-tech. Watch your little one's eyes light up in delight when they unwrap these gifts this holiday season.

**Furby Boom — $59.97**
This hot new toy has even more personality than previous models. Expect more interaction, emotions, plus new artificial intelligence. A polished new iOS and Android companion app will have kids feeding their Furby, playing games with them and looking after virtual baby Furbies. Warning to parents — you may need earplugs since Furby talks ... a lot.

**Sphero 2.0 — $129.99**
A robotic ball you control with your Android or iOS device. With speeds at seven-feet-per-second, Sphero 2.0 is great for pulling off stunts around the house or outside. Internal lights illuminate the ball as it rolls, plus a wide variety of games can be downloaded to your device, making sure the fun never ends. Add the "nubby" skin to give it even more grip.

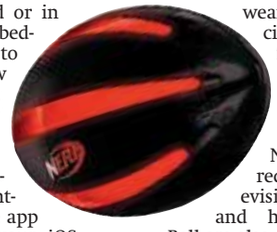
**Hasbro Zapped Games — various prices**
Bring the family together with a new twist on classic board games. Place your iOS device in the middle of the board and watch as the games come to life. Stuck in jail in Monopoly? Play a mini-game to get out for free. Games include Monopoly, The Game of Life, Battleship and many more.



**Nintendo 2DS — $129.99**
The newest member of Nintendo's hand-held family. All the features of the 3DS minus the 3D viewing. The new form factor doesn't fold like the original, but it's still great for gaming on the go. Compatible with all existing 3DS titles.

**Philips Friends of Hue Lightstrips — $89.95**
Are your kids afraid of the dark? Stick these lightstrips under their bed or in their bedroom to give a soft glow at night. Pick from one of more than 16 million colours and control the brightness using the app designed for your iOS device (requires Philips Hue Bridge accessory).

**Belkin Lego Builder Case for iPod — $29.99**
A protective case for your child's iPod with a twist. The back contains a Lego base plate, allowing your child to add pieces, customizing their own case. Available in a variety of colours.



**Nerf Firevision — $19.99 and up**
Play football in the dark. This football contains microprism technology that glows in the dark when kids wear the special Firevision frames. The glow can be seen from more than 100 feet away. No charging required. A Firevision Flyer Disc and hyper Bounce Ball are also available.

**LeapReader — $59.99**
Give the gift of learning. This electronic pen will help your youngster learn to read and write while having fun. When the pen is used alongside special LeapReader books (sold separately), it can sound out letters, words, and teach children to form letters and numbers with stroke-by-stroke guidance.

**Dice+ — $39.99**
A cool way to enjoy digital versions of board games without losing the pleasure of throwing dice. This digital die works with interactive board games on your Android or iOS tablet. Roll the Dice+ and watch as the result is sent directly to the game. The best part? No cheating.

**Laser Pegs — various prices**
Plastic building blocks that light up. Each plastic piece contains a tiny LED light that feeds the next with a low-voltage current, letting you create amazing light up creations. Purchase building sets or make your own creations.

**iHeart Diary Electronic Locket — $24.99**
A great gift for young writers. This electronic locket sends a secret digital code to your iPad to unlock the diary app. Add pictures, drawings and memories, or speak directly into the locket and have it record your notes for you. There is also a button to erase all personal content, just in case.

Furby Boom — $59.97, clockwise, from top centre, LeapReader — $59.99, Nintendo 2DS — $129.99, Nerf Firevision — $19.99 and up, Sphero 2.0 — $129.99, Laser Pegs — various prices, Belkin Lego Builder Case for iPod — $29.99, and iHeart Diary Electronic Locket — $24.99.

40 shopping days left

WISHES OF JOY
THIS WEEK
SAVE 35%
All women's cold weather accessories
except items with prices ending in .97. Sale prices end November 28, 2013.
See back cover of the GIFT GUIDE for a GREAT OFFER and bring WISH LISTS to life.
Sears
NE112G413 © 2013. Sears Canada Inc.

# SHOW WILL PLEASE YOUR TASTE BUDS

## SIXTH ANNUAL CHRISTMAS EVENT RUNNING NOV. 22-24

The pleasures of the holiday season come in many forms — the twinkle of lights and decorations, Christmas carol harmonies, and time to spend with the people you care about.

Many of the most essential Christmas traditions involve the taste buds. After all, what would the holidays be without a delicious holiday meal like turkey, roast vegetables, and stuffing? And let's not forget the desserts — flaky shortbread cookies, chewy gingerbread, rich eggnog.

This year's sixth annual West Coast Christmas Show and Marketplace tastes like Christmas. At the show, which runs Nov. 22-24 at the Tradex Trade and Exhibition Centre in Abbotsford, visitors will be able to taste and take home holiday cooking and baking from around the world from more than 200 exhibitors.

On the Home for the Holidays Stage, Food Network Canada's Anna Olson, host of Bake With Anna Olson, will be sharing her tips to baking and entertaining for the holiday season.

"I look forward to the festive displays, holidays trends and the tasty treats, too," Olson says. "The collection of talented cooks and bakers will lend that extra air of delicious fun to the show."

The exhibition centre's dazzling displays are a feast for the eyes just as much as the stomach. Food exhibitors will be serving up dishes from across the world.

Visit Mr. Mom's World for a taste of traditional Ukrainian dishes. Sweets include their famous butter tarts, bread puddings and shortbreads, and their savouries include cabbage rolls, and 23 different flavours of perogies.

Anna Olson

For those looking for a gluten-free gourmet experience, Cooking Essence offers all-natural, gluten-free gourmet food products. Their other products will make your mouth water, including award-winning infused olive oil blends, balsamic vinegars, gourmet mustard, infused sea salt, tapenades and spreads perfect for holiday entertaining.

CONTRIBUTED PHOTOS

Experience la dolce vita with the show's sweet shops. To the delight of many a showgoer, Kitchening & Co's bestselling macarons and cookies are back.

And at Sweet Thea Cakes, visitors will have a chance to try beautiful, freshly baked traditional European sweets, including fruitcakes, stollen and lebkuchen cookies, as well as central European honeybread cookies.

It's going to be a delicious Christmas!

For more information, please visit westcoastchristmasshow.com.

west coast christmas show & marketplace

For ALL Your Holiday Shopping Needs

- Hundreds of exhibits
- Hard to find gift items
- Unique gifts by local artisans
- Gourmet foods & Holiday menu ideas
- Live Christmas music
- Festival of decorated Christmas Trees
- Pictures with Santa, kids & pets
- Fresh floral décor for your home
- Holiday décor & entertaining ideas

Anna Olson
LIVE on Stage

SELECT ARTISAN — west coast christmas show & marketplace

*Look for the Artisan Select designation for distinctive items made by local artisans.*

FREE PARKING!

November 22-24
ABBOTSFORD TRADEX

Sponsored by:
all you need is cheese
Fluff

SAVE $$$! BUY YOUR TICKETS ON-LINE
westcoastchristmasshow.com
Online tickets: Adults $5 - Seniors $4 - Youth/Child 16 & under - FREE

**Top toy websites**

**Here is a list of websites that have put together their own list of top Christmas toys.**

- **Fat Brain Toys** — As the name implies, this site specializes in educational toys. But, of course, these are really fun and cool toys that are also helpful to intellectual development.
- **Amazon** — Amazon has extensive information on what people are buying. It provides several different lists of toys, such as the "Amazon.com 2013 Holiday Toy List: The Hottest Gifts for Kids" and the "Most Gifted Items in Toys and Games" list.
- **Squidoo Lens** — This site has toy ideas in 12 separate categories.
- **The Telegraph UK** — This site has an intriguing list of toys, including an interesting prediction of what will be the No. 1
- **Christmas Toy Site 2013** — This is an enjoyable site with a lot of content, so if you want more information, or reviews of products, this is a great resource.
- **Target** — Target has done a great job of breaking down its lists into age categories.

METRO NEWS SERVICES

Carol Ship Dinner Cruises

Join the spectacular Parade of Lights & treat yourself to a gourmet buffet, dancing & caroling aboard our luxurious ship, the Pride of Vancouver

From $44.95 to $64.95
(per person plus grats and GST)
Nov. 30 - Dec. 23/13

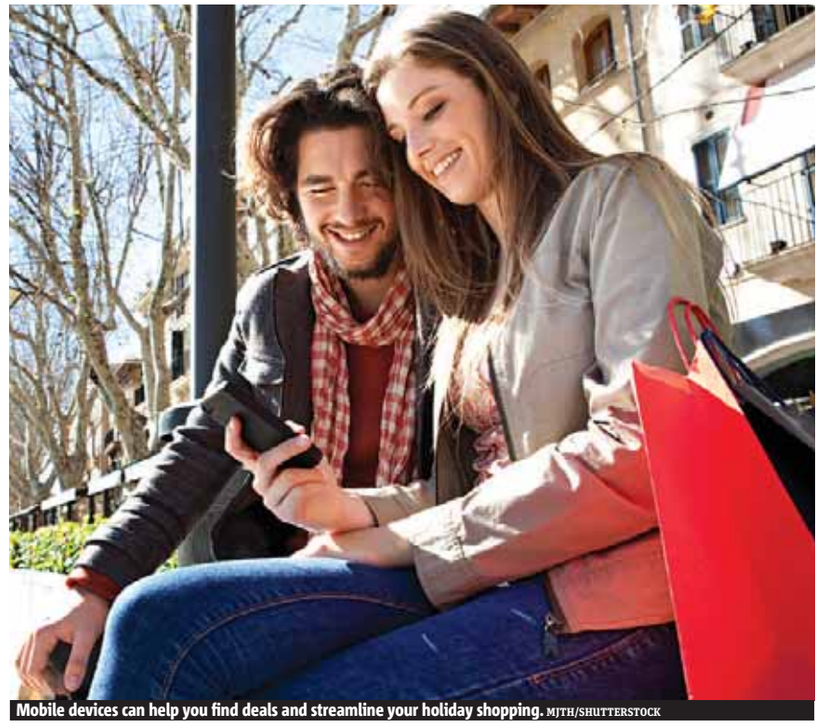
Ask about New Years Eve!

PRIDE OF VANCOUVER CHARTERS · LTD

(604) 687-5533 • www.vancouvercharters.com


# Appy holiday shopping

**Assistance.** Use your mobile device to find deals and streamline your gift buying



Mobile devices can help you find deals and streamline your holiday shopping. MJTH/SHUTTERSTOCK

MICHELLE WILLIAMS
For Metro

Not quite prepared to face the mall crowds without a little assistance? Check out some of the cool apps recommended by Canadian tech blogger and app aficionado Pauline Grant, which you are sure to find helpful this season.

**Looking for deals?**
**App:** RedFlagDeals
**Available on:** iTunes
**How it helps:** Canadian deal site that features deals near you, coupons, flyers and access to its forums.
**Cost:** Free
**Why you will love it:** Access to tons of info, especially forums with lots of one-day pricing deals.

**Looking to streamline your online shopping?**
**App:** CardStar
**Available on:** All platforms (iPhone, Android, Blackberry, Windows Phone, Nokia)
**How it helps:** Consolidates all your loyalty cards in one app to avoid the dreaded wallet overload.
**Cost:** Free
**Why you will love it:** Handy for quick online shopping — you are less likely to get frustrated looking for a loyalty card.

**Looking to track gift-giving lists and budgets?**
**App:** mGifts
**Available on:** iTunes (iPhone, iPad)
**How it helps:** Fully-customizable gift list and budget tracking capabilities for holidays and all year. Organize gift lists by groups (e.g., family, co-workers) and track the status of a gift from idea to purchase to wrapped to given.
**Cost:** $4.99 (occasionally on sale for less)
**Why you will love it:** Password protected so gift ideas are for your eyes only. Bonus — it syncs to iCloud, making the data available on multiple devices.

**App:** Gifted
**Available on:** Android devices
**How it helps:** Flexible, customizable app to keep track of gifts, gift ideas and important events for your contacts during holidays and year round.
**Cost:** Free
**Why you will love it:** Scans a barcode to the list and takes pictures of gifts. Gifts also protected by a pass code.

**Looking for favourite retailer apps?**
**App:** Amazon Mobile
**Available on:** iPhone, iPad, Android, Android Tablet, Windows Phone
**Cost:** Free
**Why you will love it:** Easy access to find a gift recipient's wish list, read reviews and make quick purchases from amazon.ca.

**App:** Canadian Tire
**Available on:** iPhone, iPad, Android, Blackberry
**Cost:** Free
**Why you will love it:** Exclusive early access to the weekly flyer, which has a great functionality to add items to a shopping list and check inventory at nearby stores.

**App:** Indigo
**Available on:** iPhone, iPod Touch, Android
**Cost:** Free
**Why you will love it:** Convenient scan feature to scan a product bar code and buy it directly in the app, shipping it to your home or to someone as a gift. Quick access to gift card and reward cards for in-store purchases.

unwind
WEST COAST SOCIAL

at the Holiday Inn Vancouver Downtown

Join us on December 25th for a traditional Christmas dinner buffet with all the xings, $34. Seatings at 4pm and 7pm. Reservations required.

1110 Howe St.
604.623.6856

Holiday Inn

PASSION4FASHION POP-UP TRUNK SHOW
A SELECTION OF LUXURY HOSIERY AND LEGGINGS

STYLISH EUROPEAN LEGWEAR
Now for **20% LESS**
Plus **FREE SHIPPING!**
Promo Code: **PROMO20**

**www.passion4fashion.ca**

# Lending a helping hand

**Free time.** There are myriad ways to contribute your time and resources during the holidays

Since there is a need for warm clothing in the winter, you may want to join a local group that collects and distributes clothing. MANGOSTOCK/SHUTTERSTOCK

JANE DOUCET
For Metro

When the holidays roll around, many Canadians are facing several days off work and wondering what to do with their free time after the festivities are over.

How about lending a helping hand?

"The holiday season is a great time to reflect on a volunteer effort that you might like to begin now and continue to do throughout the year," said Paula Speevak-Sladowski, the director of programs, policy and applied research at Volunteer Canada.

If you were thinking about serving a meal at a homeless shelter, walking dogs for an animal rescue group or singing carols at a seniors' home, don't wait until the last minute to sign up.

"Each organization has a volunteer screening process that can sometimes take weeks to complete," Speevak-Sladowski said. "To avoid being disappointed, make your inquiries early."

So what are some common volunteer needs around the holidays? During the winter many adults and kids need warm clothing, so you can either donate coats, snowsuits, boots, gloves and hats that you no longer wear from your own closet or join a local group that collects and distributes them.

Food banks also hold drives at this time of year — you can donate money in person or online or buy non-perishable goods to help stock the shelves.

The most important factor is to figure out what you have to offer, then find somewhere that can use your talent. If you are crafty, you could make and drop off decorations at a seniors' residence. If you like to knit, you could join a knitting group that donates hats and mittens to a children's hospital gift shop.

There are myriad ways to contribute your time and resources.

"You can volunteer as an individual, as a family, at your workplace, in a school or with an organization," Speevak-Sladowski said.

If you aren't sure where to start, two helpful websites are volunteer.ca and getinvolved.ca.

And don't worry if you aren't keen on your volunteering effort the first time you try it.

"If you didn't have the experience you were hoping for, keep looking until you find the right fit," Speevak-Sladowski said. "When everyone's needs are met, volunteering benefits everyone."

Pepto-Bismol Chewables To-Go.
Chewables
The Power of
PEPTO
now in your pocket.
Relief of heartburn, indigestion, nausea, upset stomach and diarrhea. To make sure this product is right for you, always read and follow indications.
© Procter & Gamble, Inc., 2013 PHC-12284

WISHES OF JOY

# yule love the savings they'll love the gifts

## CANADA'S BEST† LEATHER GLOVES

**2 for 29.97**

**or 19.97 each**

JESSICA®/MD
ladies gloves

Thinsulate™ lined, rich lambskin leather.
Available in 24 colours and prints.

**†Canada's Best. Sears Approved.™**
An exclusive collection of what we believe are some of the best products sold in Canada, meeting our highest standards in quality, style, value and innovation.

**Superior quality. Sensibly priced.**
Only at Sears.

Sears

NE112G313 © 2013. Sears Canada Inc.

# THE TRUE MEANING OF THE SEASON

## TIME TO THINK ABOUT CHARITABLE GIVING

ISTOCK/THINKSTOCK

With all the holiday frenzy, it may be easy to forget the importance of charitable giving.

We may be bombarded with requests, but do we actually open our wallets and support those in need? How do we decide on which charities to support?

And considering all the other expenses at this time of year, why would we choose the holidays to make our donations?

"People make donations throughout the year, but charitable giving does start to rise in late October and continues to increase right up to Dec. 31," says Marina Glogovac, president and chief executive officer of CanadaHelps, a registered charity with a mission to help other charities, providing affordable, online fundraising technology for charities, and offering a destination for Canadians to give to the charities of their choice.

Glogovac believes this is partially out of habit and partially for tax benefits, but she also believes Canadians want to share with those in need during this time of year to realize the true meaning of the season.

While cash donations are still the most popular, there are other ways to give.

"Charity gift cards are a great way to spread giving," Glogovac says.

CanadaHelps.org offers charity gift cards for many occasions, and the recipient chooses the cause (from any of Canada's 86,000 charities) to which they want to contribute.

"Another trend is pooling family members together to make a group donation to a charity in lieu of exchanging family gifts."

Also growing in popularity is giving an item instead of cash, anything from livestock to trees can be gifted to a family in a developing country in someone's name.

Perhaps the most important decision is which charities to choose.

"Many people give to their alma maters, health-related charities and to communities in need, but there are many other worthy charities," Glogovac says. "It's important to choose based on what's important to you, especially if you're considering regular donations and planned giving."

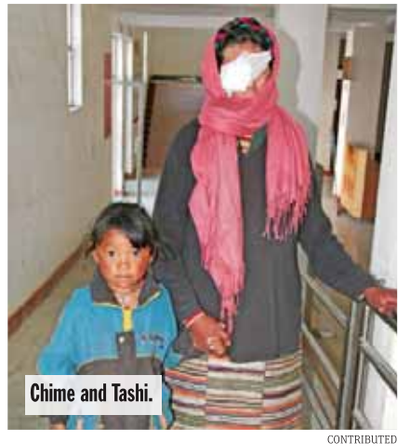
Start with research.

"Don't just look at the obvious choices. There are many incredible small charities that do great work. Spend some time figuring out what's important to you."

Visit the Canada Revenue or CanadaHelps websites, or check out individual charity sites to read about charity visions, mission statements and more to help you decide.

*– Michelle Williams*

# HELP A BLIND PERSON SEE



Chime and Tashi.

CONTRIBUTED

Ninety per cent of the 39 million blind people in the world live in low-income countries and the majority won't walk into a hospital and request sight-restoring surgery for something as treatable as cataracts, the leading cause of blindness. They are too poor. They don't understand they can be helped. They have no way to get to the hospital. They are frightened. They are women and children and not able to travel freely. They will stay blind until eye care is brought to their doorstep.

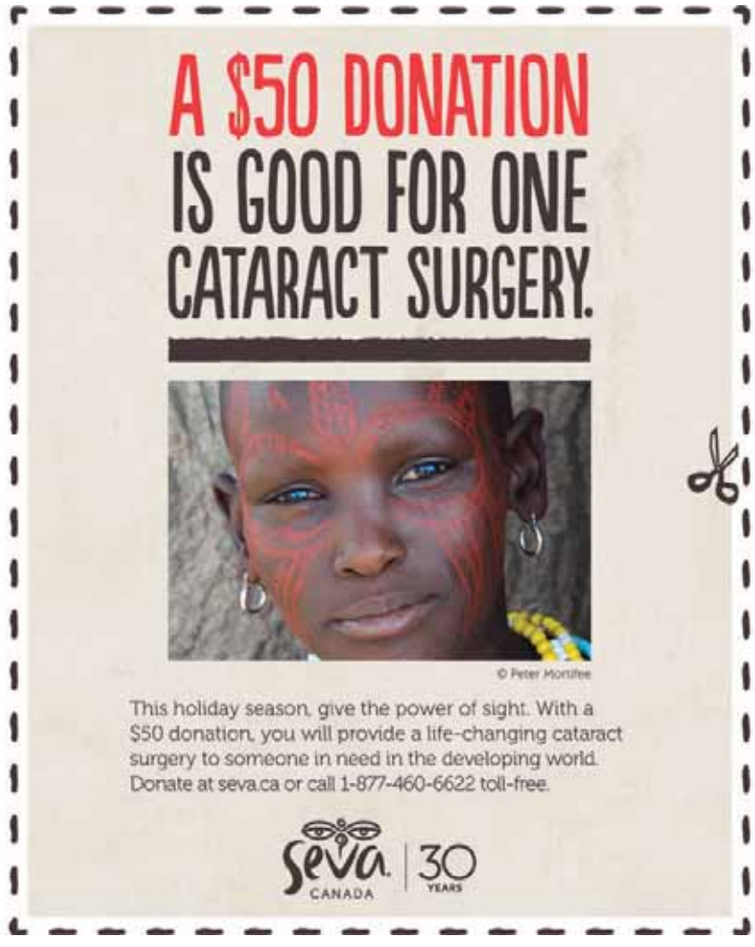
Seva Canada has worked for more than 30 years to restore sight and prevent blindness in low-income countries. Seva believes eye-care programs must leave the confines of the hospital.

"The most important thing we do is to connect blind people, the majority of whom live in remote, rural areas with the eye care that can help them," says Seva Canada executive director Penny Lyons. "This is accomplished by studying the financial and social barriers that prevent people from accessing care and using this knowledge to empower people to get the help they need."

Eighty per cent of all visual impairment is avoidable through prevention, treatment or cure. Cataracts can be treated with a 15-minute operation costing just $50.

This holiday season help a blind person see.

Someone like Chime. Chime and her only companion, six-year-old daughter Tashi, were homeless beggars in the streets of Nakchu, Tibet. Chime, blind from cataracts, relied on Tashi to lead her through the streets to beg for food and money. Then Seva came and restored Chime's sight. Now she can see. She can work. Tashi can go to school. Together they have a brighter future.


A $50 DONATION
IS GOOD FOR ONE
CATARACT SURGERY.
© Peter Montfee
This holiday season, give the power of sight. With a $50 donation, you will provide a life-changing cataract surgery to someone in need in the developing world. Donate at seva.ca or call 1-877-460-6622 toll-free.
Seva CANADA
30 YEARS

# THE JOURNEY OF A LIFETIME

## PLAN CANADA'S GIFTS OF HOPE

Jillian Mojeski visits with schoolchildren at a rural primary school in Rwanda.

When Jillian Mojeski travelled 11,000 kilometres to Rwanda, she learned that changing the world can be as easy as giving a Gift of Hope.

She and her colleagues at Klick Health had donated gifts of livestock through Plan Canada's Gifts of Hope, and those animals were given to families in some of the world's poorest countries to help create self-sufficiency and grow community cooperatives.

"It's so easy to give and my small donation made such a huge difference," Mojeski says about the impact of her gift.

Mojeski made the journey to rural villages to see the community development projects made possible by contributions from both her and her colleagues. She met schoolchildren eager to learn in safe, hygienic schools, and young women and men learning plumbing and construction at vocational training centres. She talked with pig co-operative farmers and families thrilled to have clean water thanks to the generosity of Mojeski and other donors.

"There's such a sense of pride," Mojeski says. "People are really excited to demonstrate projects your donations funded. It was an opportunity to shake someone's hand and close the loop in the contribution."

Mojeski is one of thousands of Canadians who will choose to give Gifts of Hope this holiday season. When you buy a Gift of Hope, your contribution supports real projects — like livestock co-operatives, clean water and education projects — in the communities where Plan Canada works, and these gifts change real lives.

"Sitting at your computer, clicking yes, thinking you are making a difference – it's not even close to the experience of seeing the actual impact for yourself," Mojeski says. "Now I realize that a small donation of an animal represents more than just food or a business opportunity.

Muteteri Ancille, a member of Rwanda's Abakoranabushake pig co-operative, proudly shows visitors how their donations have made a difference.

CONTRIBUTED PHOTOS

A pig co-operative can empower an entire community."

Plan Canada works with children and communities in 69 countries around the globe, helping them to create a better life and a better future for their children.

"In rural communities, livestock is often the first step to household economic security," says Sangita Patel, Plan Canada's director of program management. "It starts with families selling things like eggs or milk. With extra cash, mothers can better care for their families. There's money for more nutritious food, medicine and school supplies. Young women in some communities have formed co-operatives with livestock, creating leadership opportunities, increasing their confidence and self-esteem."

This holiday season, generous Canadians can make a profound difference for children and communities around the world. There are more than 40 Gifts of Hope that support international development programs. Projects in the areas of livestock, education, health, water and livelihood help families break the cycle of poverty and open up new opportunities for their children.

You can also support Plan Canada's Because I am a Girl initiative by choosing from 15 gifts that support the rights of girls. By purchasing these gifts, you are supporting the work Plan Canada does that directly benefits girls and women.

"The Gifts of Hope program is perfect for the holiday season," Mojeski says. "Rather than giving a gift that will just end up in the closet a few weeks later, you can give a meaningful gift that will change the lives of the people who need it most."

A Gift of Hope gives to both the giver and the recipient. A gift can help teach and nurture philanthropy in children, create global awareness and remind us all that the greatest joy lies not in receiving but in giving.

During her trip, Plan Canada's Gifts of Hope program exposed Mojeski to both personal and global change. The experience opened her eyes to the value of sharing what we have to improve the lives of others.

"I will be involved with Plan Canada for the rest of my life," she says. "With Gifts of Hope, you're empowering people to change their lives and that really is a gift of love."

*– Heather Beaumont*

## MATCHED GIFTS

Thanks to Plan Canada's partners, your donations will go even further. Look for "Matched" gifts at plangifts.com.

## GIFTS FOR ALL

Create change with more than 40 Gifts of Hope, starting at just $10. With 26 matched gifts and 15 Because I am a Girl gifts, there is something for everyone on your list. Every Gift of Hope purchase comes with a free greeting card, e-card or PDF card to give to your recipient.

Shop online at plangifts.com.

Top gifts this year include:

- Bed nets ($10)
- Girls' take-home rations ($25)
- Clean water for families ($75)
- Goats ($75, $775 a herd)
- Two pigs ($90)
- Literacy training for two women ($120)
- Girl's scholarship ($295)

# Think outside the gift box

**Why a goat?** When you give a goat, you provide a family in a developing country with nourishment, the makings of a family business, and a new future. Gifts of Hope are real gifts to real projects that change real lives.

Charitable registration number 11892 8993 RR0001

Give a Gift of Hope

*plangifts.com*

Founded in 1937, Plan is one of the world's oldest and largest charities working to end global poverty. Inclusive of all faiths and cultures, Plan has only one purpose: to improve the lives of children.

Plan

PHOVOIR/COLOURBOX

# BANK ON THESE PERSONALITIES

According to a recent survey conducted on behalf of President's Choice Financial, Canadians have different personalities when it comes to their banking.

Which one are you?

Organized. You have the accounts and services you need, and you know where your money is and why you have put it there. You are on track, but could still benefit from time- and money-saving efficiencies, like no-fee daily banking, rewards for groceries, and mobile banking for your busy lifestyle.

Zen. You like to keep it simple and not worry too much. You want the best results for the least effort, and you appreciate uncomplicated plans that don't require a lot of maintenance. You might consider a simple no-fee chequing account and setting up automatic payments on your credit card that is linked to a rewards program.

Chaotic. You have multiple accounts (sometimes at multiple banks) of which you can't keep track. You aren't sure how much you are spending, or what exactly you are getting for your money. As a result, you may have trouble keeping on top of your finances. You could benefit from streamlining your banking into simple, no-fee chequing and no annual free credit card accounts that you can access easily and earn you rewards.

No matter what your personality, it's always a good idea to take the time and look at what else is out there. You might be pleasantly surprised at how good banking can help you save so you can do the things you really want.

*– News Canada*

## SAVING TIME AND MONEY

There is an old saying that time is money. But flip that around and consider this — your money management shouldn't take up all your time.

Here are three simple and straightforward banking tips to help save you time, and maybe even a little money:

### BANK ONLINE

If you aren't banking online, you are probably wasting a lot of time waiting in line. Online banking has never been more safe and secure — or more convenient. You can pay bills and postdate payments so you won't forget, and you can confirm whether that cheque was cashed.

### BANK ON YOUR MOBILE PHONE

Banking smartphone apps allow you to check your account balances, pay bills, or transfer funds wherever you are, bringing your banking literally to your fingertips. Mobile banking apps use the same high-tech encryption and technologies as online banking.

### AUTOMATIC BILL PAYMENTS

Set up automatic bill payments on your credit card. You can set up your utility, telephone, cable, Internet, insurance, and other bills to be paid automatically from your credit card. Never miss a bill payment again. All you need to do is contact your service providers to arrange it.

*– News Canada*

How can you improve your
financial well-being
with your credit card?
enviro™ Visa*
Vancity
Make Good Money™
Take 5 steps toward credit card happiness. Visit vancity.com/5steps
enviro (TM), Make Good Money (TM), and Vancity (TM) are trademarks of Vancouver City Savings Credit Union. *Visa Int./Vancity, Licensed User.

NHL

## Canucks can't fight off Sharks

Dan Boyle scored on the power play at 2:38 of overtime as the San Jose Sharks beat the Vancouver Canucks 2-1 on Thursday.

With Henrik Sedin off in the penalty box, Boyle's shot from the slot stood after a video review.

Tomas Hertl scored in regulation and Antti Niemi made 34 saves for the Sharks (12-2-5), who came in having dropped five of their last six.

Roberto Luongo made 28 saves and Kevin Bieksa scored his first goal of the season for Vancouver (11-8-2).

In a scheduling quirk, Thursday's game was the final regular-season meeting between the Canucks and Sharks in 2013-14.

Bieksa broke the scoreless tie on the power play at 13:40 of the second period when his shot from the point found its way through traffic past Niemi.

The goal snapped a 2-for-28 drought for Vancouver with the man advantage and was just the Canucks' third power-play goal at Rogers Arena all season.

THE CANADIAN PRESS

The Canucks' Alexander Edler checks the Sharks' Jason Demers at Rogers Arena on Thursday.
DARRYL DYCK/THE CANADIAN PRESS

Hunter Shinkaruk, left, celebrates scoring a goal with Yannick Weber during his time in a Canucks uniform over the pre-season. THE CANADIAN PRESS FILE

# Canucks prospect returns to Vancouver

**Hunter Shinkaruk.**
24th overall pick and the Medicine Hat Tigers play the Vancouver Giants on Friday

CAM TUCKER
cam.tucker@metronews.ca

Hunter Shinkaruk is back in Vancouver, the city in which he was and still is working to call home.

Shinkaruk, the Canucks' second first-round pick, 24th overall, from the 2013 NHL Draft, has returned to the city, but this time as a member of the Western Hockey League's Medicine Hat Tigers. They're here to face the Vancouver Giants at the Pacific Coliseum on Friday.

"It's a game that I marked on my calendar right when I got sent home," said Shinkaruk.

Shinkaruk, 19, was in attendance at Rogers Arena when the Canucks played the San Jose Sharks on Thursday.

He does not deny that being reassigned back to the junior ranks at the end of training camp was difficult for him.

The Canucks felt it best for his development that he spend the season with the Tigers. This way, Shinkaruk could play every game when healthy, and big minutes, too.

"I'm not going to lie, it's been a little bit tough," said Shinkaruk, who has five goals and 13 points in 11 games this season with Medicine Hat.

"The motivation, I guess, isn't really there as much.

"But I feel like I've found that now and it's a year for me to just work on my game."

Shinkaruk's has also dealt with a hip injury, forcing him to miss five games.

Despite his return to the lineup, Shinkaruk said he's still dealing with the injury's lingering effects. Considered in the running to make Team Canada's 2014 world junior squad, he opted to play rather than sit.

"It's still a little bit sore but at the end of the day, it's hockey," he said. "If I get the chance to play in the world juniors and win a gold medal, it'll feel a lot better."

**Quoted**

**"It's still a little bit sore but at the end of the day, it's hockey."** Canucks prospect Hunter Shinkaruk on playing through a hip injury.

4 SPORTS

CHAMPIONS UNDER CONSTRUCTION
GIANT WEEKEND
PLUS See the debut of 1st overall Bantam Pick TYLER BENSON
GIANTS
VS
MEDICINE HAT TIGERS
WhiteSpot
LEGENDS NIGHT
Celebrating White Spot's 85th Anniversary!
SAT NOV. 16 – 7:00PM
• Ceremonial puck-drop by 'Mr Hockey' GORDIE HOWE
• Giants will wear 'White Spots' TRIBUTE JERSEYS
• $85 WHITE SPOT FAMILY PACKS for one night only (reg. $99)
AMERICANS
FRI NOV. 15 – 7:30PM
Featuring Canuck 1st Rounder
HUNTER SHINKARUK
IN-GAME MUSIC BY
SHORE 104.3
VancouverGiants.com
604-4-GIANTS 604-444-2687
Photo Credit: NHL, Getty Images

# Benson rubs elbows with Howe before WHL debut

**WHL.** Vancouver's first overall bantam pick plays his first game for Giants on Saturday

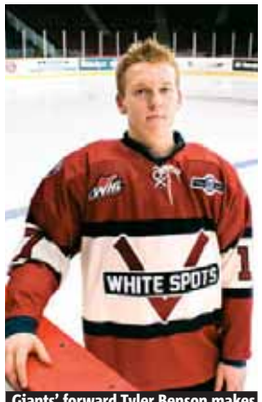
CAM TUCKER
cam.tucker@metronews.ca

There was a moment Thursday, when Tyler Benson posed for a picture with Gordie Howe down near the Vancouver Giants dressing room.

Benson, with a smile on his face, was giving Howe a mock elbow. The real kind, of course, was the hockey legend's trademark.

All in good fun. All part of a press conference held at the Pacific Coliseum, as the Giants unveiled brand new White Spot Legends Night jerseys, which honour the 1945-46 Vancouver White Spots of the Pacific Coast Junior Hockey League.

The Giants will wear the uniforms on Saturday, when they host the Tri-City Americans.



Giants' forward Tyler Benson makes his WHL debut Saturday against the Tri-City Americans at the Pacific Coliseum. JENNIFER GAUTHIER/METRO

Benson, the first-overall pick in this year's WHL Bantam Draft, will make his Giants debut. He's been practising with the team throughout the week. The real thing comes Saturday.

"I'm just excited. I'm just really excited to get the first game in," he said.

Benson is just 15 years of age and can only play in five WHL games this season before making the jump to a full-time player for 2014-15.

After a record-breaking, 146-point season with SSAC Southgate Lions bantam team, Benson made the move from Alberta to B.C. to play for the Pursuit of Excellence Hockey Academy's midget team in Kelowna.

He has 18 goals and 43 points in 20 games so far this season.

In Vancouver, he's been rooming with the Giants' 20-year-old captain Dalton Thrower for the week. The two have discussed Benson's upcoming debut with the Giants, although there's nothing really complicated about it.

"He's obviously just got to go out there and play," said Thrower.

CFL

## Parks a 'pleasant surprise' in first year as a Lion

It wasn't the finish Cord Parks, or the B.C. Lions, were hoping for.

Everything before, at least for Parks, was rolling in his favour. He asserted himself almost right away at training camp in his first year with the Lions and didn't look back.

The 27-year-old import defensive back threw a massive hit on receiver Marco Iannuzzi at camp, and from that point on, he instilled himself as a playmaker in the Lions' veteran secondary throughout the 2013 season.

He led the Lions with six interceptions, including one for a touchdown, and finished second in the league in this category, behind Geoff Tisdale of the Montreal Alouettes.

Without hesitation, Parks can remember every one of his picks.

"I knew I wanted to come up here and have an immediate impact and help this team win games," Parks said Tuesday as the Lions held a locker clean two days after losing to the Saskatchewan Roughriders in the West semifinal.

"How it would be done, I didn't know if it would be interceptions, if it would be tackles — whatever the case may be."

The Lions signed Parks in May. He was originally one half of the package coming to Vancouver as part of a trade with the Argonauts that sent gregarious and sometimes embattled defensive lineman Khalif Mitchell to Toronto.

"I had high expectations for Cord, but if I was honest with you, he was a pleasant surprise," said head coach Mike Benevides.

"As a first-year B.C. Lion, he would've been the strongest player."

CAM TUCKER/METRO

NFL

## Colts claw back to beat Titans

Indianapolis keeps digging themselves into holes — and proving they know how to come back. Donald Brown ran for two touchdowns, Andrew Luck added another and the Colts rallied to beat the Tennessee Titans 30-27 on Thursday night. THE ASSOCIATED PRESS

NHL

## Blues' Steen keeps up head of steam

Alexander Steen scored his league-leading 15th and 16th goals and the St. Louis Blues' slumping power play woke up with three goals in a 7-3 win over the Colorado Avalanche on Thursday night.

THE ASSOCIATED PRESS

NHL

## Leafs' Kadri given 3 games for head hit on Wild goalie

Toronto Maple Leafs centre Nazem Kadri has been suspended for three games for his hit to the head of Minnesota Wild goalie Niklas Backstrom on Wednesday night.

THE CANADIAN PRESS

## NHL

### EASTERN CONFERENCE

**ATLANTIC DIVISION**

| | GP | W | L | OL | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| Tampa Bay | 19 | 14 | 5 | 0 | 61 | 44 | 28 |
| Boston | 18 | 12 | 5 | 1 | 51 | 32 | 25 |
| Toronto | 18 | 11 | 6 | 1 | 52 | 42 | 23 |
| Detroit | 19 | 9 | 5 | 5 | 47 | 51 | 23 |
| Montreal | 19 | 9 | 8 | 2 | 49 | 42 | 20 |
| Ottawa | 18 | 7 | 7 | 4 | 53 | 56 | 18 |
| Florida | 19 | 4 | 11 | 4 | 40 | 66 | 12 |
| Buffalo | 20 | 4 | 15 | 1 | 36 | 63 | 9 |

**METROPOLITAN DIVISION**

| | GP | W | L | OL | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| Pittsburgh | 18 | 11 | 7 | 0 | 51 | 42 | 22 |
| Washington | 19 | 10 | 8 | 1 | 61 | 55 | 21 |
| NY Rangers | 18 | 9 | 9 | 0 | 41 | 49 | 18 |
| Carolina | 18 | 7 | 7 | 4 | 34 | 49 | 18 |
| New Jersey | 18 | 6 | 7 | 5 | 38 | 46 | 17 |
| NY Islanders | 20 | 7 | 10 | 3 | 56 | 64 | 17 |
| Philadelphia | 18 | 7 | 10 | 1 | 33 | 45 | 15 |
| Columbus | 18 | 6 | 10 | 2 | 46 | 53 | 14 |

### WESTERN CONFERENCE

**CENTRAL DIVISION**

| | GP | W | L | OL | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| Chicago | 19 | 13 | 2 | 4 | 71 | 53 | 30 |
| Colorado | 18 | 14 | 4 | 0 | 58 | 37 | 28 |
| St. Louis | 17 | 12 | 2 | 3 | 61 | 40 | 27 |
| Minnesota | 19 | 11 | 4 | 4 | 50 | 41 | 26 |
| Dallas | 19 | 10 | 7 | 2 | 56 | 55 | 22 |
| Winnipeg | 20 | 9 | 9 | 2 | 53 | 57 | 20 |
| Nashville | 18 | 8 | 8 | 2 | 38 | 57 | 18 |

**PACIFIC DIVISION**

| | GP | W | L | OL | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| Anaheim | 21 | 15 | 5 | 1 | 69 | 53 | 31 |
| Phoenix | 20 | 13 | 4 | 3 | 67 | 63 | 29 |
| San Jose | 18 | 11 | 2 | 5 | 66 | 43 | 27 |
| Los Angeles | 19 | 12 | 6 | 1 | 55 | 46 | 25 |
| Vancouver | 20 | 11 | 7 | 2 | 54 | 54 | 24 |
| Calgary | 19 | 6 | 10 | 3 | 52 | 71 | 15 |
| Edmonton | 20 | 4 | 14 | 2 | 48 | 78 | 10 |

**Note:** Two points for a win, one point for overtime loss.

**Thursday's results**
Dallas 7 Calgary 3
Los Angeles 3 NY Islanders 2
Tampa Bay 5 Anaheim 1
St. Louis 7 Colorado 3
Chicago 5 Phoenix 4 (SO)
Boston 3 Columbus 2 (OT)
San Jose at Vancouver
**Wednesday's results**
Minnesota 2 Toronto 1 (SO)
Philadelphia 2 Pittsburgh 1
Dallas 3 Edmonton 0
**Friday's games**
**All times Eastern**
Anaheim at Carolina, 7 p.m.
Los Angeles at New Jersey, 7 p.m.
Nashville at Pittsburgh, 7 p.m.
Montreal at Columbus, 7 p.m.
Toronto at Buffalo, 7 p.m.
Washington at Detroit, 7:30 p.m.
Boston at Ottawa, 7:30 p.m.
Florida at Minnesota, 8 p.m.
Philadelphia at Winnipeg, 8 p.m.
San Jose at Edmonton, 10 p.m.
**Saturday's games**
NY Rangers at Montreal, 7 p.m.
Detroit at NY Islanders, 7 p.m.
Buffalo at Toronto, 7 p.m.
Pittsburgh at New Jersey, 7 p.m.
Carolina at St. Louis, 8 p.m.
Tampa Bay at Phoenix, 8 p.m.
Chicago at Nashville, 8 p.m.
Florida at Colorado, 9 p.m.
Edmonton at Calgary, 10 p.m.

## MLS PLAYOFFS

### CONFERENCE FINALS
(2 games, total goals)
**Saturday, Nov. 23 — All times Eastern**
Houston at Kansas City, 7:30 p.m.
**Sunday, Nov. 24**
Salt Lake at Portland, 9 p.m.

### CHAMPIONSHIP
**Saturday, Dec. 7**
East champion vs. West champion, 4 p.m.

## CFL PLAYOFFS

### DIVISION FINALS
**Sunday's games — All times Eastern**
Hamilton vs. Toronto, 1 p.m.
Saskatchewan vs. Calgary, 4:30 p.m.

### GREY CUP
**At Regina, Saskatchewan**
**Sunday, Nov. 24**
East champion vs. West champion, 6 p.m.

## NFL

**WEEK 11**
**Thursday's result**
Indianapolis 30 Tennessee 27
**Sunday's games**
**All times Eastern**
Baltimore at Chicago, 1 p.m.
Arizona at Jacksonville, 1 p.m.
Detroit at Pittsburgh, 1 p.m.
Oakland at Houston, 1 p.m.
N.Y. Jets at Buffalo, 1 p.m.
Cleveland at Cincinnati, 1 p.m.
Washington at Philadelphia, 1 p.m.
Atlanta at Tampa Bay, 1 p.m.
San Diego at Miami, 4:05 p.m.
San Francisco at New Orleans, 4:25 p.m.
Green Bay at N.Y. Giants, 4:25 p.m.
Minnesota at Seattle, 4:25 p.m.
Kansas City at Denver, 8:30 p.m.
**Monday's game**
New England at Carolina, 8:40 p.m.

## NBA

**Thursday's results**
Houston 109 New York 106
Oklahoma City at Golden State
**Wednesday's results**
Philadelphia 123 Houston 117
Orlando 94 Milwaukee 91
Charlotte 89 Boston 83
Toronto 103 Memphis 87
Minnesota 124 Cleveland 95
New York 95 Atlanta 91
San Antonio 92 Washington 79
Denver 111 L.A. Lakers 99
Utah 111 New Orleans 105
Sacramento 107 Brooklyn 86
Portland 90 Phoenix 89
L.A. Clippers 111 Oklahoma City 103
**Friday's games**
**All times Eastern**
Chicago at Toronto, 7 p.m.
Milwaukee at Indiana, 7 p.m.
Portland at Boston, 7:30 p.m.
Dallas at Miami, 7:30 p.m.
Charlotte at Cleveland, 7:30 p.m.
Philadelphia at Atlanta, 7:30 p.m.
Minnesota at Denver, 8 p.m.
Brooklyn at Phoenix, 9 p.m.
San Antonio at Utah, 9 p.m.
Detroit at Sacramento, 10:30 p.m.
Memphis at L.A. Lakers, 10:30 p.m.

NEED A CAR, BUT CAN'T GET CREDIT?
EZautoloan123.COM
Why?
• 1200 Vehicles to choose from
• New GM Vehicles
• All-Make pre-owned vehicles
Who
• New immigrants
• Foreign students
• Nine-sin
• Divorce
• Bankruptcy
CALL RALPH: 778-908-1599
EZautoloan123.COM
A division of Dueck Auto Group. Since 1926.

Want to Lose...
1" to 3" or More Fast?!
• Discover non-invasive Lipolaser & EMS (Electro Muscle Stimulation).
• Lipo Laser safely melts away FAT and CELLULITE from your waistline, legs, buttocks & love handles.
• One 18 minute EMS Core session is equivalent to 200 - 500 perfectly formed sit ups.
• EMS can also help Build, Tighten, and Tone any major muscle groups.
• Turbo Charge any workout routine. Get results Fast!
Special Introductory Session Only $125
Vancouver Lipo Laser
3335 West 4th Ave., in Kits | 604 904 0888 | www.vancouverlipolaser.com

## Horoscopes

### ♈ Aries
**March 21 - April 20**
You may not be able to ignore problems on the work front but you can lessen their impact by refusing to worry about them.

### ♉ Taurus
**April 21 - May 21**
There is no copyright on ideas and if someone else's insight grabs you and makes you think you can use it for your own benefit then do so and don't feel in the least bit guilty about it.

### ♊ Gemini
**May 22 - June 21**
You may not care what other people are saying about you behind your back but the planets suggest it might be a wise move to find out.

### ♋ Cancer
**June 22 - July 23**
What loved ones need most is a few words of encouragement, and that's something you never fail to deliver.

### ♌ Leo
**July 24 - Aug. 23**
The more you hurry lately you less you seem to get done. Do you think you should take the hint? Don't worry about falling behind in your schedule. If you take things easy today you may actually find you get more done.

### ♍ Virgo
**Aug. 24 - Sept. 23**
Someone at work or in your social sphere may say something hurtful today but you don't have to take it seriously. It's only words and words cannot do lasting damage, unless you let them. Ignore what you don't want to hear.

### ♎ Libra
**Sept. 24 - Oct. 23**
Just because friends don't seem too impressed by your latest big idea does not mean you should abandon it.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
Generally speaking you don't try too hard to make yourself look good – as far as you're concerned it's up to other people to impress you – but it will pay you to put on your best face today.

### ♐ Sagittarius
**Nov. 23 - Dec. 21**
The answer to a problem of some kind is more likely to come to you if you stop searching for it so hard.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
The more someone tries to convince you of their honesty the more careful you should be. The fact that they are making such a big issue of it suggests they may have something to hide. You're not the sort to be easily fooled – are you?

### ♒ Aquarius
**Jan. 21 - Feb. 19**
Cosmic activity in the most sensitive area of your chart means you find it hard to let others know how you feel. Maybe that's just as well.

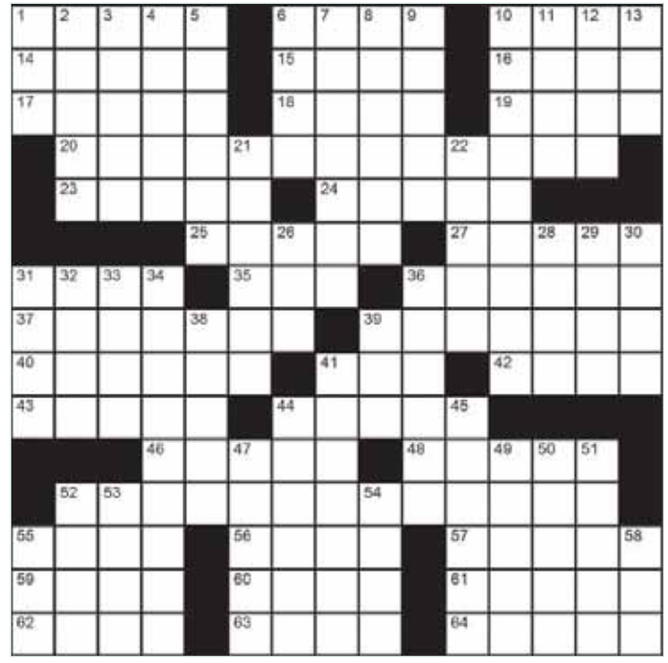
### ♓ Pisces
**Feb. 20 - March 20**
Mistakes are a fact of life, so if you make one today don't feel too bad about it. On the other hand, if a friend or colleague points out that you are making the same mistake over and over again then maybe you do need to act.

SALLY BROMPTON

## Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

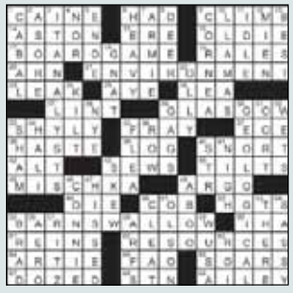
BY KELLY ANN BUCHANAN



### Across
1. Training institutes, for short
6. Finishes
10. Actress Ms. Farmiga
14. Sort of shrub
15. Hair remover brand
16. Dedicated
17. "Much ___ amazement..." (We were quite surprised)
18. Like a hooting bird
19. ZZ Top hit
20. Vancouver-born actress who plays Robin Scherbatsky on "How I Met Your Mother": 2 wds.
23. After lunchtime time, e.g.: 2 wds.
24. Beautify
25. Bluegrass musician, _ __ Burnett
27. Story, in a house, in French
31. Blue-__ stock
35. Speech stops
36. House: French
37. Nunavut's Road to __
39. BC city east of Vancouver
40. CBS police drama, "Blue __"
41. '_'__ in Vancouver
42. Suffix meaning 'condition of sight'
43. Funnel-shaped
44. Fashionable fabrics
46. Camera company
48. Lohengrin aria: "__ Dream"
52. Vintage kids show on Canadian television set in a castle: 2 wds.
55. __-a-brac
56. Family suffix in zoology
57. Spouses for Duchesses
59. Shania Twain's "__! _ Feel Like a Woman!"
60. Actress, Sherilyn __
61. British singer Ms. Goulding
62. Ms. Swenson of "Benson"
63. Mr. Byrnes of "77 Sunset Strip", and others
64. Blood vessel implant

### Down
1. Nova Scotia hrs.
2. "The Big Bang Theory" star Kaley
3. Many _ ___ ago...
4. Stew from France
5. Writer's output in Hollywood
6. Biblical grandson
7. Salad dressing from Hollywood legend Paul, __ Own
8. Hoodwink
9. Pen, in Quebec
10. Legendary fashion designer
11. By any chance
12. Fiendishly 'fixes'
13. Promos
21. Fireplace's glowing remnants
22. Gloom
26. Mined stuff
28. Pronto!
29. Desert in Mongolia
30. Irish singer
31. Cable network
32. Prefix to 'gram' (3D image)
33. Champion's shout!: 2 wds.
34. Ancient maritime power of the Mediterranean
36. Peatland
38. Van Halen guitarist
39. __ Harbour, Florida
41. Eastern coast of North America explored by Viking seafarer Leif Ericsson
44. Placed grassy rolls
45. Parts on trombones
47. Kitchen cutter
49. __ Ste. Marie, Ontario
50. __ bracelet
51. American writer Gertrude
52. Ms. Drescher
53. Diamond __
54. Cravings
55. Dieter's calculator sort [acronym]
58. Place

## Yesterday's Crossword



## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | | | 2 | | 6 | | | 3 |
| | 6 | | 8 | | 4 | | 5 | |
| | | 7 | | | | 4 | | |
| | | 5 | 4 | | 7 | 6 | | |
| 2 | | | | | | | | 5 |
| | | 9 | 3 | | 5 | 1 | | |
| | | 6 | | | | 8 | | |
| | 8 | | 7 | | 3 | | 9 | |
| 7 | | | 9 | | 1 | | | 4 |

## Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 5 | 1 | 9 | 2 | 6 | 3 | 7 | 8 |
| 7 | 9 | 6 | 4 | 8 | 3 | 1 | 2 | 5 |
| 8 | 3 | 2 | 5 | 1 | 7 | 9 | 6 | 4 |
| 6 | 1 | 7 | 2 | 4 | 5 | 8 | 9 | 3 |
| 2 | 8 | 9 | 3 | 7 | 1 | 4 | 5 | 6 |
| 5 | 4 | 3 | 8 | 6 | 9 | 2 | 1 | 7 |
| 3 | 6 | 4 | 7 | 9 | 2 | 5 | 8 | 1 |
| 1 | 2 | 5 | 6 | 3 | 8 | 7 | 4 | 9 |
| 9 | 7 | 8 | 1 | 5 | 4 | 6 | 3 | 2 |

Today
9°/3°
Rain
90%

Saturday
6°/2°
Partly cloudy

Know what the weather will be 14 days from now.
Check the 14 day trend.
©The Weather Network 2013

VSB Kindergarten Registration

November - January 31st
For more information:
www.vsb.bc.ca/kindergarten or visit your neighbourhood English Catchment School

skilled immigrant infocentre

Vancouver Public Library Central Library
350 West Georgia Street
Phone: 604-331-3624
Web: skilledimmigrants.vpl.ca

Employment information for career decisions
A free service for immigrants to British Columbia

Vancouver Public Library
We acknowledge the financial support of the Province of British Columbia through the Ministry of Education
Funded by the Government of Canada's Foreign Credential Recognition Program

FLIGHT CENTRE
The Airfare Experts
1 866 519 5111
flightcentre.ca

Whistler 4 Nights
from $369 pp
INCLUDES accom in the village.
BONUS daily breakfast included.
UPGRADE to 4-star accom from $535.
ADD 3-day lift ticket from $279.

Conditions apply. All advertised prices include taxes & fees. Hotel package prices are per person, based on double occupancy for total length of stay unless otherwise stated. pp=per person. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. BC REG: #HO2790

# FLIGHT CENTRE®

*The Airfare Experts*

All advertised prices include taxes & fees.

## Sun Destination Flights

### Los Cabos
from **$495**
Travel Jun 3 - Jun 10

| | |
|---|---|
| **Huatulco** Travel Nov 19 - Nov 26 | from $475 |
| **Cancun** Travel Jun 9 - Jun 16 | from $489 |
| **Puerto Vallarta** Travel Apr 2 - Apr 9 | from $499 |
| **Mazatlan** Travel Jan 20 - Jan 27 | from $500 |
| **San Juan** Travel Feb 5, 2013 -Feb 12, 2014 | from $689 |
| **Costa Rica** Travel Jan 20, 2014 - Jan 27, 2014 | from $809 |

## Featured Flights

### London
from **$748**
Travel Nov 26 - Dec 5
Business class from $4709.

| | Economy from | Business from |
|---|---|---|
| **Hong Kong** Travel Feb 11 - Feb 26 | $919 | $3879 |
| **Bangkok** Travel Feb 11 - Feb 26 | $1059 | $3599 |
| **Delhi** Travel Jan 14 - Jan 28 | $1315 | $4329 |
| **Dubai** Travel Feb 12 - Feb 26 | $1429 | $4789 |
| **Sydney** Travel Feb 11 - Feb 25 | $1529 | $4465 |

*Ask us how we can customize your vacation.*

## Canada & USA Flights

### Honolulu
from **$399**‡
Travel Jan 13 - Jan 19

| | |
|---|---|
| **Toronto** Travel Jan 13 - Jan 20 | from $549 |
| **Las Vegas** Travel Jan 27 - Jan 31 | from $179‡ |
| **Calgary** Travel Jan 15 - Jan 22 | from $315 |
| **Los Angeles** Travel Dec 3 - Dec 10 | from $359 |
| **New York** Travel Jan 22 - Jan 29 | from $549 |

### Canucks Official Fan Roadtrip
Flights + 3 Nights + Game Tickets + Bonuses
from **$889**‡

**INCLUDES**
- Roundtrip flights Seattle to Los Angeles
- Transfers
- 2 nights hotel in LA at the Sheraton
- 1 night hotel in Anaheim at the Hotel Menage
- Lower Bowl Tickets to see the Canucks play both the LA Kings and Anaheim Ducks

**BONUS**
- VIP Chalk Talk with Canucks coaching staff
- Behind-the-scenes tour of the Staples Centre
- Meet and greet with Canucks Alumni
- Exclusive roadtrip t-shirt
- Photo opportunities and more

**Vancouver departures starting from $1369.**

Official travel partner of the Vancouver Canucks

## Flights & Cruise

### Las Vegas & Hawaii
Flights + 2 Nights + 15-Night Cruise
from **$1599**
**INCLUDES** all flights, Las Vegas accom on the Strip and cruise sailing roundtrip Los Angeles visiting Maui, Hilo, Oahu, Kauai and Ensenada.

**Anaheim & Mexican Riviera** Flights + 2 Nights + 7-Night Cruise from $1245
**INCLUDES** flights, Anaheim accom near theme parks and cruise sailing roundtrip Los Angeles visiting Cabo San Lucas, Mazatlan and Puerto Vallarta. **UPGRADE** to 4-star accom and oceanview stateroom from $1415.

## All-inclusive Packages

### Varadero 7 Nights 4-Star
from **$852**
**UPGRADE** to 4.5-star accom from $972.

**Los Cabos** 7 Nights 4-Star from $885
**UPGRADE** to 4.5-star accom from $1023.

**Riviera Nayarit**
7 Nights 4-Star from $909
**UPGRADE** to 4.5-star accom from $979.

**Riviera Maya**
7 Nights 4.5-Star from $998
**UPGRADE** to 5-star accom from $1138.

**Cancun** 7 Nights 4-Star from $1015
**UPGRADE** to 4.5-star accom from $1125.

**Punta Cana** 7 Nights 4-Star from $1091
**UPGRADE** to 4.5-star accom from $1189.

## USA

### Anaheim Family Special
Flights + 3 Nights
from **$359**◊
**INCLUDES** accom near theme parks. Price per person based on family of 4. **UPGRADE** to 4-star accom from $409. **BOOK** this package based on double occupancy from $439.

**Las Vegas** Flights + 3 Nights from $225‡
**INCLUDES** flights from Bellingham and 3-star accom on the Strip. **UPGRADE** to 4-star accom from $345.

**Palm Springs**
Flights + 3 Nights 4-Star from $500
**INCLUDES** Palm Desert accom.

**New York** Flights + 3 Nights from $646
**INCLUDES** Manhattan accom.

**Honolulu** Flights + 7 Nights from $908
**INCLUDES** Waikiki accom. **UPGRADE** to 4-star accom from $1119.

## Short Breaks

### Seattle 2 Nights
from **$143** pp
**INCLUDES** University District accom. **UPGRADE** to 4-star accom from $225. **ADD** CityPASS discount attraction card from $85.

**Kelowna** 3 Nights 4-Star from $225 pp
**INCLUDES** accom at a Lakefront Resort.

**Whistler** 4 Nights from $369 pp
**INCLUDES** accom in the village. **BONUS** daily breakfast included. **UPGRADE** to 4-star accom from $535. **ADD** 3-day lift ticket from $279.

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free!

**flightcentre.ca**
More great deals online!

**Visit us in store.**
170 stores across Canada.

**1 877 583 5444**
950 Airfare Experts across Canada.

*Conditions apply. Ex: Vancouver. ‡Ex: Bellingham. ±Ex: Seattle. All advertised prices include taxes & fees. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. pp=per person. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ◊Price is per person for quad occupancy (2 adults & 2 kids ages 2-17) for total length of stay unless otherwise stated. †We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. BC REG: #HO2790*